

Ordeal in 1971, onwards...

Her sacrifice not recognised by state yet
STAFF CORRESPONDENT

She made a supreme sacrifice only to save her family during the Liberation War in 1971. Led into her village by anti-liberation Razakars, the Pakistani occupation army gave the condition that her family would not be harmed if she let herself be raped. Her helpless father used to accompany her to the army camp in Thakurgaon every morning. Tapri Bawa's ordeal went on for several months and she got pregnant. The 16-year-old then gave birth to war child Sudhir Chandra. After the nine-month war, the Pakistani army gave in and Bangladesh emerged as an independent country, but her sufferings would not stop but rather aggravate. In the independent country, she faced social stigma. But braving all obstacles, she raised her son. Sudhir, now father of two daughters, also suffered a lot. Neighbours looked down upon him. The woman is yet to get any national recognition for her sacrifice. At least 1.62 lakh women were raped, and another 1.31 lakh Hindu women went missing during the Liberation War, according to the War Crimes Fact Finding Committee led by Dr M Hassan. The Hindu women were believed to have been raped and killed in the Pakistan army camps. After independence, Bangabandhu Sheikh Mujibur Rahman honoured these women with the "Birangana" title, but society turned its back on them. Thousands of rape survivors were socially ostracised and

SEE PAGE 5 COL 4



The long march of the National Committee to Protect Oil, Gas, Mineral Resources, Power and Ports reaches Magura town around 11:00am yesterday after it started towards the Sundarbans from the capital's Jatiya Press Club the day before demanding that the proposed Rampal power plant project near the forest be cancelled and it be protected from any further disasters. PHOTO: BANGLAR CHOKH

STEALING OF BB'S MONEY BNP wants BB staff concerned to be brought under probe

STAFF CORRESPONDENT

Castigating the government for the hacking of millions of dollars from Bangladesh Bank's foreign currency account with the Federal Reserve Bank of New York, BNP leaders yesterday alleged that it happened as the government had no accountability to the people. "Money is being looted from banks in the country. Our share market is being plundered. Surprisingly, the country's money kept abroad is being stolen too. It's a matter of grave concern," said BNP leader Nazrul Islam Khan. Nazrul, BNP standing committee member, came up with these remarks while addressing a discussion organised by Dhaka City unit of Labour Party, a component of BNP-led alliance, at Photojournalists' Association in the capital, protesting the sedition case

SEE PAGE 4 COL 5

COX'S BAZAR PLANE CRASH Lone survivor Vladimir fighting for life at CMCH

ARUN BIKASH DEY, Ctg
Vladimir Koltunov, the lone survivor of the recent plane crash into the Bay of Bengal, is groaning in pain at Chittagong Medical College Hospital. Yesterday, this correspondent found both of his legs bandaged and signs of injuries in his whole body. A nurse was dressing his wounds in the morning. Vladimir was shifted to CMCH on Wednesday evening from a Cox's Bazar hospital. He was talking in a very weak and low voice.

SEE PAGE 11 COL 1

11 held with bombs in Jessore Shibir office 9 of them arrested in its 'bunker' where bomb-making materials also found

OUR CORRESPONDENT, Benapole

Police arrested six activists of Islami Chhatra Shibir, and five others with 11 live bombs and bomb-making materials raiding an underground bunker in Shibir office at Basundia Bazar in Jessore town yesterday night. Ilias Hossain, officer-in-charge of Jessore Kotwali Police Station, said on information, police conducted a drive around 8:00pm and arrested Billal Hossain and Nuruzzaman. They also arrested four more Shibir men and five others including Amin, Tito and Badshah from a hole underneath the office, with the bombs and bomb making materials. They were constructing a hidden bunker under the office and planning to carry out subversive activities, said the OC. A case was filed in this connection.

Peaceful S Asia requires pluralistic societies Two-day regional conference at DU told

STAFF CORRESPONDENT

The South Asian people can live peacefully if they maintain pluralistic societies, ignoring nationalism, communalism and fundamentalism, a regional conference was told yesterday. Despite facing challenges to establish communal harmony, people of the region have demonstrated that it is possible to live together in multi-racial, multi-religious, and multi-cultural societies, the speakers told the third South Asian Conference, which started at Nabab Nawab Ali Chowdhury Senate Bhaban of Dhaka University. The two-day conference on "Fundamentalism, Imperialism and Women's Resistance in South Asia" has been hosted by Dhaka based socio-cultural organisation Banglar Pathshala Foundation. Educationist Prof Ajoy Roy said there was no alternative to adopting a society based on mutual tolerance, cooperation, understanding of each other's problems both individually and collectively and trying to solve each other's problems based on equity and justice. He laid emphasis on establishment of a judicial system, which will ensure social and legal equality and justice for all citizens.

