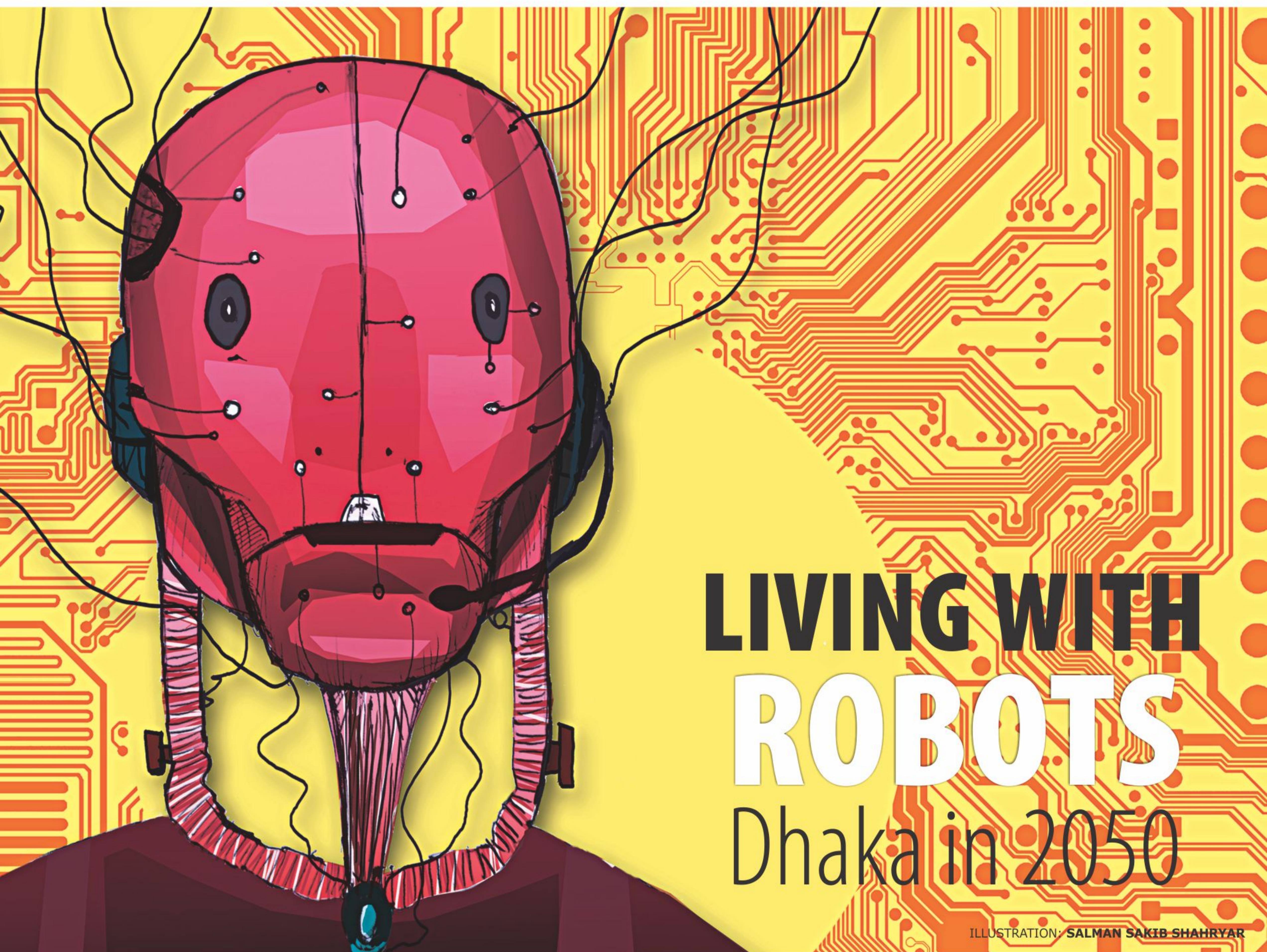




STAGES OF AN EATING CHALLENGE
PG 13

MEALS IN
A MUG
PG 14



The Realist

The realist is that part of us which sees the world for what it is. The one who understands that we have to adjust to the world we live in, while making our way forward.

CREDENCE
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