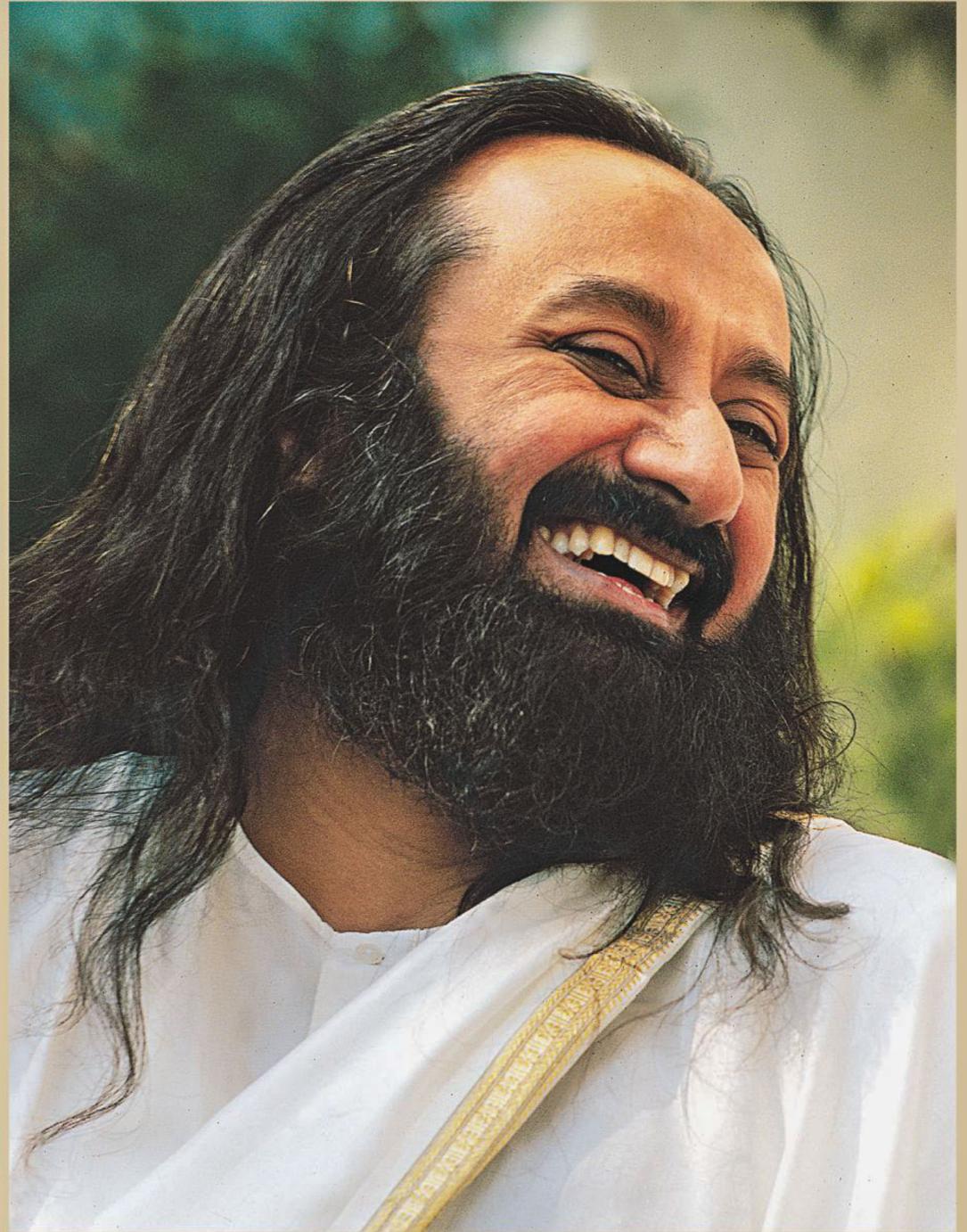


# "I AM YOURS"

When I wrote about Vinod Khanna after he tragically passed away, I had mentioned that we had gone to Sri Sri Ravi Shankar for spiritual guidance. We called him "Guruji" as a means of showing respect. Whenever anyone asked him when his birthday was, he would reply with "Main Tera", which people would assume meant "I am yours". People would naturally get a bit confused and go on to repeat the question, to which his answer remained the same. After a while, it would become clear that he had played a witty joke and his birthday is actually on May 13, which is today. There is nothing new to be said about how much adherence people have for our Guruji, his list of devotees expands from the likes of Kiran Bedi, Hema Malini, the recently deceased Vinod Khanna to the Indian Prime Minister Narendra Modi and many others. Now a question might arise: why do people, as important as them, seek spiritual guidance? The truth is, our lives have become mechanical. We are so busy working and earning money that we become internally exhausted. We sometimes overshoot our main objective in life: happiness. "Art of Living", which is overseen by our Guruji, would teach one to extract the most happiness out of life. Whenever I get the time to visit the 'ashram', I am happy and content. I have known him since 2002, so this year marks the fifteenth year that I have known him. Guruji would always tell me one vital thing that I have believed firmly: if you give a 100 percent to something, you will always get back a 100 percent. Looking back, I now feel that perhaps I did not give a 100 percent; and that is pretty much evident as my health deteriorates. However, I will say that I am a lot happier than I was fifteen years ago before I had met my Guruji. At this point in life, I constantly think to myself: "What have I done for the society? What have I done for myself?" You see, if I give something to the society, I will eventually get it back myself. After my heart attack, I felt like it is my second innings of my life. On the occasion of my Guruji's birthday, I vow that I will give a hundred percent to myself and our society through my work. I wish you a very happy birthday, Guruji.

By Rafi Hossain, Editor, Star Showbiz



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