SEE PAGE 4 COL 3

3-yr-old girl raped 'Rapist' arrested; another held over raping four girls at times in capital

STAFF CORRESPONDENT

A 30-year-old man allegedly raped a three-year-old girl at Rayebazar in the capita on Thursday evening. Police arrested Hossain, victim's neighbour, after the victim's father filed a rape case against him and he was sent on a three-day remand by a Dhaka court yesterday, said Jamal Uddin Mir, officer-in-charge of Mohammadpur Police Station. The victim was missing for over two hours until her father saw her coming out of the accused's house around 7:00pm and crying, the OC said, quoting the victim's father.

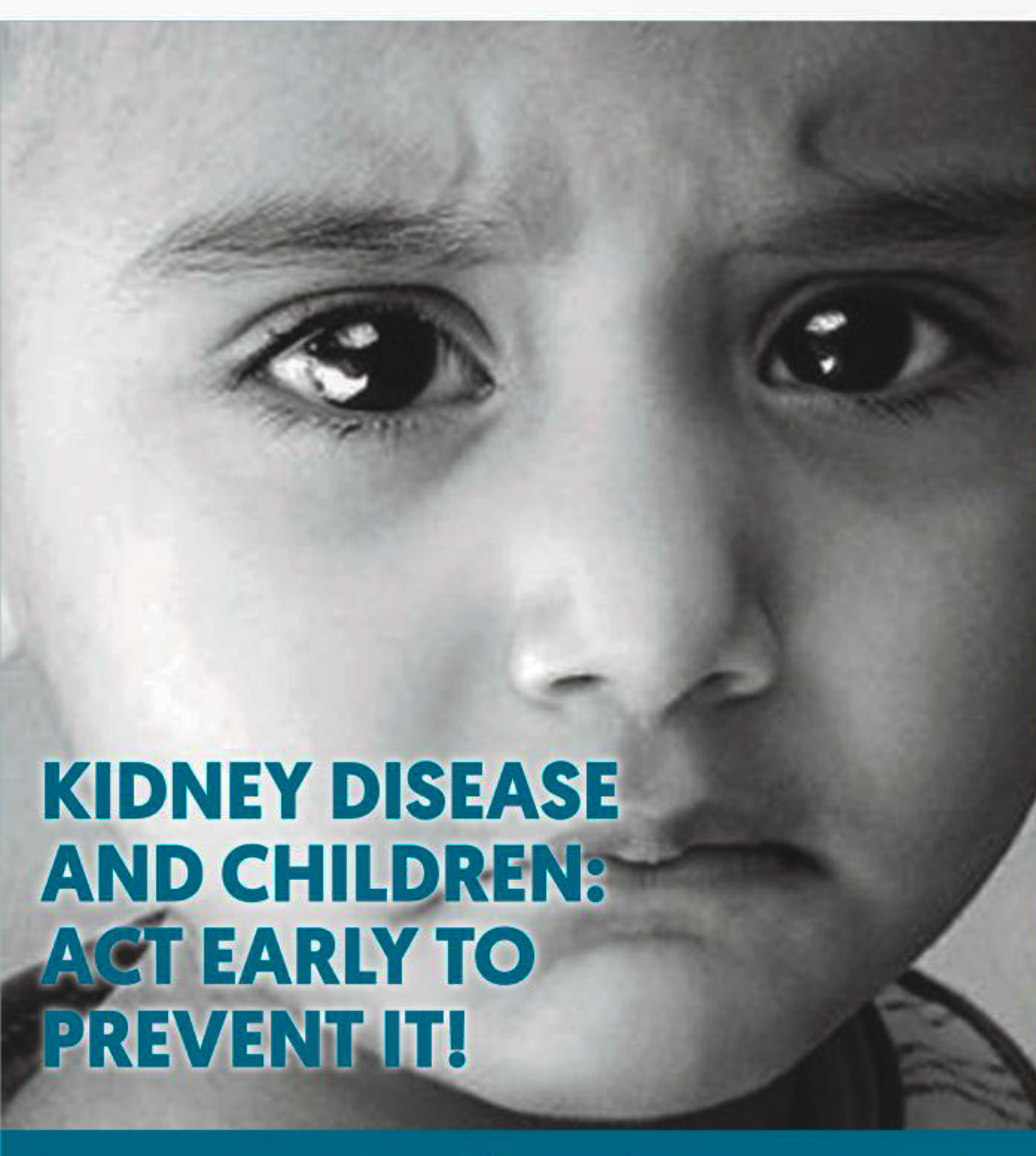
SEE PAGE 5 COL 4

আর নয় বেকারত্বের কালো কর্মসংস্থান কর্মসূচী দেয় আশার আলো

তথ্য জানতে বা অভিযোগ জানাতে যোগাযোগ করুন ইউনিয়ন পরিষদ বা ইউএনও অফিসে

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UKaid



KIDNEY DISEASE AND CHILDREN: ACT EARLY TO PREVENT IT!

It is a sad truth that millions of people across the globe, including children, suffer from kidney diseases; especially when, apart from congenital and chronic genetic conditions, kidney diseases are largely preventable. Frequently described as a silent killer, people suffering from kidney disease often have the false impression of health until it is too late.

