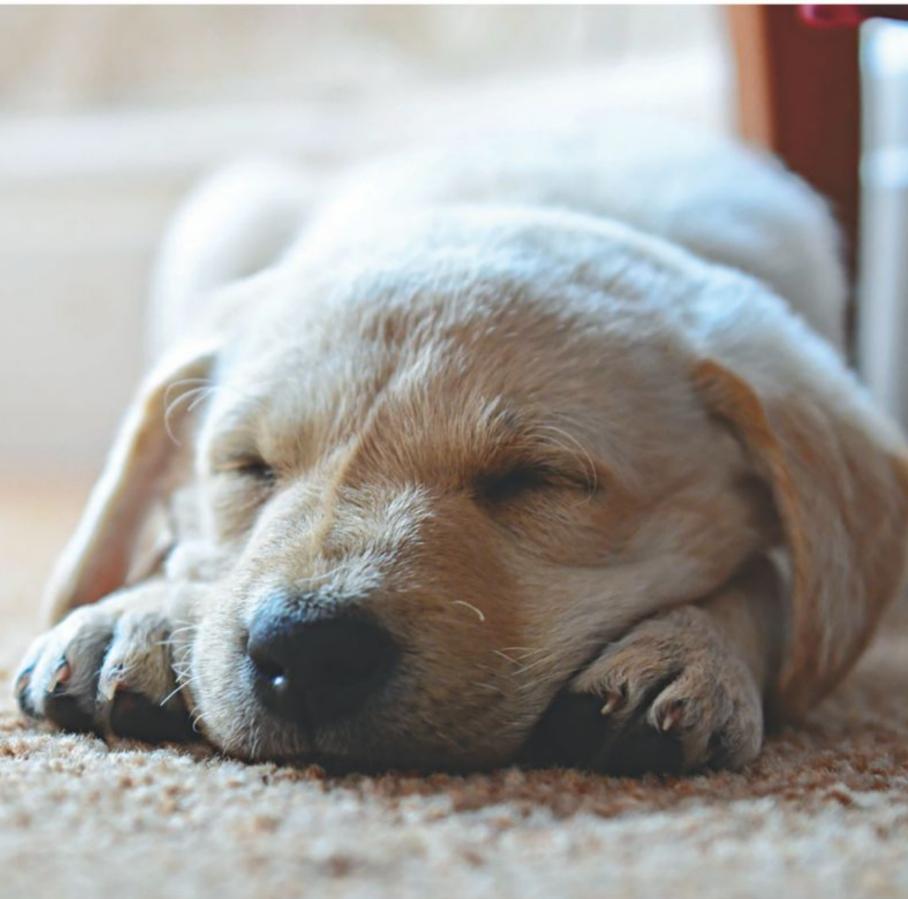


The ultimate life hack!



TASNIM ODRIKA

I have wasted half my life watching various life hack videos on YouTube. The other half was spent reading life hack articles in countless magazines. But can these videos or articles provide you solutions to all your problems? Not all the time.

I, on the other hand, have discovered the ultimate solution to all your worries. I have rigorously tested the solution myself for the past 15 years and have come to the conclusion that it can be applied to any trouble that may befall you. The answer, my friend, to all your life's misfortunes and the key to finding peace and happiness is sleep. You may ask, "But if I finally get proper sleep how do I share memes about not getting enough sleep and how

my love for the magical drink (coffee) transcends everything?" Well, according to meme experts (me), memes about sleeping all the time are way funnier.

Now, I get that you're sceptical especially due to the recent flurry of fake news, so I shall demonstrate.

SITUATION 1: Your girlfriend *Sokhina* asked you to call her at 10 AM saying, "I need to talk". You already know what she means by that. You quickly log onto your messenger and delete all your chats with *Jorina* and post a picture on Snapchat with a caption about how you gave up smoking for your lovely girlfriend. Instead of going through all the hassle, if you just sleep and not call her at all, can she break up with you? I think not. Better yet, if you had just slept instead of texting *Jorina*, there would-

n't have been trouble in paradise in the first place.

