

IFTAR AT DHABA

When Dhaba first arrived on the scene, it blew us away with its mouth-watering innovative and, above all, affordable cuisines. Dhaba was the one who set the trend, which so many restaurants now follow. Every Ramadan an iftar at Dhaba is a staple for all generations.

This year they are once again setting the trend with a special iftar menu and two raffles; one exclusively for women.

The iftar menu features new additions including zafrani and kalojeera jalebi, vegetable pakora and kulfi kesar pista/mango. They also have a special item, the Dhaba special jeera chicken bhuna and two luchies made especially for iftar at the cheap price of Tk400. A new addition this summer is the introduction of small size rolls. All items are freshly made including the yoghurt, which is prepared by BRAC everyday.

Alongside this, there are four set menus at Tk230, Tk250, Tk360 and Tk400. They are packed with enough goods to fill you up till seheri. The regular menu is also available

beside the specials.

The raffle sponsored by M M Ispahani, IFAD, Meena Herbal, Farzana Shakil and Ayurveda Research and Health centre is a new feature this Ramadan. Tickets are automatically bought if you spend Tk2000 or more.

Prizes include a Television, DVD, Dhaba gift voucher or IFAD gift hamper. Another raffle is available only to women. If you spend Tk1500 or more you get the chance to win Meena Herbal hamper, Farzana Shakil or Ayurveda gift card. The raffle will be drawn three days before Eid. Unfortunately tickets are only available for purchase at the Dhanmondi branch. Bookings are available, but must be set a day ahead.

Address: House#89/2, Road#12/A, Dhanmondi, Dhaka-1209. #01783-391571; or log onto

facebook.com/DhabaDhanmondi

By Daneesha Khan

Photo: Shahrear Kabir Heemel

Food prepared by: Dhaba, Dhanmondi



I am 36 and I have started developing some wrinkles recently. My skin looks very dull and I think I am aging before my actual age. Most of my friends, even my elder cousins look younger than I do. By profession, I am a banker, happily married but I don't know why I'm aging so fast. Is there any solution? How can I look better within a short period of time?

-Ms. M, Gulshan-2

Dear Ms. M, I can understand your situation. Many of us are aging faster and can't accept the recent image reflected on our mirror. It reduces our confidence level and makes us low-spirited. I would recommend you to go for BOTOX as it vanishes or reduces the fine lines within a day and lifts the face in 2 weeks. This FDA approved treatment is very easy and safe and takes only 15 minutes to do. Meanwhile, you can start using some Anti-aging and brightening products that will supple your skin and enhance brightness. After a week, you can do a skin resurfacing laser or a medium depth peel for further rejuvenation and evenness of your over all skin.

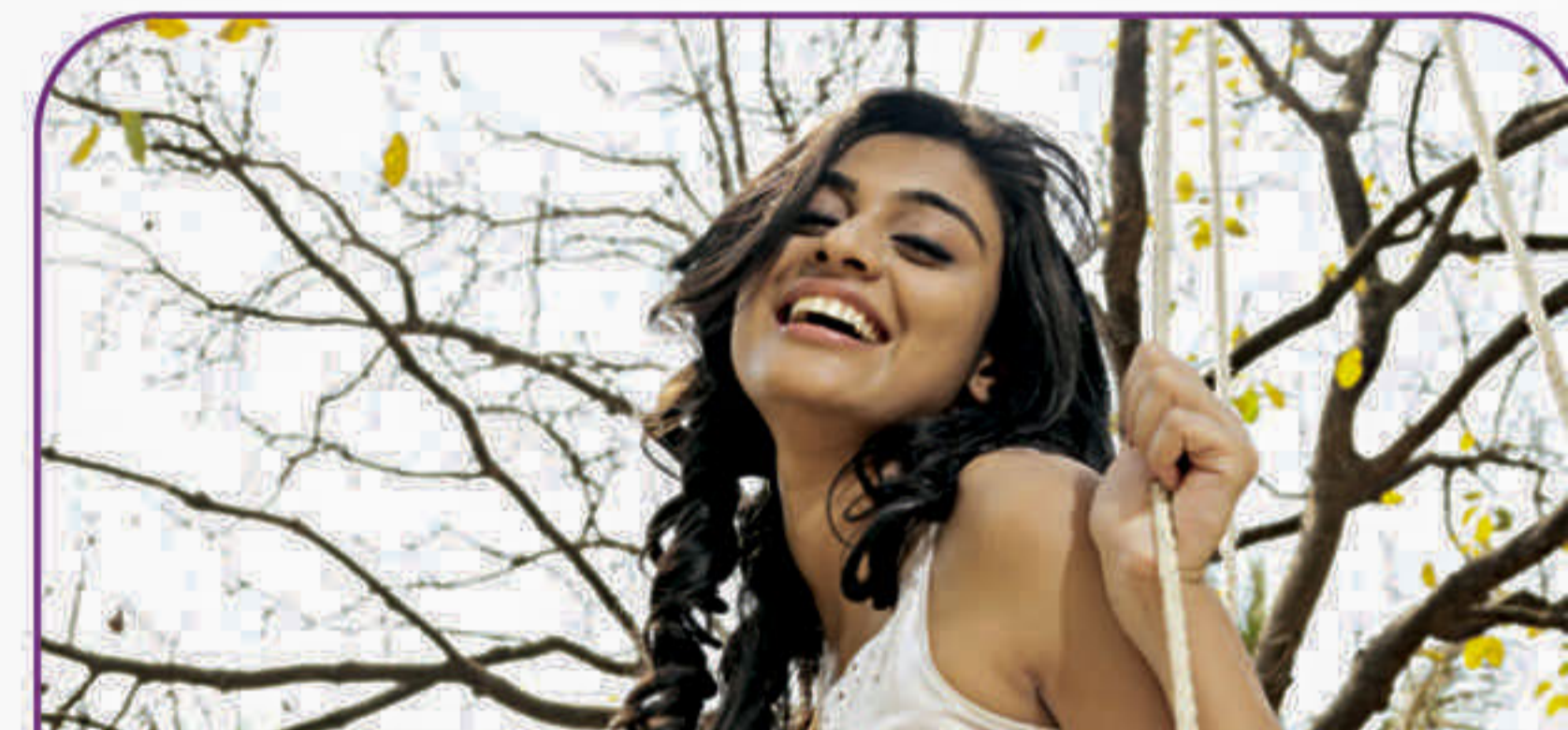


To prevent aging, try to follow a healthier life style which includes going to bed early and waking up early, taking caloric restricted diet, lots of physical activities, taking supplements and loving yourself more and your family. Take care.



Dr. Jhumu Khan

MBBS (DMC), DCD (UK), MSc(Germany) Board Member WOCPM, Diplomat (WOSAAM) Dermatologist, Anti aging & Regenerative Medicine Specialist



ANTI AGING | Botox | Filler
Thread Lift
Eboo Therapy

Get **10%**
Ramadan
Discount

**Dr. Jhumu Khan's
Laser Medical**

NEW LOOK NEW LIFE

Gulshan: 01711660938 | Dhanmondi: 01727001199

f /lasermedicalcenter