

# How to Deal with Your EX-GIRLFRIEND GETTING MARRIED

ARMAN R. KHAN

Twenties is a tough time for men. Sooner or later you'll discover through numerous posts on Facebook that your ex is getting married, while you are just scrolling down and liking cat pictures. The feeling of helpless loneliness of that can be overpowering.

Right from the moment you hear that your ex is tying the knot, you'll find that your attraction towards her has mysteriously gone up tenfold. No, no, no; don't even consider going and confessing your love for her in front of everyone. Life is not a Bollywood movie; you'll end up making a fool of yourself. Here are some steps to help you get over the "I'm such a loser" phase.

**#1. Make a list of her cons.** Firstly, you need to remind yourself why you are actually better off without her. So make a list of anything and everything about her that you dislike. Don't write anything positive about her, just the negatives. Does she judge people based on appearances? Write that down. Does she laugh funny? Write that down. Is she an avid lover of the 50 Shades trilogy? Why aren't you writing all these down already?

**#2. Send her a congratulatory message,** even if it kills you to do so. Why? To show her that you are over her, and to subtly convey that you aren't

bothered the least bit. This in turn will bother her. You know, reverse psychology and all. And it will specially sting her if she's trying to rub her newfound happiness in your face. Keep the message



simple, but add a little twist that leaves her hanging, like "Hey, congratulations! I'm really happy that you finally found someone to share your life with." The operating word here is *finally*. Who's having the last laugh now?

**#3. Block her.** If things had ended with the two of you calling truce and remaining "friends" on Facebook, now is the time to

let her out of your sight for good. You don't need to see a gazillion pictures of her wedding and marvel at how pretty she looked in her wedding dress, or how she's enjoying her honeymoon, do you?

Unfollow her, unfriend her, block her. Also unfollow her best friends or those who will possibly post a hundred pictures of your ex's entire wedding saga. They're all dead to you from this moment on, you hear me? DEAD.

**#4. On the wedding day, buy yourself some *kacchi*.** I'll just go ahead and assume that you weren't invited to your ex's

wedding. In case you were, I hope you aren't considering going. But why should that stop you from having the *biye-bari* food? Go get yourself some good *kacchi biriyani* and *borhani*. In fact, gather up your buddies, head over to Puran Dhaka, and claim, "Tonight, we feast like kings!"

I would ask you to throw a shindig on the day of her wedding and to invite all your mutual friends, but we both know you probably don't have that much dough in your pockets. So settle for the *kacchi* and *borhani* instead.

**#5. Finally, man up with some guy movies.** Be it the Mission Impossible films, Rambo trilogy, or anything else, every guy has some favourite action movies that they can watch any day, any time. So select your favourite action films and go for a marathon, and keep watching them till your testosterone levels go so high that you become Vin Diesel overnight.

If you tried all of the steps but still can't get over your ex-girlfriend getting married, get a big box of ice cream, turn on a chick flick and cry yourself to sleep. Embracing your feminine side helps, I hear.

*Arman R. Khan is a caffeine addict, a dreamer and a culture enthusiast who takes life one day at a time. Correspond with him at arman.rahman.khan@gmail.com or tweet @ArmanRK*

# When Not to Use *Sarcasm*

SHOAIB AHMED SAYAM

Everyone likes to be funny and witty from time to time, and there are many ways to bring out your inner Jim Carrey. Making puns, cracking jokes, and using sarcasm. But sarcasm is like a double-edged sword, it can make you the funniest guy in the party or the guy who has a few screws loose. It's important to learn the art of sarcasm, and when not to use it at all. Let's focus on the latter and save ourselves from utter humiliation.

**At a funeral:** Someone just died. Everyone's mourning his/her death, they're sad, some of them are even crying. Do you really think you're funny enough to lighten the mood, that too by using sarcasm? "I can always try." Please, don't. Unless you can bring the person back to life, nobody's going to be happy with your "at least, he doesn't have to pay taxes anymore" joke. And later on, the spirit of the deceased will haunt you forever.

**During an interview:** You have no money and depend on a daily dosage of instant noodles to keep you alive. You applied for a job that pays well and they called you in for an interview. This is a moment that can change your life. Do you really want to risk it? What if the interviewer has a dry sense of humour? Usage of light sarcasm is safe, but if they ask you, "Where do you see yourself in

the future?" your response definitely shouldn't be, "At my desk, browsing Reddit."

**Talking to your parents:** Parents have a tendency to take everything seriously. We already have to deal with endless lectures and criticisms from them. Why

would you want to give them more opportunities? Just answer their questions in a straightforward fashion and you'll be fine. If they question where you're going, don't tell them you're going to Pakistan. They'll just think you're being rebellious, and won't get your quirkiness.

**Meeting strangers:** When we meet strangers, we try to be on our best behaviour. Formal and polite, nice and collected. Sarcasm does not go well with all those attributes. Just follow the rules and make them your friends, then they'll have to bear you whether they like it or not. You can end up being friendless if you do it incorrectly. Then no one will know how hilarious you are.

**Talking to your teachers:** You really are gutsy if you plan on being sarcastic with your teachers. I mean, it takes only one excuse to get on their bad side. They can make your school life a living hell. They'll give you punishments, take you to the principal's office, call your parents, they can even expel you. Is it worth the chuckles you'll get from your classmates? Maybe if you're aspiring to become a stand-up comedian, otherwise, be a boring nerd and stay in school.

**In a road accident:** You're dying! A bus just hit you and drove off. You're gasping for your life. A person comes up to you and asks, "Are you okay?" you respond, "Never been better." You paid the ultimate price, and he didn't even laugh.

*Shoaib Ahmed Sayam doesn't need coffee because he stays up all night anyway, doing the things he should be doing during the day. Send him John Cena memes at facebook.com/ooribabamama*



**Caution: Don't be this guy.**