

WEATHER FORECAST

YESTERDAY'S TEMPERATURES

DHAKA
H 33.8 L 19.5

CHITTAGONG
H 33.2 L 22.8

SYLHET
H 33.6 L 18.5

RAJSHAHI
H 34.8 L 16.8

KHULNA
H 34.5 L 20.0

BARISAL
H 34.0 L 20.0

RANGPUR
H 32.7 L 16.0

COX'S BAZAR
H 34.5 L 23.7

Weather may remain dry with temporary partly cloudy sky elsewhere over the country having chances of rain or thundershowers at a few places over Khulna, Barisal, Dhaka and Sylhet divisions and the regions of Rajshahi, Pabna, Comilla and Noakhali with hail at places till 6:00pm today.

EC orders replacing Bagerhat UNO

STAR REPORT
The Election Commission (EC) yesterday in a letter asked the Ministry of Public Administration to immediately replace Bagerhat's Chitalmari Upazila Nirbahi Officer (UNO) Farid Hossain over allegations of abuse of power.

Sources said the abuse took place during submission and scrutiny of applications seeking candidacy for the union parishad elections, scheduled to be held on March 22. All chairman candidates in seven unions stand to be elected uncontested.

Quoting EC Deputy Secretary Shamsul Alam, Bagerhat Election Officer Ruhul Amin Mallik said the allegations were over biasness, illegal orders, threats and misbehaviour and that an investigation would be launched.

BRAHMANBARIA
Meanwhile, talking to journalists over phones, Returning Officer Bashirul Haque Bhuiyan said preparations were underway to ensure law and order during the municipality election, scheduled for March 20, as 35 out of 48 polling centres were "risky".

Moreover, the district Awami League (AL) General Secretary Al Mamun Sarkar, at a press conference in the press club in the afternoon, announced that the party would prevent madrasa students, except voters, from entering polling centres.

PIROJPUR
Independent chairman candidate Gazi Siddikur Rahman of Shialkathi union, at a press conference in the press club, demanded that Kawkhali Police Station's officer-in-charge, SEE PAGE 11 COL 3



From left, architect Marina Tabassum, Finance Minister AMA Muhith, Brac founder Sir Fazle Hasan Abed, Bengal Foundation Chairman Abul Khair, and Bengal Institute Director General Kazi Khaleed Ashraf at the inaugural session of the three-day international symposium "Architecture Now/Next" in the capital's Krishibid Institution Bangladesh yesterday.

PHOTO: STAR

One killed as part of brick kiln caves in

OUR CORRESPONDENT, Dinajpur

A brickfield worker was killed and two others were injured as a portion of a brick kiln abruptly caved in early yesterday in Nawabganj upazila of Dinajpur.

The dead was Md Sakim Ali, 24, of Nayapara village.

The injured-- Md Raihanur Rokman, 28, and Mintu Chokroborty, 15, of the same upazila--were admitted to Hakimpur Upazila Health Complex.

Locals said a large chunk of a kiln befell the workers when they were working at RTB Brickfield in the morning, leaving Ali dead on the spot and the other two critically injured.

According to locals, many complaints were reported against the kiln for operating without abiding by environmental rules, but the local administration was still indifferent.

Contacted, Moshfiqur Rahman Mintu, owner of the kiln, declined to comment.

Girl raped, rapist held in Bogra

OUR CORRESPONDENT, Bogra

A minor girl was allegedly raped by a day labourer on Wednesday while another minor girl was attempted to be raped allegedly by a shop owner on Thursday in Bogra.

In Dupchanchia, police early yesterday arrested a day labourer on charge of raping a nine-year-old girl from Talora area.

The victim was the daughter of a rickshaw-puller Rubel Mia. Aleya Khatun, victim's mother lodged a case on Thursday.

Arrestee Shajahan Ali Fakir, 52, son of late Erfan Ali of Chandpur village under Kahaloo upazila, used to work near the area where the victim's family resided. The victim went out from her house to play when the accused captured her, said Nazrul Islam, officer-in-charge of Dupchanchia police.

Shajahan was sent to a court following his arrest and the SEE PAGE 4 COL 1

Saarc countries must work jointly for regional stability: FM

UNB, Dhaka

Foreign Minister AH Mahmood Ali on Thursday urged the Saarc member states to focus on more realistic, result-oriented and mutually beneficial partnership for transforming the region into a development powerhouse through joint efforts.

"We must work together in an atmosphere of friendship, peace and stability to continue to remain a secure, stable and prosperous region," he said while SEE PAGE 4 COL 7

Architecture fuses engineering, arts

Muhith tells inaugural ceremony of 3-day int'l architecture symposium in capital

STAFF CORRESPONDENT

Architecture combines engineering and fine arts to bring about comfort and ease in designing space, the finance minister told the inaugural ceremony of an international architecture symposium in Dhaka yesterday.

Architect Muzharul Islam, who pioneered the study of architecture in Bangladesh since the fifties, had once said sometimes architecture might be expensive but it pays back in other ways, said AMA Muhith.

He said Muzharul Islam left some lasting

impressions of good architectural works, and now, 50 years later, one did not have to preach the virtues of architecture in Bangladesh.

"Our craving for beauty emanates from the cultural core...we did not lose our love for aesthetics despite poverty," said Muhith.

