

# 5 places for fries and poutines

Whether in chips or kachchis, or for your Friday bhorta fiesta, potatoes are a must. And when we talk about potatoes, how can we not talk about what a blessing fries and poutines are? With the rise of food courts and stores it can be difficult for you to find the very best in those, to actually indulge in at times the cravings strike. Don't you worry, because we have shortlisted five places where you can enjoy amazing fries and poutines that are worth the money!

## **MADCHEF**

Not only popular for their burgers and steak when it comes to poutines Madchef has the best ones yet, especially considering the popular vote. The Bolognese poutine and roasted chicken poutines are for Tk 250, which is worth the gamble, even if you have yet to taste it.

## **MESQUITE GRILL**

Mesquite Grill is an absolute 9/10 to most of the customers for poutines and fries because of the generosity shown in terms of serving size, especially so in the masses of cheese they have to offer



in their poutines and dishes that include fries.

## **ARISTON**

Situated in Mohakhali and beside the BRACU BIGD building, Ariston is a must for any fries lover. The business started out as just another small food cart but managed to get a little place of their own and are dearly loved by the students of the BRAC University. Their cheesy baked French fries are the best you can get around Mohakhali at only Tk130.

## **TAKEOUT**

Takeout is best known for their burgers, but their fries are worth sitting over a chat at their cafes too! The 'add on' section of fries with Tk100 is worth the expense too.

## **GHOST RIDERZ CAFÉ**

Around 8/1 Ring Road there is a small café, which serves one of the best potato wedges you could ask for. They are very generous with their amount of fries which will make you want to go around that corner over and over again. Their potato masala wedges are only Tk 50. Now who wouldn't want to take up that offer?

Potatoes are your best friends when it comes to eating for pleasure. If you are a potato fan and do not mind the extra pounds you could gain, try these places at least once for the sake of your love for the humble potato.

By Sumaiya Tasnim

# Fly prepared

Tumultuous turbulence, jet lag and an inner excitement to reach your destination are some of the things one experiences on a flight. Do you know what else you experience? Germs brewing in the blankets and on handles, dehydration, and if your flight is a long one, neck pains too. While packing for a getaway it is easy to miss out on small details amongst all the chaos. This narrowed down list of some essentials might come in handy for your next flight.

## **SUNSCREEN**

This is a common mistake we are all guilty of. When inside a plane, it is easy to forget we are still being exposed to the sun, and much more than when we are on ground. Higher altitudes mean thinner atmosphere, which means more UV rays hitting the face. So slather on some SPF before boarding your flight, and keep it within arm's reach, like in your carry purse.

## **DEODORANT/PERFUME**

Neither does one want to smell bad on the plane nor after getting off from it, and carrying an entire bottle does not seem too convenient. For this reason throw in a roll on (some airlines do not allow in-flight passengers to carry aerosol deodorants). Similarly, deodorant is an absolute must even in the chilly airplane atmosphere to prevent sweat in the first place.

## **HAND SANITISER**

Everything inside the plane might look squeaky clean even to the touch, but do not let that fool you! From the bathroom handle to the window, everything has germs brewing on them. So it only makes sense to carry a hand sanitiser or anti-bacterial to keep oneself sanitised.

## **HAND CREAM**

Dry hands, eventually leading to chipped nails are a common thing in the dry airplane atmosphere. Carry a small tube of hand cream to relieve those coarse hands and give them some moisture.

## **WET WIPES**

These multitasking objects will save your life when on board. From cleaning your face, hands, trays, toilet seats to pretty much everything you come across it will come in handy. So make sure to stock up.

## **SWEATER**

It can get real chilly inside airplanes, and airplane blankets are not the most sanitary. Bringing a blanket is not very suitable, so it is best to carry a sweater no matter what the season is.

## **NECK PILLOW**

To give your necks some comfort, and to not fall over on your fellow passengers while taking a nap, these are ideal.

## **SLEEPING MASK**

A mask just for your eyes, might look somewhat humorous to some, but helps one to fall asleep very fast nonetheless.

## **SOCKS**

Warm feet equals happy feet, not to

mention it warms up the rest of the body, feels cosy, and protects your feet from airplane germs even if you decide to take off your shoes.

## **TOOTHPASTE AND TOOTHBRUSH**

A must for the really long flights. Even though they might provide you with new ones, always best to carry your own.

## **POWERBANK**

In today's tech savvy world, one's biggest fear in a day long flight can be a dead battery, hence do not forget to pack your power bank.

## **MOISTURISERS**

Airplane atmosphere wreaks havoc on the skin, and after a while it becomes dry, coarse and flaky, eventually uncomfortable. Carry deep hydrating moisturisers,

flush of colour, to look as fresh as ever when getting out of the plane.

## **CUSHION FOUNDATION/BB CUSHION**

Bottles of foundation or large tubes of BB creams are hard to use when travelling, can spill into your purse, not to mention, are simply inconvenient. If you must travel with something of the sort, opt for a cushion foundation or BB cushion that will stay intact, will not spill—very user friendly and is anything but inconvenient.

Lastly, but most importantly, drink lots and lots of water and water based foods to keep yourself hydrated from the inside too.

Other than these, one can always carry



especially during long flights.

## **CONCEALER**

A lot of times people rush to meetings or events directly from the airport. To give the face an instant lift, dab on some concealer on the trouble spots and under the eyes before getting off the plane. This will make one look more lively and presentable, plus they are easy to carry.

## **LIPSTICK**

No one has time to do a full face on the plane. Stick with a lipstick that doubles as blush and eye shadow, preferably brown, and throw it in your purse. Dab some on the cheeks, eyelids and lips for an instant

earphones, a book or two or a notepad to journalise on day-long flights. Being strapped to one's seats, with knees beside our ears, fatigue can build up. Hopefully these items will help make your next flight easier.

The key is to adapt. Stuffing everything in a purse is not the solution, but only taking the items one will need, such as avoiding big notebooks for small flights, but taking your toothbrush for the longer ones.

By Anisha Hassan  
Photo: Collected