


**FOOD TALK**

# Royal member of the paratha family

Our histories often illuminate the tastes and trends we follow; yet, what we presume has been a tradition since the beginning of time often is a shockingly recent development branching from events that have taken place and that have shaped up current political dimensions.



Even as we know this, comprehending what this means is at times beyond us, and we can understand that from the foods we love.

Take the Mughlai Paratha here, which we believe has its roots, of course, in the Mughal Empire which has been a huge part of the history of this subcontinent and thus Bangladesh. This is in fact an understatement if one remembers the tireless hours spent in History or Bangladesh Studies classes trying to remember the many names and dates of the emperors and when they achieved something.

While many do believe that this is true, there is in fact no concrete evidence of where the delectable



Start your day with



in warm water

Stay Fit, Feel Young

