

# 6 hours of K-pop



TASNIM ODRIKA

Since my finals start from next week, I decided the best way to spend my weekend was this.

**HOUR 1**

I start my journey into the realm of K-pop with the only band that I've heard of, BTS. And the first song I hear is (you guessed it) "Blood, sweat, and tears".

Okay, so the music is upbeat and I definitely do not mind the fashionable boys dancing. However, they are making me feel bad about my own wardrobe. The next song I hear is called "Fire", by the same band. There's this one scene in the music video where all the group members

are dancing around a fiery stove and it sure gets me hyped up about cooking; so, I go and get myself some instant noodles.

**HOUR 2**

I'm already tired of BTS. On my recommendations list on YouTube I see this band called Girl's Generation. The name seems familiar to me (probably heard my friends talk about it), so I check it out. Again, I start feeling bad about the clothes I own.

After listening to a few more songs, I have decided to start dressing up as a K-pop artist from now on.

**HOUR 3**

A song named "TT" by a band called Twice catches my attention immediately.

The obvious reason being that the letter "T" is my favourite letter. But unfortunately it just turns out to be the same repetitive music that I've been listening to for the past few hours.

I can't really judge the lyrics, but the music (to me at least) seems the same in every song. Visually, the songs are okay since I don't mind the bright colours or the perfectly synchronised dance moves but I don't think my ears will ever forgive me for putting them through this.

**HOUR 4**

I don't want to do this anymore. This was a mistake.

**HOUR 5**

As I look past all the flashy clothes and

stare deep into the eyes of these artists, I see a void. A profound, hollow void; lurking behind their smiles. I SEE YOU NOW.

**HOUR 6**

Are they happy doing this? Were they forced into this profession? Are they actually enjoying themselves as portrayed in all the music videos? Are they even friends with each other? Or is it all fake and powered by those big money making corporations? I need answers!

*Tasnim Odrika is having an existential crisis at the moment and doesn't really know who she is anymore. Send her compliments at [odrika\\_02@yahoo.com](mailto:odrika_02@yahoo.com).*

# YouTube channels you should follow

MITHI CHOWDHURY

YouTube is a great place to find fun yet informative content. With so many popular youtubers out there, and new channels mushrooming every day, it's tough to find originality amidst the banal. But every now and then, you stumble upon channels that are lesser known but definitely worth a look. Here are a few of my top picks:

**CAREERS AND PERSONAL FINANCE**

From budgeting to career advice, **The Financial Diet** is a channel that covers pretty much everything students and young professionals need to know about.

Founders Chelsea Fagan and Lauren Hage post videos every Tuesday tackling money and career-related questions we all face at some point. Whether it's deal-breakers in your internship application, or ways to track your budget during college, the channel offers practical advice that saves you countless hours (and money) otherwise wasted on trial and error. The blog also offers easy-to-read, relatable content in multiple areas, including travel, living, career and college.

**DIET AND NUTRITION**

**Pick Up Limes**, a channel run by registered



dietician and nutritionist Sadia, can best be described as therapy. The pastel backdrop, the soothing tunes and even Sadia's calm voice can be quite relaxing after a stressful day. She primarily offers insight into a vegan lifestyle but her channel isn't limited to that. Health nut or minimalist, you'll find Pick Up Limes to be chock full of tips for healthier eating and lifestyle habits. While I doubt I'll ever convert to veganism, I've definitely picked up a few healthy eating habits from her channel and blog.

**LIFESTYLE**

Pick Up Limes introduced me to

minimalism, and its strongest advocate, **Jenny Mustard**. A self-proclaimed minimalist lifestyle blogger, her content promotes a lean existence free of unnecessary clutter. She also has a very unique sense of style - her blog flaunts some major fashion inspiration. In an era where trends change in a heartbeat and 'less is more' is a lost concept, a blog featuring clean designs and an equally simplistic philosophy is a breath of fresh air. Since watching her videos, I've definitely downsized my closet, and reduced unnecessary shopping binges. My closet space and wallet thanks me.

**MAKEUP REVIEWS**

**Stephanie Nicole** is somewhat of a glitch in the world of disingenuous makeup reviews and overly hyped product promotions. In fact, she's the exact opposite of your typical beauty blogger. For starters, her channel has far less followers than the likes of Jaelyn Hill and NikkieTutorials. Yet, her reviews make headlines due to their sheer authenticity and attention to details. As an insider in the beauty industry, Stephanie knows how different makeup products are manufactured. It's this insight that brought her into the spotlight when she reviewed the Kylie Lip Kits and found the formula to be almost identical to ColourPop's liquid lipsticks. Since then, her makeup reviews have developed their own cult following, with subscribers lauding her no-holds-barred approach. From ingredient breakdowns to the cost per ounce, she lays all cards on the table so you know exactly where your hard-earned money is going. If, like me, you want a few quality items instead of unfiltered makeup hoarding, her channel's a must for you.

Are you hooked yet?

*Mithi Chowdhury is a dog-loving-movie-watching-mediocrity-fearing normal person. Either that or a penguin. Find out at [mithichy612@gmail.com](mailto:mithichy612@gmail.com)*