

Nusraat Faria

Nusraat Faria is one of the most popular actors of Bangladesh right now. Her journey in show business started with modeling and soon after she signed her first two films 'Aashiqui' and 'Hero 420', both of which were joint ventures with India. She has taken part in quite a few projects, and has performed in a number of blockbuster hits. She also works as a model and television show host.

SKIN CARE

Nusraat Faria starts her day with a cup of green tea and lots of cardio workout. This helps her to keep her skin fresh and glowing throughout the whole day. Once she is done with her workout she cleans her face with Clinique Liquid Facial Soap and uses the Cetaphil cream to moisturize her face. Finally she applies Image sun block and heads out. After an entire day of shooting she comes back home and uses a makeup remover to cleanse her skin of all makeup. After removing all the makeup she uses Clarisonic with her face-wash to remove any further impurities, and then moisturizes her face before going to bed. In order to keep her skin healthy and beautiful, Nusraat Faria also drinks a lot of detox water which she makes using green tea, ginger and lemon.

HAIR CARE

For her hair, Nusraat Faria makes sure to apply oil at least twice a week at night before going to bed. She rinses off the oil the next morning using a shampoo. She occasionally also uses a home-made egg mask to keep her hair soft and silky.

MAKE-UP

Nusraat Faria believes in 'less is more' which is why she prefers to keep her makeup as minimal and natural as possible. For her everyday look, she uses the Anastasia Beverly Hills Brow Wiz to fill in her eyebrows. She then uses the NARS Concealer to hide any blemishes and highlight the high points of her face. Finally she uses a lipstick to complete her look. Her favourite brands in lipstick include, Mac, Kat Von D and Anastasia Beverly Hills.

However, when she goes to a party or a formal event, Nusraat Faria applies a little bit of the Nars Foundation to create a base for her makeup. She also uses fake eyelashes and mascara to enhance her eyes.

REGULAR WEAR

For running her everyday errands, she prefers to wear very casual outfits like a loose t-shirt, jeans or a loose kurti. She likes to pair them with hoodies, sneakers and sometimes caps.

PARTY WEAR

For parties, Nusraat Faria always takes the advice of her stylist and chooses her outfit accordingly. However, she loves to wear sarees, be it katan, chiffon ororgette.

By Amira Amin



Clarisonic



Cetacil Moisturizing Cream



Clinique Liquid Facial Soap



NARS concealer



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