

NEW IN TOWN



THE MAGIC OF PAN-ASIAN CUISINE

Lotus E'tang is an upscale restaurant at the prestigious location of Gulshan South Avenue. It has recently begun operations featuring a wide range of Pan-Asian cuisine. The place offers scrumptious dishes that are flavoursome, promising an extraordinary feasting experience. The exclusive restaurant also features an Aqua Dining section, an innovative dining area constructed atop a glass panelled swimming pool. The dining area is complemented with a 'Live' Mongolian, Do-it-yourself grill concept, allowing the visitors to choose their ingredients and the sauce, while the chef prepares the grilled meal, right in front of them.

The delectable dishes on the menu, reflect the true flavours and freshness of different countries including Thailand, China, Malaysia, Indonesia, Mongolia, etc. Some of the signature Pan-Asian dishes are Sriracha Chicken Wings, Lotus Claypot braised Lamb Chops, Singapore Chilli Crab, Tom Yum Goong, Pad Thai, Indonesian Baa Mee Goreng, the Burmese Khao Soi, etc.

The highlight of the menu are definitely the Dimsums, offered in steamed or pan fried variety and the curries and grills, showcasing the various regional highlights of Southeast Asia. The kitchen comprises highly trained professional chefs, bearing the hallmarks of a Michelin Star restaurant.

"We have not left any stone unturned to establish Lotus E'tang in Dhaka, the culinary hub of Bangladesh. We are confident that the restaurant will be a resounding success, as it offers the real taste, warmth, freshness and

vibrancy of a Pan-Asian cuisine, appreciated worldwide but hardly available in Bangladesh in its true capacity," said Avishek Sinha, Director of Operation, Lotus E'tang, Khazana Bangladesh and Khazana Mithai.

The consultant of chef of Lotus E'tang, Peter Tseng added, "I am extremely hopeful about this venture, because Bangladeshi people love Pan Asian cuisine and with my previous experience at a 5 star Michelin star restaurant, I am hopeful it will be able to provide them with the accurate taste.

At Lotus E'tang, we have tried to take advantage of the wide variety of fresh ingredients available here in Dhaka, especially seafood and vegetables, to create some of the finest Southeast Asian classics with a modern touch. I truly believe that using fresh produce as per local availability and improvising the ingredients, through well-thought cooking techniques, is the recipe behind any successful dish. The dish should reflect the region and should be able to construct a connection between the diners and the specified region, inspiring and delighting them all at one go".

Lotus E'tang is located at 23 Gulshan Avenue, Bay Building, 10th Floor, Gulshan-1, Dhaka. Operation timings for Lotus E'tang are noon to 11 p.m. every day. #01711-476379.

Check out their online presence: lotusetang.com or follow [facebook.com/lotusetangbd](https://www.facebook.com/lotusetangbd).

- LS Desk

Photo courtesy: Lotus E'tang



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GET A HEALTHIER YOU !!!

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Another thing you need to realize before you start Weight Reduction plan is that

there's no such thing as spot reduction. You can't just burn fat from one part of your body to get your desired result. Believe me, regardless of your gender or body type you can get rid of these deposits of fat pockets without resorting to invasive methods like liposuction or tummy tuck. Remember, getting healthier is a lifestyle, not a weekly or monthly affair.



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- Toxin Removal
- Pain Release
- Improve Lymphatic Drainage
- Improve Varicose Veins



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"Healthy **eating** + less **stress** + adequate **sleep** + right **workout** = keeps a '**healthier you**'.



Dr. Jhumu Khan

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