# 04 LIFE STYLE



#### ARIES

(MAR. 21- APRIL 20)

Your magnetic, outgoing personality will capture hearts. You may get some opposition. Personal changes will be to your benefit. Your lucky day this week will be Monday.



# TAURUS

(APR. 21- MAY 21)

You may jump from the frying pan into the fire if you make a move today. Self-improvement could bring amazing results. Your lucky day this week will be Sunday.



# **GEMINI**

(MAY 22-JUNE 21)

Finish the changes you've been talking about. Travel will promote new encounters and cultural knowledge. Your lucky day this week will be Tuesday.



# CANCER

**JUNE 22-JULY 22)** 

Deception will play an important factor in relationships. Be careful disclosing information. Your lucky day this week will be Friday.



#### **LEO**

(JULY 23-AUG 22)

You should want to feel good about yourself and your goals. Take care of matters involving institutions. Your lucky day this week will be Saturday.



#### **VIRGO**

(AUG. 23 -SEPT. 23)

Consider getting into self-improvement endeavour. Your original ideas and excellent memory will aid your accomplishments. Your lucky day this week will be Wednesday.



# LIBRA

(SEPT. 24-OCT. 23)

Try to curb your bad habits, and compromise if your partner gives you an ultimatum. Deception is evident around you. Your lucky day this week will be Monday.



## **SCORPIO**

(OCT. 24 -NOV. 21)

You will not be pleased with family members who try to put demands on you when you just don't have the time. Your lucky day this week will be Saturday.



## SAGITTARIUS

(NOV. 22 -DEC. 21)

Sudden romance could end just as quickly. Try to get away with your mate. Don't get talked into get rich quick schemes. Your lucky day this week will be Saturday.



(DEC. 22 -JAN. 20)

Someone around you may not be trustworthy. If you are not already, think about going into business for yourself. Your lucky day this week will be Sunday.



### **AQUARIUS**

(JAN. 21 -FEB. 19)

Communication must be open, precise, and honest. Be prepared to overcome frustrations and obstacles at work. Your lucky day this week will be Friday.



(FEB. 20 -MARCH. 20)

Do not over expand if you have your own business. You may find it impossible to get the rest you require. Your lucky day this week will be Friday.







LS PICK

# HOT CHOCOLATE

With winter fast approaching, there are a couple of things you can look to equip yourselves with to get the best out of the oh-so-precious cool months of Bangladesh. One of the very important ones being recipes for hot chocolate! After all, with chocolate and warmth safely tucked away in your treasure chest of super powers, you can take on any challenge life throws at you... Or so I like to think.

Let's get you started with a basic recipe that's bound to be easy to whip up for the laziest of you lot.

## **INGREDIENTS**

2 tbsp unsweetened cocoa powder 1 to 2 tbsp sugar (depending on how sweet you like it)

Pinch of salt

1 cup milk or any combination of milk, half-and-half, or cream 1/4 tsp vanilla extract

# **METHOD**

Whisk together the cocoa, sugar, salt, and about 2 tablespoons milk in a small saucepan over medium-low heat until cocoa and sugar are dissolved. Whisk in

the rest of the milk and heat it over medium heat, whisking occasionally, until it is hot. Stir in the vanilla and serve.

If you like it frothy, blend it in the blender.

This recipe multiplies easily. When you get up to a quart of milk, use 1/4 teaspoon salt.

This one stays pretty much the same when it comes to choice of ingredients, but if you're someone who likes to bring variation to the playground, you'll appreciate the preparations for this:

## **INGREDIENTS**

3 1/2 cups sugar

2 1/4 cups cocoa

1 tbsp table salt

Whole milk for serving

# **DIRECTIONS**

In a large bowl, combine sugar, cocoa, and salt, and whisk to combine well. Store the mixture in an airtight container.

For individual servings, pour 1 cup whole milk into a microwave-safe mug, and microwave on high just until hot. Add 2 tablespoons of cocoa mix, and stir to dissolve. For a larger batch of cocoa,

warm the milk in a saucepan set over medium-low heat, taking care not to let the milk boil; as it warms, stir in 2 tablespoons of mix for each cup of milk.

So there you have it –whether you want to snuggle in bed and watch movies with your loved ones (perhaps just the 'one' if you're a lucky individual during this fine season) or you're just one of those souls who can't wait for some quiet time alone for journaling, be sure to have a steamy mug of cocoa by your side. It'll keep you warm, happy and healthy (yes healthy, cocoa is good for you). Also, if you want to take my advice (I do a lot of experiments on edible entities), be sure to add a personal touch to it like Nutella, almonds, honey, cinnamon, marshmallows or if you're as awesome as me, a tiny bit of red chilli pepper. For ingredients you can always check out your nearest general store, otherwise, Agora, Dhaali, Shopno are good places to look in. Happy Chocolating!

By Madiha Athar Ali **Photo: Collected** 

**EVENT** 

# Little Jewels and a tribute to Anwari Kabir

On the evening of 11 December, 2015 Little Jewels Nursery Infant and Junior School celebrated its 60th anniversary. The event - which was attended by, among others, its alumni, teachers and founding Principal, Anwari Kabir - was held at Hotel Amari Dhaka. The programme was hosted by Justice Syed Refaat Ahmed, who is an alumnus of the school.

The programme started off with a documentary made about the school. The institution is indeed a sparkling jewel, an inspiring success story. The school, which follows the Montessori method of education, started with 56 students and 7 teachers. The institution currently runs in both English and Bengali medium of

instructions. The occasion was not just an anniversary event; it was, in essence, a reunion as well, as it gave the opportunity for many alumni to come together under one roof. Cheers and laughter marked the function as childhood friends caught up with each other.

An activity of the evening involved a few alumni, teachers, parents of students, and other reminiscing their days at the school.

This chapter of the event was a global affair, as alumni from different countries joined in through video conferencing. From confessions of the tricks and antics pulled off to the cherished memories of the founder - principal Anwari Kabir, the evening allowed everyone a walk down the memory lane.

There were also speeches from current students and a choir performance of the

anthem of the school. As a sign of gratitude, Anwari Kabir was gifted two commemoratory portraits

All throughout the programme, the name Anwari Kabir popped up numerous times. From the parents to the teachers to the alumni, everybody had something heart-touching to say about her. Being a social worker, a philanthropist and of course the figurehead of the school, she had touched the lives of countless many, who remain deeply indebted to her.

Therefore, the event was, fundamentally, a platform for the devoted to express their gratitude to this living legend.

With the undying spirit of the compassionate and hardworking Anwari Kabir, may the school live to see many more years!

By M H Haider