Did you know?
You can lose up to 90% of your kidney function before you experience any symptom of kidney failure.

A joint initiative of the International Society of Nephrology (ISN) and the International Federation of Kidney Foundations (IFKF), World Kidney Day is a global awareness campaign which is celebrated annually on the second Thursday of March, since 2006, to focus on raising awareness of the importance of our kidneys. This year's World Kidney Day campaign is on Kidney Disease & Children: Act Early and Prevent It!

Dr. Sabina Sultana, Consultant- Paediatrics and Neonatology, and Paediatric Nephrology at Apollo Hospitals Dhaka, advises that if your child is showing one or more of following warning signs, it is time to have his or her kidney functions checked as soon as possible.

- Is your child overweight? Obesity in children often results in diabetes and high blood pressure, which are two of the leading causes of kidney disease and injury.
- Does your child complain of pain in his back, sides or lower belly?
- Did he ever mention about burning sensations or pain while urinating?
- Are there changes in your child's urine colour?
- Does your child wet his or her pants? Wake up with swollen eyelids?
- Does your son or daughter suffer from unexplained fevers?
- Did you notice swelling or rashes in your children's feet, ankles or legs?
- Does your child have any congenital anomalies of the urinary tract as a whole?
- Is there a history of familial disease like polycystic kidney disease, Alport Syndrome and heart disease?
- Was your child born prematurely or have low birth weight?
- As a mother, were you exposure to infection, radiation, toxic drugs during pregnancy?

Did you know having more than one can of carbonated beverages can increase chances of kidney damage?

That is because soft drinks, which are high in sugar, also contain phosphoric acid, which promote the formation of kidney stones.

For more information, check out <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3433753/>

Dr. Sabina Sultana suggests that in order to protect your child from kidney disease, you must encourage them to be physically active and stay fit. "Encourage them to play sports and make sure that they always have a balanced diet and maintain healthy fluid intake," Dr. Sabina Sultana says, "and at the same time teach them healthy bladder habits." She also mentioned that one should have their children's blood pressure checked at least, twice a year and to avoid offering them over-the-counter medicine on a regular basis.



"The most important thing truly that that we ensure a healthy lifestyle for children, from birth till old age. That is the best way combat preventable kidney disease," concluded Dr. Sabina Sultana. So, in commemoration of World Kidney Day 2016, and all the years to come, let us commit to make sustainable efforts to promise our children long and healthy lives.

#HealthyLiving

The Daily Star 3 March at 19:16

As parents, you do everything you can to make sure your children are safe from harm. You do everything to offer your sons and daughters the best possible future. But are you protecting your baby from kidney disease? In recent days, the number of children and teenagers affected by kidney disease is increasing at an alarming rate. So this time #HealthyLiving is addressing this pressing issue by opening this discussion where you can place your relevant queries which will be replied by Experts/Specialists from Apollo Hospitals Dhaka.

The rash on her tiny feet could signal something much worse.

Like Comment Share

You, Arzaf Hossain Plabon, Nibir Ahmed and 3.5k others Top comments

What are the symptoms that baby is suffering from kidney disease?

Like Reply 4 - 3 March at 21:38

Apollo Hospitals Dhaka Since you can lose up to 90% of your kidney function without realizing it and without experiencing any symptom, it is best to take preventive measures. Encourage your child to play sports, maintain healthy fluid intake and have healthy bladder habits. Do not offer over-the-counter medication too frequently. It is also advised that you take your child for an early detection screening test for kidney function at least once a year.

Like Reply 5 hrs

I am afflicted by a slight kidney problem. I feel full all the time, chronic chest pain and chronic pain on the left side of my belly. When I push on the left side, the chest pain seems to diminish. But if the hand is taken back, the chest pain is in full volume again. My head remains heavy all the time and sometimes I have severe headache. I can't concentrate on anything and I forget whatever I learn and memorize.

What do you want to say regarding my this case of ailments?

Thank you very much.

Like Reply 5 - 4 March at 01:13

Apollo Hospitals Dhaka If you have already been diagnosed with kidney problems, it is best to continue consultation with your doctor and seek treatment. If you wish to consult our doctors at the Department of Nephrology and the Department of Urology at Apollo Hospitals Dhaka, you can dial 10678 to book an appointment.

Like Reply 5 hrs Edited

What are the main symptoms of kidney disease

Like Reply 1 - 4 March at 07:43

Apollo Hospitals Dhaka Kidney disease can often progress silently. You may lose up to 90% of kidney function before you even experience the first symptoms of kidney disease. Some these symptoms include 1. passing only small amounts of urine 2. experiencing burning sensations during urination 3. changes in urine colour 4. swelling of the ankles and rashes or itchy dry skin 5. unpleasant taste in the mouth. 6. High blood pressure.

Like Reply 5 hrs Edited

an initiative of:

Apollo Hospitals Dhaka TOUCHING LIVES

The Daily Star

Experience Apollo Care 10678
* This information is for public awareness only. Advice should be sought from qualified doctors.