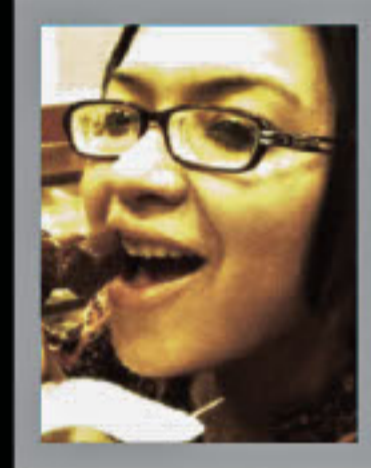


BEAUTY MAKE IT OR BAKE IT
BY SHARMIN RAHMANGroup Creative Director,
Asiatic JWT

Easy bake

The art of home cooking lies in spontaneity and ease. You bring out things from the fridge and cook it in easy steps while managing other household chores, keeping the television or your music system on after returning from office, irrespective of whether the food you are preparing is for your family's consumption or to entertain friends on a weekday. You may think it is not as easy after a nerve-wracking day at work and fighting the terrible traffic back to your home. But only if you shift the cooking from your blazing gas-stove to the mighty oven, you can save yourself from the heat of your 'chula' (stove) and the boredom of the preparing the same dish every night.

Baking is blissful for us working class folks. You just prepare the food, put it inside the oven, set the timer and go for your 'me time' - a prolonged shower, catching up on social media or reading the article that caught your attention in the morning.

Here are two simple recipes for any day of the week or for a weekend lunch; just add a salad and enjoy a sleek and healthy menu. The beauty of these recipes is that you can prepare them and keep them in the fridge before you are out to take on the world and then bake them when you come home.

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