

# OUT OF MY LEAGUE BUT NOT OUT OF MY MIND

**NUREN IFTEKHAR**

Like many other wonderful traits we have coded into our system, one happens to be the crippling sense of self-doubt that bursts out of nowhere whenever we are infatuated with someone. It's like a volcanic eruption of insecurities that we carefully hid all this time and ones that we didn't even know we had. As it keeps getting exponentially harder with every passing day to see past this Mount Vesuvius of self-loathing, our brains reluctantly raise the white flag and shrug off the admiration with four words, "Out of my league".

Although our brains do a terrific job at giving up, the consequences are hardly that simple. When you give up on something or someone due to doubts you have about yourself, those doubts slowly become a reality to you. Every time you submit to the idea of not being good enough, you become less and less of the person that you actually are and start

turning into the very reflection of yourself that you were remorseful of. This is where the problem lies. Every blow to your sense of self-worth leaves an impact on your personality that lingers with you on every aspect of life. Every opportunity you give up on becomes the ghost that will haunt you on your next brave endeavour.

Rejection hurts, quite a lot. Giving up feels easier than pondering a 1000 possibilities, especially since in your head you fail in 994 of them. But that does not make giving up an acceptable notion. We can play it safe all we want and put a ceiling on our expectations, but that way we will never know the sheer joy of bursting

through that arbitrary limit we set for ourselves.

First step to getting over the thought that someone is out of your league is to find the reasons behind that conclusion. Every time you list a negative quality about yourself, you need to think about whether it's something you can work on or not. If it's a negative trait that can be fixed with effort then you should be thinking of working on it, not just for that person but for your own betterment. If there's something broken, trying to fix it is a much better choice than lamenting about how it is indeed broken. We're all self-conscious about our baggage, but the thing is, every-

one has them. It's all about coming to terms with each other's, not belittling ourselves in our heads over the ones that we have. Accepting the fact that you're not perfect and neither is the person that you're infatuated with is essential to making a realistic approach.

Having confidence does not make one immune to rejection. There's always a possibility that you can just not be their type, and that's okay. But that does not mean you should ever sell yourself short by labeling yourself as substandard. Mentally setting yourself up for disappointment doesn't leave room for triumph. They're not out of your league, maybe you're just playing a different game.

*Nuren Iftekhhar is your local stray cat in disguise; he interacts with people for food and hates bright light. He got Hufflepuff 3 times straight in Pottermore so no walking around that one. Send him obscure memes at n.iftekhhar18@gmail.com*



# SISTERS OVER MISTERS?

**SAMIN SABAH ISLAM**

One destructive guy. Two fierce, infatuated best friends. A tinge of envy, a spoonful of passive aggressive insults, catfights, and a whole lot of drama. With friendship, hearts and countless embarrassing screenshots at stake, someone will end up wounded. We can only advise you on how to minimise the casualties.

## SPILL YOUR GUTS

If you can fangirl over Dean Winchester together and co-execute wicked pranks on each other's

exes, you can have a heart-to-heart with your best friend about sharing the same crush. You can't hold it against her of not being considerate towards your feelings when she isn't aware of their existence.

Her special best friend telepathy powers might have gone a little scrawny since boy wonder overran her reveries. Spare her, for you too have been sailing the same ship. And if you are aware of the conditions of her heart, it's only fair she knows your bit too. Regardless of who saw him first and whose odds are slimmer, make sure you talk it out, girl to girl. And let's face it, you can only hold your sanity intact for so long without telling your BFF about your new crush.

## KNOW WHEN TO BOW OUT

Judge your own condition. Is it just his gorgeous jawline that entices you or is this the guy you would share your last slice of pizza with? When it's simply a miniscule crush, and your best friend is head over heels blindly smitten, be the bigger person and take a step back. Do your

wingwoman duties and get the two hitched. That way you can ogle at that jawline more closely. There's no harm in admiring God's beautiful creations, if said BFF is okay with it of course. So it's a win-win.

## NO KISS LIST

Chick flicks, as cringe worthy and clichéd as they can be sometimes, teach you a whole lot about dealing with matters of the heart. If you've missed out on "Naomi and Ely's No Kiss List", it basically revolves around a list where best friends note down the guys who are off

limits for the both, when they're equally interested. This way, when none of you can conquer him, you can sit by the bleachers and fangirl unitedly about his splendour or gobble chocolate ice cream together,

sneering at every girl who so much as glances his way. And that's quality best friend bonding right there.

## MAKE NO ROOM FOR JEALOUSY

If boy wonder doesn't show interest in either of you, it might be depressing at the moment, but it's hallelujah for the long run. It only means there's no possibility of secretly hurting and being spiteful. But in the situation of one of you landing the guy, do make sure envy doesn't get the best of you and put you in a position of having to pick between your relationship and friendship. When things end up merry for you, give your best friend time to cope and make sure to her feel loved rather than rejected. And if things went downhill for you then give the happy couple your blessings. Jealousy isn't worth

losing your partner in crime over.

No boy will listen to you jabber endlessly about the cute kid in homeroom, binge watch gossip girl with you the entire night or steal your ex's glasses just to mess with him. Whoever the guy is, whatever

your decision maybe, I hope he's worth it.

*Samin Sabah Islam is on a quest to find the perfect diet while simultaneously drooling over pizza. Throw her some tips at sabahsamin11@gmail.com*



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