

# STAR WEEKEND

in other news...

October 23, 2015



## ON A SPIRITUAL JOURNEY

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PHOTO: PRABIR DAS

**M**edhashmunir Ashram, one of the most significant Hindu pilgrimage sites, is a mountain retreat situated in Boalkhali, 22 miles away from Chittagong, on top of the Karaldanga hill. The Hindus in Bangladesh revere this place, as legends claim that this is the birthplace of Bashanti Puja, the celebration of Durga Puja during spring. Even though the ashram is

considered to be one of the principal pilgrimage sites for the Hindu community, after Chandranath temple in Sitakunda and Adinath temple in Maheshkhali, people know little about its history and existence. While Bangladesh is getting ready for next year's Tourism Day, with its project 'Visit Bangladesh 2016' that aims to bring the tourism sector of the country in the forefront, by emphasising on the natural, archaeological and cultural assets that we are blessed with, the ashram committee believes that Medhashmunir Ashram has a great prospect for spiritual tourism if proper attention is given. Read more about this slice of heaven in Boalkhali in this week's spotlight on pages 8 and 9.

### 3 A POET'S SAGA

Discusses Shamsur Rahman's (one of the key figures of modern Bengali literature) life as a journalist.

### 4 SAD BUT TRUE!

Gives you advice on why you should limit your junk food intake.

### 6 THE LOOMING THREAT

Talks about how terrorist activities of several armed separatist groups of Myanmar have been threatening Bangladesh's national security.

### 13 DHAKA 100 YEARS AGO

Recommends you to read the book "Dhaka Panchas Baras Pahle" (Dhaka 50 years ago) that has been translated to Bengali by Dr Mohammad Rezaul Karim to learn more about how Dhakaite lifestyle used to look like more than a hundred years ago.

INSIDE

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