

## STYLE COUNCIL

# Post Halloween locks

The end of October should see most of you dressed up as ghouls and wicked witches. While we understand that it incorporates hours of intense makeup and hairdo sessions, we also realise the aftermath of the rigorous procedure.

Whoever said that a scruffy hairdo was easy to produce, clearly never dressed up for the Halloween! To resemble your scariest imagination is never too easy, especially with tons of chemicals and paints sprayed to get the perfect bloodcurdling look.

Now let's talk about the day after, when all the fun is over and your bags are full of treats.

What then? How do you get over the creepy look without losing most of your hair in the process?

Some suggestions have been provided below.

*There's simply no alternative to oiling*

*Plain old coconut oil will do; otherwise you can follow the grandma's secret concoction which might include a mix of coconut oil, almond and castor oil.*

*Another secret ingredient to removing the obstinate hairspray is baking soda. Yes! Pour 2 tsp of shampoo in a*

*bowl and 1 tsp of baking soda. Mix them together, creating a froth and apply it over hair. Wait a few minutes before washing it off and watch how it works wonders to your mane.*

*Another not so much of a secret ingredient that you'd hear celebrities discuss is the vinegar; doesn't matter if it's the apple cider variation or the regular one. A final rinse with the vinegar will surely bring that glow back to your hair*

*Usage of wide toothed combs after a wash are recommended as it helps in detangling the hair without playing tugs of war and pulling most of the strands out from its roots*

There you go, now you can enjoy any day splashing any amount of gooey substance to your hair. Because the next day you can surely get rid of it in a jiffy!

**By Fashion Police**

**Photo: Sazzad Ibne Sayed**

**Model: Prattay Riasat Safin**

**Set design: Eskay by Saimul Karim**

**Costume: Cat Lady Cosplays**

**[facebook.com/CatLadyCosplays]**

# Comfy with curly

Having bouncy, curly hair is definitely a blessing but boy oh boy, it can be an utter disaster if you're going through a bad hair day. To twirl your curls in the air is a dream come true and you can have it only when you know the tricks to getting your big hair pride switch on!

## ARE YOU COMB-CONSCIOUS?

Combs and brushes are never your best friends when you have curly hair. However, combing from time to time is necessary. It is advised to not buy brushes or plastic combs as they contribute to frizzing. Using a wooden wide toothed comb or a de-tangler brush is always a good option. You can shop for wooden combs and brushes from Mustafa Mart, Banglashoppers and The BodyShop.

## CO-WASHING IS A MUST!

It's not always a good idea to shampoo your hair daily as it takes away the natural oils from your scalp. What you can do is use the method of co-washing. It is a process where you wash your hair with conditioner. It will keep your hair fresh and you will not have to calculate the days for shampooing in a week. However, you must make sure not to apply conditioner to the scalp.

## TRADE YOUR TOWEL AND PILLOW

Drying your hair with a towel and sleeping under a cotton pillow might not be the best for your hair if you want a frizz-free morning or natural after-shower curls. Drying your hair with a T-shirt will not absorb the moisture from your hair and hence your curls will be well locked with moisture and natural oils. Satin pillow cases will help protect your hair from breaking unlike cotton pillows. However, if you don't want to switch to satin pillows, you can always DIY a satin hair-mask!

## SERUM-ICALLY READY

Anti-frizz serums are products that will help control your frizz and make your hair feel more smooth and manageable. By sealing the openings of the hair cuticle, no unwanted moisture or humidity will enter, so you get a frizz-free look. You can get your preferred hair serums from any online shop but before buying one, you must look into the criteria you want it to fulfil.

## ALL ABOUT OILS

Essential oils, coconut and Argan oils are specifically very helpful for curly hair types. You must pamper yourself with a

hair mask or a hot oil treatment once or twice a week. It will not only help you grow your hair, but it will nourish the strands effectively. After all, who would not like to twist their smooth curls from time to time?

One out of every five women with curly hair consider re-bonding their hair simply because they give up on caring for their curls. However, as much as having a straight hair is a personal and individualistic choice, at some point of your life, you will have to love your curls and give up on the straightener because once you realise what a beauty you are with those curls, you are never going back to having second thoughts.

So, try to nourish, trim and air-dry your hair

as much as possible and let your curls loose because you need to crush on your curls more than you crush on your crush!

**By Sumaiya Tasnim**



## EXTRA CARE

### Smooth, strong, lively hair in just 45 days

