



CURLY HAIR: STYLE AND CARE

Most of us with curly hair face a lot of problems. Some among us even tend to hate the fact that our hair is curly. Serums, waxes, oils and flat irons - you name it, and we have tried it in the hope of managing our curls. What we do not know is curly hair does not need to be tamed; it needs to thrive!



Some basic tips below will make your locks beautiful and help you prepare for any kind of occasion this winter.

CARE

The most common problem with curls is the frizz that comes along with it. After washing your hair, dry it with a cotton T-shirt instead of a towel. Also, avoid brushing your hair when it's damp; use your fingertips. Use products, especially shampoos, specifically made for dry and curly hair.

To manage fly-aways, use a good quality hair wax when preparing to go outdoors.

Avoid heat as much as possible as it dehydrates hair and damages it. If styling with heat is absolutely mandatory, use a good heat protective serum.

Hydrating treatments from salons are best for treating damaged hair. Before going out into the streets, always wrap a scarf around your hair to protect it from dust.

Last and most importantly, drink as much water as you can! Textured hair

has a natural tendency to lose moisture and become frizzy very quickly. Hazel nut oil is the best for such hair type. Products containing hazelnuts like Nutella are also helpful. Deep conditioning is a must if you stay outdoors most of the time.

STYLE

Before styling your hair, know your hair type first. Short hair styles are trendy and look best with wavy hair. For ringlets, it's best to let the hair free because they look absolutely gorgeous just the way they are.

Long layers work best with long curly hair. However, avoid bangs; go for long layers that line your face. That way your face would look more angular and sharp.

Highlighted roots are ruling this year and look absolutely stunning with curly hair of any length. Also, dark hair colours such as copper and chocolate brown go great with corporate looks.

This fall, instead of confining your hair, unleash it. Love your curls, because it's more of an attitude rather than a style. Being confident with your hair will have a big impact on your self-esteem. With the right hair care and hairstyle, there's nothing a girl or boy cannot do.

- LS Desk

Photo: Archive

১০ এর মধ্যে ৮ জনের মতে*

চুল পড়া নিয়ন্ত্রন করে লক্ষণীয়ভাবে



kumarika

সুস্থ সুন্দর চুল। ন্যাচারাল।



* as per standard testing protocol; with min 3 use/week; individual results may vary.