

MAINTAINING BEAUTY

SAFA KABIR

Given Safa Kabir's busy schedule, she doesn't get a lot of time in the morning to go through a rigorous beauty regime. But since she does need to apply a lot of makeup every day, she tries to keep her skin as clean as possible. Therefore, every night, she dedicates some time to her skin. Her skin routine starts with a cleanser which she massages for a few minutes and then follows that with a scrub. Once her skin is free of all makeup, she applies a moisturizer.

When it comes to hair, she doesn't really get the time to do much, but she makes sure to go the parlor once or twice a month and get a hot oil massage or a keratin treatment. That is the secret to her long, strong and luscious locks.

Another secret that Safa Kabir shared with us is that she makes sure that a large part of her diet consists of fruits and juices. She always starts the day with a fruit and usually that is also always her companion on the way to her shoot. She makes sure to drink a lot of water and eat a lot of vegetables to keep her body clear of all kinds of toxins. Because ultimately what you eat will show on your face. No matter how well you take care of your skin, it will be all for nothing if you are not eating healthy. Therefore, the first step to healthy and beautiful skin and hair is always eating healthy.

For makeup, Safa Kabir's choice is

much like her personality: sweet and simple. She is a fan of the 'no makeup look'. She prefers to wear makeup that is very light to keep her skin looking fresh. However, she does wear heavy makeup when she has to attend a wedding or do a photoshoot. She is a fan of Mac, Sephora, Clinique, Balm and Urban decay. She also really likes Jimmy Choo perfumes.

Safa Kabir says that the two products she can't live without are lipstick and eyeliner. Currently she is using an eyeliner from Sephora and usually always wears Mac lipsticks. She prefers nude shades over the bright and dark ones. Among her favourite shades are Mehr and Spice.

Amongst the recent trends, Safa Kabir really likes chokers and cut shoulder tops. She can be frequently seen wearing them in her pictures in social media. The wristwatch is an accessory she never leaves behind and along with that, she makes sure to always have rings and nose rings on her.

For her style statement, you will always see her wearing really light colors. Personally, she is not a fan of bright colors and only wears them if she is required to. Overall, she enjoys being gorgeous in simplicity with very light makeup and light colored clothes.

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Interviewed by Amira Amin



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