



Salt evaporation ponds in Chakaria upazila of Cox's Bazar yesterday. Salt production by local farmers has got a new impetus following the commerce ministry's recent decision to not import the product. There are at least 13 locations across the district, where the ponds were seen, covering around 65,000 acres of land.

PHOTO: BANGLAR CHOKH

Robber beaten to death in Dinajpur

OUR CORRESPONDENT, Dinajpur

An alleged robber was beaten to death and two others were injured by locals in Dinajpur Sadar upazila on Thursday night.

The dead is Sabbir Ahmed, 35, of Bheljan village in Thakurgaon's Baliadangi upazila.

One of the injured robbers was identified as Saddam Hossain of Panchagarh's Debiganj upazila.

Witnesses said some five to six robbers swooped on Tripti filling station at Ramdubi in Dinajpur Sadar upazila around 10:30pm. But locals foiled their

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Remanded accused flees custody

STAFF CORRESPONDENT

An accused on a two-day remand in a human trafficking case gave a sub-inspector (SI) the slip and escaped in the capital on Thursday some time after being brought out without handcuffs from Pallabi Police Station's lockup around 8:30pm.

Officer-in-Charge (OC) Dadan Fakir told The Daily Star that SI Zillur Rahman has been closed for not handcuffing Atiqur Rahman, aged around 30, before taking him out from the ground floor lockup.

A case has been filed against Atiqur over the escape. The SI, also the trafficking case's investigation officer, took Atiqur to the station's first floor and "realised some time later" that the accused had escaped, added the OC without elaborating.

A Dhaka court on December 9 granted the remand, which began the next day.

Police said Atiqur and four men were arrested while a woman was rescued from a house on Avenue 5 in Mirpur 11 on December 8.

Chief justice expresses fear about local body polls

Says there might be injustice, police torture

STAFF CORRESPONDENT

Chief Justice Surendra Kumar Sinha



yesterday expressed apprehension over the municipality polls scheduled for December 30, saying there might be injustice and police torture centring it.

On another note, he also said lawyers should stand by and provide necessary advice to victims of human rights violations.

The chief justice was addressing as chief guest the inauguration of an annual conference of Rajshahi University Law Association (Rula), a forum of former law students, in Supreme Court Bar Association's auditorium in the capital.

He urged lawyers to fight legal battles free of charge for at least one underprivileged person per month to ensure justice for people who cannot afford the services. The lawyers can go to their own localities on occasions, including holidays, to help victimised people in a planned way so that they can become successful citizens, he said.

Butterfly Research Centre opens at JU

6th butterfly fair held

JU CORRESPONDENT



The zoology department of Jahangirnagar University launched the country's first Butterfly Park and Research Centre as several hundred enthusiasts thronged the sixth butterfly fair on the campus yesterday.

With the slogan, "Urley Akashe Projapoti, Prokriti Pay Notun Goti", the Butterfly Fair 2015 was held through display of live butterflies of different colours and patterns, a photography exhibition and competition, a drawing contest for children, butterfly identification competition, a cultural event and a documentary show, all centred around the beautiful insect.

The Butterfly Park and Research Centre was also inaugurated on the occasion.

Convener of the fair, Prof Monwar Hossain, said the centre would contribute to research and conservation of threatened species of butterflies of the country.

The zoology department organised the fair for the sixth time in association with Daffodil International University (DIU), Prakriti O Jibon Foundation, the International Union for Conservation of Nature (IUCN) and private television station Channel i.

Prof Monwar said there were around 304 species of butterflies in the country where JU had 125 species, and in the fair around 1,000 butterflies of 125 species of living butterflies were displayed, including plain tiger, common

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'Stalkers kill' girl's father

OUR CORRESPONDENT, Mymensingh

Stalkers strangled the father of a schoolgirl in Muktagachha municipality of Mymensingh early yesterday, alleged the victim's family.

The 45-year-old day labourer was found dead by the roadside.

Family members said tea stall worker Katu Miah, 26, of Syedpara area, along with his friends Dipu, Ashu, Taher, Rakib and Lal Miah, used to stalk the class V student.

Her father protested it several times but the stalkers threatened to teach his family a good lesson, said the victim's cousin, Monir

Hossain Monu, president of ward no-8 Awami League of Muktagachha municipality.

On Thursday afternoon, when the man with his wife and daughter was returning from a relative's house in a nearby village, Katu waylaid them and beat them up, Monu said.

In fear the girl's father went back to his relative's house with his family and was returning home alone around 2:00am when Katu and his accomplices caught and strangled him, he said.

Jahangir Alam, local ward councillor, confirmed that the girl was stalked by Katu and said the rope used in the murder was

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Boy found murdered in sack inside school

Agitators set fire to the house of accused youth in Meherpur

OUR CORRESPONDENT, Kusthia

A seven-year-old boy was killed allegedly by his neighbour for ransom at Baot village in Meherpur's Gangni upazila on Thursday night.

