

Curly locks

There was a time one would run to a salon as soon as possible to straighten curly hair, but those days are long gone. Why? Because nothing is more fun and gorgeous than curly hair! However, bear in mind that with great beauty comes great responsibility.

Just when you think you have finally learned the art of taming curls, they will find a new way to be unpredictable. As it is more prone to breakage, it can be a bit cumbersome to find the right techniques that work for your hair. So, here are a few tricks to make it easier for you.

THE RIGHT HAIR CUT

A lot of the magic is actually in the haircut. Long layers work wonders for almost every face shape. Those fond of short hair should ask for shorter layers in the back and keep longer layers in the front to add definition to the face, especially for those with round faces. Trim your hair every two months to maintain its texture and avoid damage.



SHAMPOO AND CONDITIONER

One of the most important things that you need to do is find the right shampoo and conditioner. This might take a bit of trial and error but ultimately only you know what suits your curl type. It is usually smarter to use the same brand for shampoo and conditioner as they are designed to work better together. Give the ones specifically for curly hair a shot as they might be able to define your curls better.

Look around a bit until you find the perfect combo and then stick to it. Use a lot more conditioner (preferably non-foaming ones) than shampoo as it will help keep your curls soft by locking the moisture. Avoid products with sulphates, alcohol and salt since they can dry out and damage curls.

Also, pamper your hair with deep conditioning treatments once in a while. Some products that give amazing results are Tresemmé Keratin, Organix, Herbal Essences 'Hello Hydration' and L'oreal Elvive 'Fibrology,' but once again, this may vary from texture to texture.

OIL TREATMENTS

Oil treatments are essential for curly hair. Dove Nourishing Oil Care and Organix Moroccan Argan Oil have some really good reviews. You can also make your own oil treatment using coconut oil, which does an amazing job at leaving your curls softer and more prominent.

Firstly, apply a small amount of unrefined coconut oil and gently massage it from the scalp to the tip of your hair. Then, wrap a shower cap or a towel around it and after 15 minutes, wash it off with shampoo.

Keep styling those gorgeous curls of yours and always remember to take extra good care of them so that they look even more beautiful.

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Photo: Sazzad Ibne Sayed/LS Archive