



ARIES
(MAR. 21-APRIL 20)

Children's needs could be costly. Be sure to make time for loved ones. Avoid hassles by sticking to your work. Your lucky day this week will be Thursday.



TAURUS
(APR. 21-MAY 21)

Rely on your partner for support. Finish off old projects before starting something. Work overtime and make extra cash. Your lucky day this week will be Monday.



GEMINI
(MAY 22-JUNE 21)

Try to avoid unwise investment choices. Re-evaluate your situation. Get friends to help you with the preparations. Your lucky day this week will be Thursday.



CANCER
(JUNE 22-JULY 22)

Try to improve your own image. Do not make anyone feel unloved. You may want to make changes in your home environment. Your lucky day this week will be Sunday.



LEO
(JULY 23-AUG 22)

Opportunities to meet new lovers will arise from outdoor activities. Try your best to avoid any disputes. Your lucky day this week will be Wednesday.



VIRGO
(AUG. 23-SEPT. 23)

Compromise will be necessary. Try your best to make everyone listen. Romantic encounters are evident through travel. Your lucky day this week will be Friday.



LIBRA
(SEPT. 24-OCT. 23)

Try not to divulge your secrets to untrustworthy co-workers. Rely on your wit to draw in allies. Your lucky day this week will be Wednesday.



SCORPIO
(OCT. 24-NOV. 21)

Complete all your pending work. Renovations to your home will be rewarding. Avoid any unnecessary confrontation. Your lucky day this week will be Friday.



SAGITTARIUS
(NOV. 22-DEC. 21)

You will be popular with acquaintances. Travel should be in your plans. Help others with their financial problems. Your lucky day this week will be Tuesday.



CAPRICORN
(DEC. 22-JAN. 20)

You will find travel extremely enjoyable. Try not to rely too much on others. Try not to squander money. Your lucky day this week will be Saturday.



AQUARIUS
(JAN. 21-FEB. 19)

Avoid any residential changes this week. Older family members may take advantage of you. Your lucky day this week will be Thursday.



PISCES
(FEB. 20-MARCH. 20)

You need some changes in your life. Think twice before you agree to anything. Use your quick wit to win points. Your lucky day this week will be Friday.

THANK GOD IT'S FRIDAY
BY TANZIRAL DILSHAD
DITAN



ARABIAN KEBAB NIGHT PRESENTED BY THE WAY DHAKA

Date: 28 November to 30 November

Time: 6 PM – 11 PM

Venue: THE WAY DHAKA, ROAD 54B, GULSHAN 2

Arabian Kebab Night presented by The Way Dhaka is bringing you huge variation of juicy kebabs, and the very best of Iranian and Middle Eastern dishes such as the majestic Khabsa, as well as some great and iconic signature dishes such as Summer Island King Prawn, Talwa Gosht, Salmon Lasani kebab, Cinnamon Coco Chicken and many more mouth-watering delicacies cooked by the masterful hands of their Executive Chef, Chef G.G.

Come join in for a night of amazing fine dining at the beautiful signature restaurant, The Top of The Way.

A 'Buy One Get One' offer is applicable with this food festival for selected cards. To reserve your seats please call: 01844 027406/465

KORAL KLAUSET WINTER CARNIVAL

Date: December 1 – December 2

Time: 11 AM to 10 PM

Venue: Gardenia Grand Hall, House NW(l)-8, Road 51, Gulshan 2
Koral Klauset invites you with great pleasure and pride to their third edition of winter fashion and lifestyle carnival. The event will feature exhibitors and designers showcasing their latest collections, accessories, jewellery, home decor, footwear, men's wear, and much more. Koral Klauset aspires to promote local artisans, craftsmanship, tradition and heritage. At the carnival you can explore photo booths, family portraits, vintage shabby chic back-drop, and enjoy the wintery day with friends and family.

THE UNCAGED BY ZAHANGIR ALOM: A PAINTING EXHIBITION

Date: 1 December to 15 December

Venue: La Galerie, Alliance Francaise

Zahangir Alom's paintings delineate the blossoming beauty and diversity of nature. As with blossoming flowers to the sun, the artworks depict a certain emblematic intercession, a solemn

prayer to espouse eternity.

An ardent disciple of nature, Alom observes this with both his sight and insight. He tries to capture the multifarious expressions, moods and soulful ballads of nature in, for example, his series of paintings titled 'Mystic Romance of the Woods'. Through this observation, Alom finds himself in the midst of a fantastical mystery that captivates him and fuels him. He also becomes fasci-



nated by the mythical nuances and the effortless grace of Bangladesh.

As an enthusiast of Baulism and Vaishnavism, Alom depicts the union of souls in a passionate way. Using watercolour, he has come up with a language of his own. Each of Alom's paintings is a testament to that. Along with his works with oil and acrylic, his art evokes an integrated form of oriental art as well as contemporary approaches.

FYI

World AIDS Day

Notorious for being known as one of the gravest pandemics, AIDS (Acquired Immuno-deficiency Syndrome) is a destructive disease that attacks the body's immune system and is caused by HIV, the Human Immuno-deficiency Virus. Globally symbolised by a red ribbon, AIDS plagues over 36 million people worldwide. However, only 1% of those annual cases are recorded in Bangladesh.

World AIDS Day is marked on December 1 every year to raise awareness and unite in the fight against HIV and AIDS. The theme this year is -- Increasing Impact through Transparency, Accountability and Partnerships -- and various support groups, HIV/AIDS Prevention Projects and many educational programmes have been jointly organised by the Bangladeshi government, UNICEF and the World Bank. These aim to offer solidarity with HIV victims and present AIDS as a critical but treatable disease, instead of a hushed taboo.

But hushing taboos isn't an overnight task. The first step of the movement is communication. Misinformation and misconception team up to power negative feelings and prejudice against HIV victims. Fear of expulsion from society, being deemed morally irresponsible and judg-

mental links to drug abuse and promiscuity -- the stigma enveloping HIV is overwhelming. It's no surprise that thousands choose silence and look the other way when it's important to remember to simply begin by talking about it.

However, plain talking is only half the battle. Trudge along with slow, baby steps to a more educated nation and debunk unsupported myths.

To commemorate those who have died from an AIDS-related illness, founded in 1988, World AIDS Day was the first ever global health day.
-www.worldaidsday.org

HIV may very well be a viral disease but it is not contagious through physical contact such as hugs and hand-shakes, sharing food/utensils or even via air and water, for e.g. from coughs or swimming pools. Only through the contact of bodily fluids such as blood and unsterilized needles do you actually run a risk of infection.

But infections can be prevented; even treated. Doctor's orders are safe practices and good hygiene, along with getting tested every 3 months. You can also opt for an HIV combo test which can detect the virus in its early stages. If you think you have been at risk of HIV, go for PrEP (Pre-Exposure Prophylaxis), a medication aimed to prevent HIV in advance whereas infected blood in your body can be counteracted with PEP (Post Exposure Prophylaxis). Moreover, Anti-Retroviral Therapy (ART) has proven to be a groundbreaking HIV treatment.

Still, the fact that the disease is ultimately incurable remains.

However, HIV is not a death sentence. It is just an infection after all. It has no cure but timely medications can keep it in check, while even boosting a healthy immune system. With the proper consultations from physicians, an HIV-positive patient can even prevent the eventual diagnosis of AIDS.

The battle against HIV/AIDS is almost at the finish line. Bring it home by standing tall as a community, unanimous in support, acceptance and elimination of transmission. Only then can we champion ourselves for an AIDS-free generation.

By Ramisa Haque