

Art Techniques to Try

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If you're experiencing a creativity-block or just looking for something artsy but relatively easy to do, here are some art techniques that are worth your time.

Coffee Creativity: If you like the idea of creating art with your coffee and actually getting to drink it after you're finished Instagramming it, then Latte Art is for you. If not, you could try "painting with coffee" to create beautiful brown paintings on paper to store forever.

To paint with coffee dissolve some instant coffee/coffee powder in hot water. The idea is to make more than one shade of colour. For a light brown dilute your coffee but don't add too much water as this will seep through the paper. For darker shades, make thicker coffee and keep them in separate cups. For the actual painting, lightly sketch your picture with pencil first on paper that is slightly thick. Apply various shades of your coffee col-

our with a paintbrush, but wait for it to dry before adding more layers to avoid a watery mess. For extra effect, you could apply glue in some areas and scatter coffee powder over them.

Glass Painting: You can make any glass surface more colourful -window panes, plates, glasses or just regular pieces of glass.

Work out a shape/design. Draw it on a piece of paper and copy it onto the glass surface using a glass liner, black would look best. Wait for it to dry and fill in the shape with colours using glass paint. If you're using tube paints, use a pin to prick the opening every now and then to prevent bubbles. Add glitter to beautify it or paste



beads/sequins over the paint using super-glue.

You could paint text as labels for jars containing sugar or salt. You could also decorate a plain glass on the outside, and fill in the inside with melted candle wax and insert a wick before it solidifies- making a candle + holder, a perfect gift item.

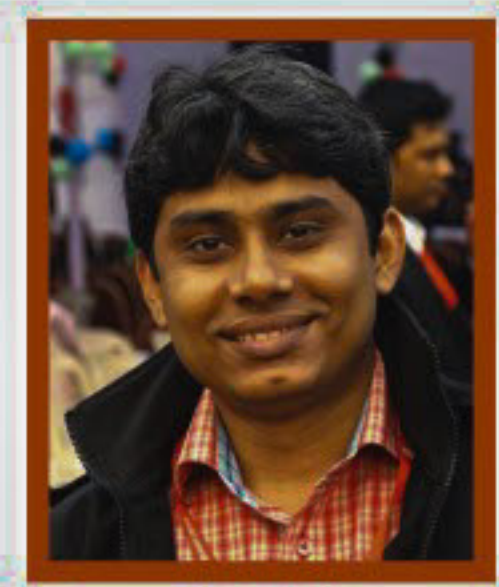
Papier-mâché: If you want to make a creative, sculpture-like structure using low cost, recycled materials, try papier-mâché. First choose a structure, a blown up balloon or any cardboard figure, that you want to cover with the papier-mâché.

To make the papier-mâché or covering material, tear newspapers or brown paper

bags into small strips. Prepare a mixture - 2 parts white glue and 1 part water- in a bowl. Dip the strips into the glue and cover the structure by laying each strip over the surface and smoothing it with your fingers/paintbrush. To create shapes on your structure, such as a nose for a face, scrunch the paper strips into the desired shape, place them on your structure and coat with the glue mixture. Repeat for at least three layers, once you're happy with the shape. Let it dry for a day then paint over it or decorate as you see fit.

A face/head made out of a balloon looks nice as a decoration piece. You could even make a large flower vase using a balloon, by cutting out an opening after your structure has dried.

Salma Mohammad Ali fears she is becoming a crazy cat lady and uses writing as a means to grasp on to sanity. Send her your views/hate/love at fb.com/salma.ali209



**FRANTIC FANTASY BY
 QUAMRUL HASSAN**

Sergio Aguero Out. Alexis Sanchez In.

The international break is thankfully over as the weekend offers us another chance to lose ourselves in fantasy football. Here are a few suggestions that may help you tweak your squad ahead of Gameweek 4, which includes big games like the Manchester derby and the tie between Liverpool and champions Leicester.

1. Sanchez is a must. The Aguero ban is a blessing in disguise if you did not have enough funds to get the Chilean. You may need to take a hit if you do not have a free transfer, but this is a move that cannot be avoided given he plays only Chelsea among the big boys in the next seven games.

2. Hazard as well. Only five goals and four assists came as a shock last season, but the Belgian is back to his best again, already fetching 25 points in the first three games, the highest this far in FPL. So if you are one of those 70% FPL managers who do not have him, do not say no one told you to get him when his price rises further.

3. Sterling is a player reborn. Even a few months back, Raheem Sterling was being dubbed a bad business by the Manchester City management. But with the arrival of Pep Guardiola, Sterling has regained the form he displayed in his Liverpool days. The Englishman already has two goals and two assists to his name, and at 8.2 million is a steal. True, it's the derby this week, but a player of his calibre would be keen to score against the Red Devils. And he may even be asked to play upfront till Aguero returns.

4. Never bench the West Brom defence. The first two games I benched McAuley and he registered a clean sheet (CS) away to Crystal Palace and then scored a goal against Everton. Thankfully he kept another CS when I played him last week. It's Bournemouth away this time, but you never know if Foster would save a penalty or McAuley would score again. Where there is Tony Pulis, there is clean sheet.

5. Benteke to fire soon. We know how badly he fared in Liverpool colours. But he still managed to score nine goals playing just 1529 minutes. Now that the Belgian has



joined Palace, he is supposed to lead the line. And with Cabaye missing back to back penalties, I will be surprised if he does not notch at least a dozen this season.

6. The best team for GW4?
 Here goes the SHOUT Hot Shots.
 Adrian
 Bellerin Azpilicueta McAuley
 Sanchez Hazard Lamela Barkley

Negredo Costa Hernández
7. Who to hand the armband?
 Sanchez. Sanchez. Sanchez. Negredo.
8. Up for a gamble?
 Andre Gray. Jermain Defoe. Jamie Vardy.

Quamrul Hassan, a poet by choice and journalist by profession, is the founder of Fantasy Football Players of Bangladesh.