SITUATION 2: There's a big test the next day and you haven't studied at all the whole year. You take a picture of the most difficult part of the text, which probably isn't even on the test, and post it on Instagram to show people how torturous the school system is. But your anxiety is slowly kicking in. There's just way too much to cover. Now, take 3 deep breaths and go take a nap! The picture that you posted on Instagram will make people believe that you're studying and this belief will result in you acquiring the knowledge through facilitated diffusion. I sleep through all my classes so you can bet I know my sciences pretty well.

Your mom is asking you to clean your

room? Sleep! If you're deep in sleep, you will feel less pain when your mom comes in and beats you with the *jharu* afterwards for not cleaning your room. If your parents are asking for your report card, go hit the hay! You can't hear your parents asking for anything in your sleep. You feel alone and lonesome? You know the answer! And I can assure you, if for some reason you wake up at 3 AM, you will not feel alone.

Still don't believe me and have doubts? Then please upgrade to the premium package for further demonstrations.

Tasnim Odrika is having an existential crisis at the moment and doesn't really know who she is anymore. Send help at odrika_02@yahoo.com.

Results Day Blues

NIBRAS WADUD KHAN

Obviously it feels great to perform well in an exam, but nothing takes away from your moment of glory other than finding out that your close friends failed. Badly.

We have a guy in our class. For the purposes of this article, let's call him Selim. Selim is an all-round good guy, likeable, well-mannered, shares your content on his timeline if you message him in case you entered an online competition and need likes; basically your average Ben. That is until you sit an exam with him.

It's understandable if you don't want to show me your answer sheet, Selim, but there's no reason to hide it like it's some sort of confidential, classified top government secret. I won't cheat off of you if you won't allow it.

Sorry to have digressed, but my point is when the grades come out, Selim scores straight As, while the rest of the us have barely passed if we're lucky. Selim will then take this opportunity to gloat in our faces.

"Really, you got THAT wrong; it was so

easy," the smug, piece-of-poop will say.

And on the off-chance the teacher awarded you more marks than they should have, leave it to Selim to sniff it out like a trained police dog, take your papers to the teacher and have your marks deducted.

Everyone wants to do well in their exams but when the results are out and you've done well, it may be so that your friend has done poorly. It's best therefore, to not go on bragging about yourself. Be there for your friends and classmates. Do not be a Selim.

There are many ways you can go about consoling your friend after a poor results, when you have both taken the same exam. The most crucial thing is to

be supportive and helpful. Your friend could possibly feel jealous that you have done better and that is normal. Envy is a natural human response and is okay unless it is at a pathological level. Inspire your friend to convert the feelings into motivation for the next exam.

If there is the chance for a re-take, or there are future exams, you could try and help your friend study.

If he asks you for help, definitely do your best. If he hasn't, then offer to tutor him, but do not persist,

as this may attack his ego. You could give him extra notes that he may have missed. Discuss the materials with him before an exam and make sure he hasn't

skipped over anything important.

If there aren't any chances for sitting the exam again, then reassure him that the results are not the only important thing and they do not define his abilities. It can be hard to console a close friend who has failed an important course or dropped a year, but you shouldn't be too overbearing. He will already have a lot on his mind and could also be getting a rough time at home. Try to be mindful and considerate. Don't throw celebration parties and invite him to come.

A good friend will be happy for you if you have done well in an exam, even if he hasn't done so himself. If you've done well and a friend hasn't, just be normal. You could make the situation awkward by acting like something is wrong since you're friend has failed. Do not talk about it unless you have to. The feelings of success and failure are both temporary and will fade soon.

Nibras is a doctor-to-be and a lover of murgi roast. He spends his free time stalking you on Instagram, so DM @niibzzz

