

Healing dry skin around the eyes

Dry skin around the eyes is a common phenomenon, mainly during winter but also in general, especially if you are prone to dry skin naturally. The skin ends up becoming flaky due to cold air but for those with a condition like eczema, the suffering is greater. The skin around the eyes and eyelids are much thinner than the skin elsewhere and hence moisture is lost faster.

Symptoms of dry skin around the eyes include flakiness, soreness, irritation and swelling as well. It might be difficult to put a finger on the exact cause of this kind of dryness but it is obviously unattractive and very uncomfortable. Harsh shampoos and harmful chemicals in makeup products, unsuitable facial scrubs or washes are common culprits.

REMOVE ANY IRRITANTS

First and foremost, you have to identify what your skin is reacting to which is resulting in this unwanted dryness around the eyes. The use of a makeup remover is beneficial, although in order to ensure that you skin is not being stripped of its moisture, go for those products that are labeled alcohol-free.

KEEP CLEAN

Keeping your personal hygiene in check is essential for having healthy skin. Using lukewarm water to wash your face ensures all the impurities and dirt get washed out. Be careful while choosing a cleanser and toner as they might play a key role in leaving your skin dry and flaky. Make sure that you pat your skin lightly and then move on to the next step.

USE PETROLEUM JELLY UNDER THE EYES



After your skin has been washed and dried off, you can apply some moisturiser. Put a thin layer of petroleum jelly under your eyes in order to lock in the moisture. Regular use of petroleum jelly such as Vaseline will also give the healing process a boost. In case you get any Vaseline in your eyes, do not panic. It is lipophilic and hence only dissolves fat. Remove any excess product away from your eyes using a damp washcloth.

THINK PREVENTION

You can use lotions and moisturisers designed for sensitive skin as some products end up leaving your skin in a drier state. Hypoallergenic products, such as Vaseline Jelly Original, are particularly made to help skin fight irritation and allergic reaction.

As the skin around our eyes is so sensitive, we suggest you use Vaseline because other lotions and moisturisers may not be the best choice for use here. The "Wonder Jelly" is filtered thrice and is a 100% natural and so absolutely safe to be used on the face. Vaseline has been proven and tested to give you soft, elastic and rejuvenated skin around the eyes.

Adapting this new regime will keep your eyes from looking dry, dull and tired. Often times because of our busy lives we take many things for granted. However, taking small steps to keep our skin moisturised and soft is surely something that should not be skipped.

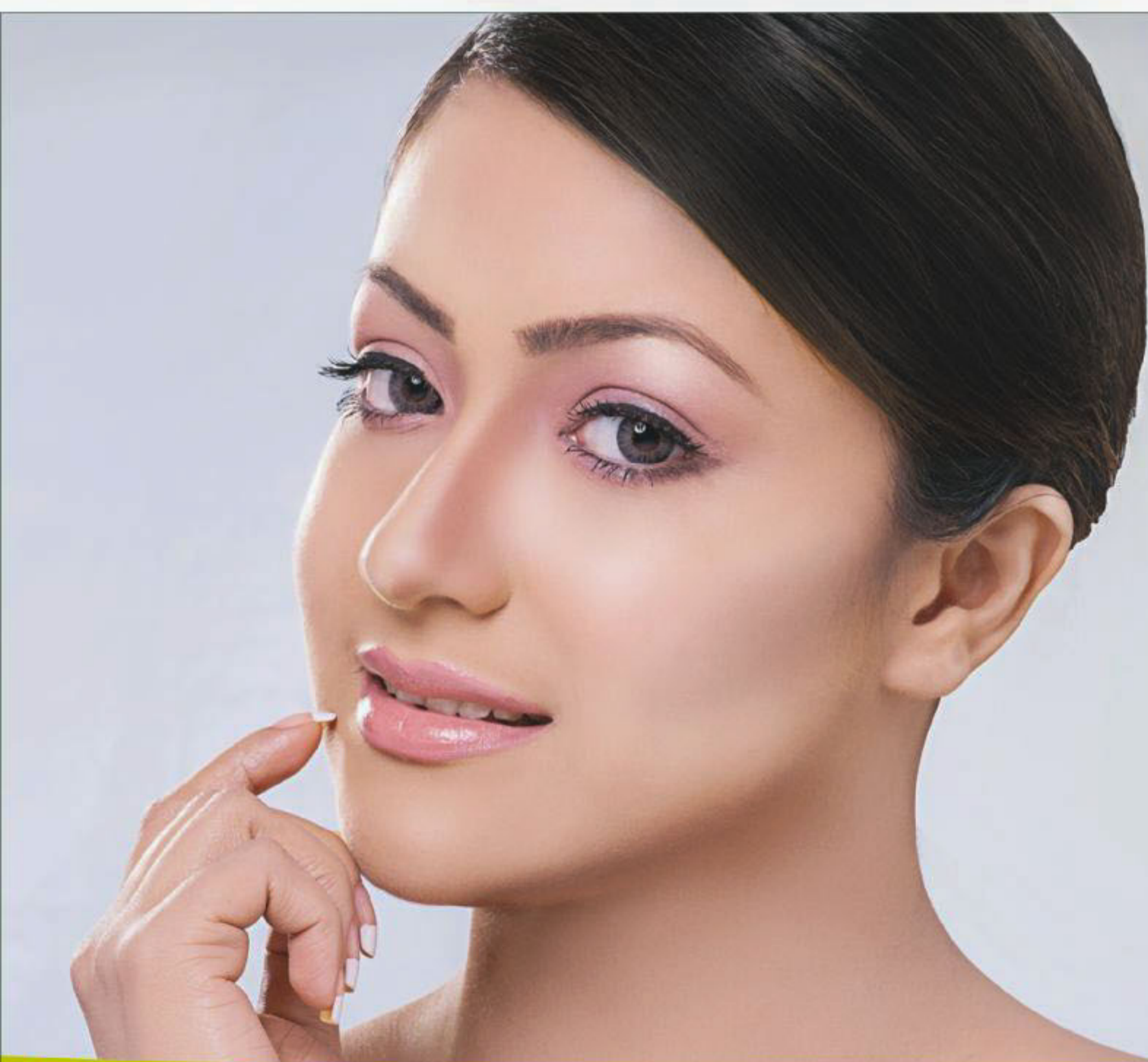
By Maesha Nuzhat Nazmul

Photo: Sazzad Ibne Sayed

Model: Mousum

Make-up: Farzana Shakil

Shoot Coordinator: Isha Yeasmin



Acnes | Vitamin Cleanser



পারফেক্ট স্কিন, প্রতিদিন

ত্বকের গ্লো ফিরিয়ে আনতে একনেস ভিটামিন ক্লিনজার

নতুন কোষ উজ্জীবিত করে ত্বককে উজ্জ্বল করে। পিম্পল, ডার্ক স্পট দূর করে
মাল্টিভিটামিন সমৃদ্ধ। ত্বকের গভীর থেকে পরিষ্কার করে

JAPAN'S
NO.1