

The mystical teep



The Bengali belle is never complete without the bindi or the teep; as we usually love to call it.

The red dot in the middle of the eyebrows has much significance aside from being a signature fashion article.

The word has been derived from the Sanskrit term 'bindu' meaning a point or a dot; frequently associated with a person's spiritual third eye.

It is believed that the single dot placed in the sacred place is able to hold onto the strength and energy of the wearer.

Even though, today, we get to see a lot of women wearing the red dot on their forehead, Hindu conservatives also encourage their men to adorn themselves with the red dot, or tilak.

The most striking story behind the bindi or the teep might be that it used to be a major part of a wedding ceremony, where the groom applied a drop of his blood, on his wife's forehead to secure their marriage.

Although this small dot has its roots in the Hindu scriptures; it has transformed over time and realms, becoming a popular fashion accessory amongst the elegant and trendy.

Much has been said about the roots. The fashion aspect is equally fascinating, with fashionistas being able to express themselves in more ways than one.

THE FASCINATING RED

This might be the most common style but it is definitely the most preferred. The small red dot on the forehead, snug between the two eyebrows, goes with almost any traditional sari a