



# SAVING UP FOR a RAINY DAY

ASIF AYON

Saving leftover change and chunks of your allowance is a very gratifying feeling especially if you're still a student operating with nothing but the money you receive from home. The act of saving up is more often than not, something which usually happens unconsciously and on off days. To save money for a rainy day is often unheard of as the base level allowance a school or college-goer gets is only enough to get them through a single day. But the discipline taken away from saving up consistently can allow people to learn the values of discipline and patience starting from a young age.

Setting aside the obvious practices of not eating out too frequently and avoiding impulsive purchases, there's a couple of other ways one can condition themselves into saving up as a practice. The first thing we have to be aware of is, how much of our allowance we use on necessities and where we use it. If you're someone who packs a lunch from home then you don't have to worry about spending money at the canteen. If you do eat at the canteen then never indulge more than you should. If you have avarices such as coke, mints amongst other things, budget your allowance accordingly; know the extent to which you'd need them and not buying them out of want.

If your allowance is fixed then, before going to sleep each night, calculate how much you want to save and keep that amount in a side compartment in your wallet or purse. Regardless of all the things we're already spending on, solely out of necessity, we can cut costs further by keeping ourselves occupied in things which wouldn't cost us a dime. If you play sports or have hobbies or interests which you are keen about, pursue them. Spend your lunch breaks and evenings playing football, cricket, table tennis or any sport in general, spend time doing that instead of going to Hermosa KK Tea or Burger Queen.

The end goal as always is what motivates students into saving up in most cases. Maybe you want to buy a guitar or the new console or game out in the market and the only means you have in order to purchase the good is through saving up. Instead of having a jar where you keep your coins, an alternative which worked for me was through having separate envelopes for each week. Calculate with the end goal in mind and you should be fine.

Saving up is by no means an easy task. It requires the ability to say no to yourself and to others, the ability to think further ahead than most do at a young age. However despite all of the hurdles, if you take it one day at a time, without thinking too much about the end goal or the general implications of the frugal life then it will further enable you to live more comfortably and with fewer worries in the future.

Asif Ayon's favourite colour is a particular shade of ash but he tells everyone that it's blue. The alliteration in his name bothers him a lot too. To inquire more about what else keeps him up at night, hit him up at [asifayon@live.com](mailto:asifayon@live.com)

# Signs that you are a mint addict



NAFIS IMTIAZ ONISH

Do you have the constant urge to suck on mints till your taste buds are too frozen with minty goodness and you no longer taste anything anymore? Do you have the tendency to chew minty gums relentlessly till your jaw's elastic limits are completely dismantled? If the answers are yes (or if you're too busy chewing on gums to reply), you are stricken with the deadly case of M.A.D. (Mint Addiction Disorder).

For mint-o-maniacs, mints are blessings from God Himself. They are the saviours of the olfactory glands and an escape from worrying about your culinary choice before a date. That *jhalmuri* you wanted to eat but couldn't because of the onions - is no longer a problem. The *peyaj morich bhorta* that looked so alluring with a hot bowl of *khichuri* should definitely be on your diet. Just pop in a mint in your mouth and your breath is as fresh as new.

Though mints certainly have their perks, the addiction to it can cause a few acute problems for someone with M.A.D. Here is how you can self-diagnose your mint addiction. If you have any of these symptoms, you should really start serving a

better range of food to your palate.

## MINTING UP EVERYTHING

Whenever it comes down to buying anything, you have your priorities straight - either mint or nothing. From your toothpaste to your favourite ice cream, everything must be minty. The best part of this binary selection is that choices in life are really

simple for you. Eating toothpaste in the morning has never been more delightful. However, the biggest downside is the fact that *kacchi* does not come in mint flavours. Bummer.

## MINT-CONFIDENCE CONTINUUM

Mints are vital to your fidgety confidence. Mints provide you with that gigantic jolt of confidence required to go up to a girl and tell her "Appi nyc lagca". It makes you feel invincible. On the contrary, you evolve from Tom

Cruise to a certain Hero Alom without mint. Mint and confidence are on a strange continuum for you, stranger than the

unholy love-hate relationship between you and your fidget spinner.

## YOU ARE POSSESSIVE ABOUT YOUR MINTS

You love your mints more than you love your counterpart. It infuriates you every time someone decides to casually take a mint from you because it just "tastes good". NO. Mints are aphrodisiacs. And anyone who does not share the passion is strictly off limits.

## BECOME THE MINT LORD IN YOUR HOOD

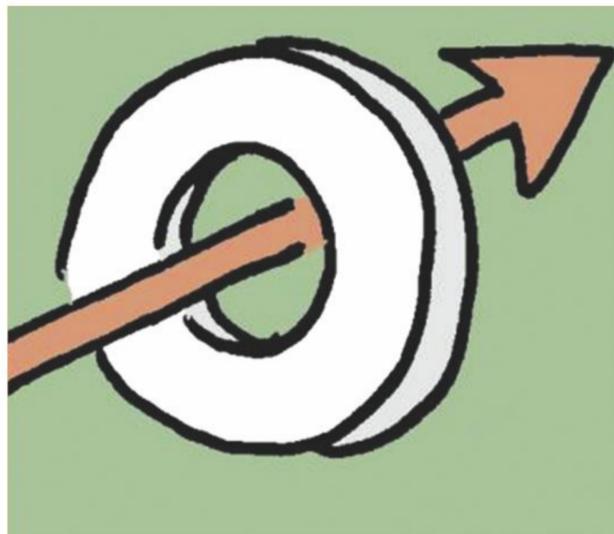
You always need to carry minted candies or gums with you wherever you go. So much so that you became the sole mint-supplier in your hood. You have an inner circle of mint-heads. "Mint me" is a common lingo in the circle.

## IDENTIFY YOURSELF AS A MINT

If the addiction gets severe, you start believing that the reinvigorating essence of mints is the key to life and you decide to identify yourself as a part of the mint family.

So before it gets serious, run, stuff greasy burgers or Bangla-Chinese food in your mouth!

HAVE A MINT, STINKY!



spear mint

Nafis Imtiaz Onish believes grinning is the answer to everything and avidly loves art, astronomy & all things nerdy. Send him Carl Sagan fan art at [nafisimtiaz17@gmail.com](mailto:nafisimtiaz17@gmail.com)