The Bengal Institute for Architecture, Landscape, and Settlements in association with Bengal Foundation organised the three-day symposium on "Architecture Now/Next" at Krishibid Institution Bangladesh.

Presently, over 30 percent of Bangladesh's SEE PAGE 4 COL 5

Book fair begins at Shishu Academy

BSS, Dhaka

A nine-day Bangladesh Shishu Academy Book Fair began yesterday on its premises on the occasion of 97th birthday of Bangabandhu Sheikh Mujibur Rahman and National Children Day-2016.

Dhaka University Vice-Chancellor Professor Dr AAMS Arefin Siddique inaugurated the book fair as the chief guest while Chairman of Agrani Bank Limited Dr Zaid Bakht and author Imdadul Haq Milon, among others, were special SEE PAGE 4 COL 7

গ্রামের দরিদ্র জনগণের খাদ্য নিরাপত্তায় আছে ভিজিএফ সহায়তা

তথ্য জানতে বা অভিযোগ জানাতে যোগাযোগ করুন ইউনিয়ন পরিষদে

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Healthy Living

Tips to Protect Your Skin This Summer

It is almost summertime, which means that your skin will now sweat and be exposed to the scorching sun, the heat and the humidity, the dust and the pollution.

"In the context of Bangladesh, especially in the case of Dhaka," says Dr. Rubaiya Ali, Consultant-Dermatology and Venereology at Apollo Hospitals Dhaka, "the field of dermatology is fascinating and challenging. Aside from the environment and the pollution, there is the perception of who to go to for skincare. Here, the first place we go to look for solutions for skin problems is the beauty parlour. And often by using fake cosmetics, alternative medicine or self-medicating themselves to the point where damage to the skin is irreparable, only then do the patients as a last resort, consult a dermatologist."

Certified and trained in Chemical Peeling from the Image Skin Care Institute in Florida, USA, Dr. Rubaiya's area of expertise includes chemical peeling, Botox injection and cutaneous and laser surgery, for which she was trained in the Institute of Dermatology in Bangkok, Thailand.

Summertime brings with it a whole host of troubles for the skin, especially if the skin is sensitive and acne-prone. The commonest skin ailment is sunburn, for which the solution is sunscreen lotions. "It is important to stay protected at all times when you are outside in the sun," says Dr. Rubaiya, "and remember to reapply sunscreen of SPF 30 or above, every 2 hours for maximum protection."

Besides sunburn, you need to be aware of the following heat related skin issues:

1. Yeast Infection:
Known as tinea versicolor, this superficial yeast infection of the skin will appear as tiny scaly patches on your neck, chest or back. The solution for this problem is easy: shower off after a humid sweaty day, preferably using soap containing pyrithione zinc.

2. Rashes:
Rashes are common in hot and humid weather. This occurs when sweat gets trapped under skin, especially when it is frequently grazed by fabrics. Apart from wearing light breathable garments that allow for the sweat to evaporate, Dr. Rubaiya recommends that one keeps heavy make-up, heavy creams and ointments out of one's reach as it may block sweat ducts and aggravate the rashes. If the rashes do not go away within 3 or 4 days, Dr. Rubaiya advises that one immediately check with a dermatologist because it could be that one is suffering from a

bacterial or viral infection.

3. Rosacea:
This is characterized by red and inflamed skin, usually on the cheeks, chin and forehead. The rash can lead to tiny boils to full-blown acne if it is left untreated. A solution to this is avoiding sunlight and reducing stress. One can also have an antacid or aloe vera juice in the morning on an empty stomach to reduce symptoms.

4. Dandruff:
Over-secretion of oil on the scalp along with an increased turnover of dead cells, sweat and pollution results in an outbreak of dandruff. Not only is it unhygienic, dandruff can also cause hairfall and itching that in turn leads to pimples on the forehead, scalp and the back. Dr. Rubaiya Ali says that while it is important to wash one's hair often in summer, it is counterproductive to wash the scalp so much that makes it dry "because over-drying aggravates secretion of oil in the scalp to compensate for the stripping of natural oils in washing, which creates a vicious cycle of dandruff."



Instead she recommends that one uses medicated shampoo containing 2 % ketoconazole or selenium, as directed by one's dermatologist for optimum results.

5. Acne:
If you have acne, you are likely to face



a flare-up of the condition this summer. "It is better to avoid sugary and starchy foods," says Dr. Rubaiya, "because there is some evidence that high glycemic foods worsen acne outbreaks." She also added that non-greasy sunscreen is a must, and that one should control the urge to over-wash one's face because stripping natural oils from one's skin aggravates sebum production which makes the acne worse.

Aside from medical advice, Dr. Rubaiya insists that in today's world, especially because of manipulated advertisements featuring actresses and models with perfect skin, we have unrealistic expectations of what our skin should be like.

"Everybody is different, and everybody's skin is also different," explains Dr. Rubaiya Ali. "While it is true that your skin is the first visual impression you make to others and that your skin condition makes a huge impact on your social life, it does not mean you do not have any power." She said, "You have the power to be happy. You have the power to feel beautiful. And the truth is, you have to feel beautiful, to look beautiful."

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* This information is for public awareness only. Advice should be sought from qualified doctors.

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