Antar Mahmud was a second-grader at Baot Government Primary School and son of Kafirul Islam, an expatriate in the KSA.

Locals found Antar in a jute sack in a classroom of the school with his hands and legs tied and a gag in his mouth

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Healthy Living

Unheard of Heart symptoms that should not be ignored

Did you think about consulting a cardiologist the last time you had a jaw pain? Have you ever imagined that something as simple as nausea, indigestion or stomach pain could be an indication of heart disease? Our heart is vital to our health and almost everything that goes on in our body. Without the pumping action of our heart, blood circulation is not possible throughout the body. Symptoms of heart disease are not always obvious or apparent and vary from person to person and by gender. But the interesting issue is that people do not want to admit that they have a heart problem. Heart disease accounts for forty percent of all deaths. However, in many cases a heart attack begins as a mild pain or distress. Here below, consultants from Apollo Hospitals Dhaka tells us about the unheard of minutest agony that may be indications or causes of problems for our heart. Generally, people think some symptoms have nothing to do with our heart. However, here are four heart symptoms that should not be overlooked.



The four symptoms outlined in this article can all be faced by middle-aged persons who have the risk of having heart disease in Bangladesh. The astonishing fact is that such symptoms are faced at a later age (near the age of 60) in the western world. This tells us that people in our country and region need to be more cautious about their lifestyle, do annual health checks and consult with the appropriate doctors at the right time.

In maximum cases the chest pain or heart pain is mistakenly suspected to be a gastro intestinal problem by the patient and also by the doctors. The earlier the right disease is detected the safer the heart will be. According to Dr. A. Q. M. Reza, "Following a heart attack, primary PCI; to do angiogram directly after angioplasty, is the treatment of choice. The patient should be taken to such hospitals where primary PCI is provided."

At any time we may postpone the treatment of heart disease but should remember that serious heart problems lead to sudden death. It is better to be examined by a doctor and know the facts. Quick decision making and early treatment for problems to your heart is essential to saving one's life.

Jaw pain

Though jaw pain as a symptom of heart disease is found in lesser number of heart patients, it is still something to be aware of. In our country, people who belong to the middle age group may face such difficulties. Few nerves which are attached to the jaw are linked to the same ones that come from the heart. Unlike a recurring pain, if the pain pops up every now and then, and gets even worse, it is likely to be heart related. Dr. Kazi Atiqur Rahman, Senior Consultant-Cardiology states, "If someone feels the jaw pain is constant, chances are it's related to pain in the tooth or gums. But when he/she feels like something is catching at the jaw or feels heavy at the jaw, they should immediately go for further consultation to a cardiologist."



You Get Exhausted Easily:

People get tired or exhausted easily when they have a weak heart. Dr. Kazi Atiqur Rahman said, "A weak heart cannot pump blood and circulate it throughout the body efficiently as a result the oxygen will be less all over the body and person will get easily tired. At the very primary stage he may go to a consultant of internal medicine." Sometimes patients with diabetes, with low hemoglobin in blood, lung problem or infected kidney may feel disturbed sleep patterns, unusual tiredness, shortness of breath and indigestion. Dr. A. Q. M. Reza, Senior Consultant - Clinical & Interventional Cardiology, informed around twenty percent of heart patients initially face the problem of shortness of breath due to heart block or weak heart muscles.



Snoring:

Snoring is considered as a normal part of life for many individuals. However, what you may not know is that unusually loud snoring can be a sign of heart disease. When we snore we stop breathing for brief moments several times at night during sleeping. This puts extra stress on our hearts. Dr. Kazi Atiqur Rahman shares, "Heart disease does not cause snoring but snoring may cause heart problems." Doctors can recommend whether you need a sleep study to see if you have this condition. If you do, you may need a CPAP machine to smooth out your breathing while you sleep. Snoring is not a symptom but it can indirectly affect the heart. Those who snore may face heart problem. Dr. A. Q. M. Reza said, "Those who snore cannot have sound sleep or their sleep pattern may not be good as a result the blood pressure increases and affect the heart."



Nausea, Indigestion, or Stomach Pain

It's easy to mistake symptoms of nausea, indigestion or stomach pain from a heart disease for other problems, especially when it occurs without chest pain. Stomach pain may not always be for a dismayed stomach, it may be an alarm from our heart to get our attention.

Women are more likely to report this type of symptom than men and this symptom is more common compared to jaw pain.

Of course, one may have an upset stomach after taking a bad meal. Dr. Kazi Atiqur Rahman said, "When someone is feeling stomach pain or nausea and the antacid does not lessen the pain, he might be facing heart problems. Always be open to a second opinion and consider getting one from a cardiologist."



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* This information is for public awareness only. Advice should be sought from qualified doctors.