

Living out of a capsule wardrobe

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According to Google, originally a capsule wardrobe is defined as a “compact wardrobe made up of staple pieces in coordinating colours, usually in the realm of 30 items or fewer, including shoes and sometimes even accessories”.

While the original idea requires you to stick to it for the whole year, I decided to tone it down to around a dozen items to experiment for a month.

WEEK 1

It is advised to bring your wardrobe down to pieces that you really love and clothes that can be worn by mixing and matching. I stowed away most of my clothes at the back of the closet and made room for some new ones. Since I already like to strip away colours from my life, my closet too is mostly devoid of hues that speak happiness, attractiveness and all that crap. I learned that this is a bonus because it means my collection is more cohesive and I have a greater combination of outfits. If my knowledge from permutation and combination is still intact, I have calculated that I will have 3859 different outfits. The first week was easy; I just grabbed whatever top and pant that was just within my reach. I had begun with enough items to wear for the entire week without repetition of a single item.

WEEK 2

I thought this would be easy but every day



I have to remember what I wore before so that I don't accidentally wear the same outfit in a span of few days.

WEEK 3

I realised one major perk of this whole thing, I can go about a fortnight without washing any of the clothes, given that I didn't get caught up in a waterlogged street caused by torrential Dhaka rain or the pool of sweat induced from sudden 38 degree weather.

However at this point coming up with outfit combinations is like the algebra lady meme - a lot of brainwork. Repetitions are practically unavoidable.

WEEK 4

My calculation was wrong. I can't seem to come up with any new formula for a socially acceptable outfit. Someone asked me if I really love my already fading pizza emblazoned T-shirt so much because he has seen me wearing it to class too often.

I also have a party coming up and I discovered I have no party wear in my current collection. My entire capsule wardrobe has made too many guest appearances on people's Snapchat stories for me to be photographed in.

Verdict: The original idea is a really

good idea. Having around 30 items mean you can rotate your outfits without wearing something too frequently.

A capsule wardrobe won't necessarily fit into your lifestyle but it is an attractive option nevertheless due to the fact that it allows you to invest less time and energy buying, choosing or caring for clothes. It represents a minimalist and less materialistic approach to life and in the long run saves you a lot of cash that can be used for a greater cause. Don't get me wrong though, I'm not anti-fashion and you can make this work just as well if you are fashion savvy.

READER SUBMISSION

When parents have control over the car music

SARARA AZMAYEEN

The music system of the car becomes our best friend when we hop in for a journey. Latest music and the kick of the beats make a journey more exhilarating. But as soon as parents get control over the aux, you know it's going to be a ride accompanied by music we are not familiar with.

Most of the music is old, jazzy, romantic, with no beat at all. While some of us like old rock songs, teens and preteens want to hear new music 90 percent of the time. Even if we like some retro songs, our parents often don't seem to like the same songs.

Here are the most common reactions to parents' choice of music:

ONE RAISED EYEBROW AND PARTED MOUTH

This is the first reaction we give when the music comes on suddenly. Some people have trouble raising one eyebrow, so they show their disapproval with grimace. The raised eyebrow reflects wonder and the parted mouth conveys confusion. In other words, this expression means “What is this I'm listening to?”

LOOKING OUTSIDE THE WINDOW

Now what can be wrong with that? Everyone looks outside, even the ones who are enjoying themselves. But in this particular scenario, we look outside because we're so frustrated with the



When parents ask for the aux cord

constant shrill in our ears. I might be exaggerating a little but you get the point.

FOCUSING ON THE PHONE EVEN WHEN THERE'S NO USE OF IT

Let's get a little medical with this one. Dear teenagers, don't do this – even if it's the only distraction you can think of – from the boring songs. Look outside the window, with all the frustrations you have. The world is a very beautiful place to calm your nerves down. Your phone won't do that for you, if it doesn't have any use.

You'll eventually get a headache. First reason is that the inside of your car is pretty dark, and your mobile screen is bright. So your eyes have a problem adjusting to that. Secondly, when the car moves, your eyesight is continuously moving away from the screen and it has to adjust itself repeatedly.

CRINGE/ROLLING THE EYES

Our parents have quite exquisite taste when it comes to romantic music. The lyrics are wonderful, regardless of the

tunes. But these songs are from a time when our parents were learning about love. The fact that they could be dedicating the song to each other is kind of cute, generally speaking. We, however, can't help the cringe when we think of our parents like that. *cringe*

SIMPLY FALLING ASLEEP

This is the best way to ignore your reality. Falling asleep can either be too easy or too hard. It is too easy when you are clearly bored and the music is not at all stimulating. The soft melody can sometimes act like a lullaby. But it can also be hard for you to sleep when the constant annoying shrill just frustrates you to death. It's like your nagging friend talking continuously with her squeaky voice. You cannot close your eyes because that sound doesn't leave you. However, either way, it is the healthiest method of just letting the time pass while the journey continues.

We're not asking for the parents to give up the entire sound system and be in our position. We're not even asking them to like our type of music. All we are asking is to take our choices of music into account. Share the sound system with us. Take turns of whose favourite song should be played next. Save us from being miserable throughout the car ride.

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