AN IMMINIENT TALENT

Naseef Rahman is the first man from Bangladesh to represent the country in an international male beauty pageant competition. He is a self-acclaimed fitness expert who started working out in the gym from the very first of 2010. In 2013, he took part in his first competition, which was a bodybuilding competition organized by Bangladesh Bodybuilding Federation.

He came out as the second runner up in the competition and has ever since been motivated to pursue bodybuilding. While studying in AIUB, he took part in the interuniversity bodybuilding competitions which took place every year. He was two time Mr. AIUB (champion) in 2014 and 2015, further motivating him to pursue a related field. In 2016, he took bodybuilding more seriously and competed in Walton Independence Day Bodybuilding Competition, where he was the second runner up. The highlight of his career came when he was selected for a French Magazine Cover photo shoot in New York. He also participated in the Mr. Universal Ambassador contest, which is a challenging pageant competition. He uploads fitness videos on YouTube in collaboration with a channel and believes that anyone can do anything if given the opportunity.



