

CARL JUNG

26 July 1875 – 6 June 1961

Prominent Swiss psychiatrist and psychotherapist Carl Gustav Jung is known for his enormous contribution in analytical psychology. His work has been influential not only in psychiatry but also in philosophy, anthropology, archaeology, literature, and religious studies. He was a prolific writer, though many of his works were not published until after his death.

THEORIES

- The concept of introversion and extraversion.
- 2. The concept of the complex, a grouping of interrelated unconscious

elements.

3. The concept of the collective unconscious, the primordial realm of archetypes, which manifests in all people.



EVERYTHING
THAT IRRITATES US
ABOUT OTHERS CAN
LEAD US TO AN
UNDERSTANDING
OF OURSELVES.

YOUR VISION WILL BECOME CLEAR ONLY WHEN YOU CAN LOOK INTO YOUR OWN HEART. WHO LOOKS OUTSIDE, DREAMS; WHO LOOKS INSIDE, AWAKES.

THE HEALTHY MAN DOES NOT TORTURE OTHERS – GENERALLY IT IS THE TORTURED WHO TURN INTO TORTURERS.

SOURCE: WIKIPEDIA AND BRAINY QUOTES

JUST A THOUGHT

was making my way to an important meeting at work from Gulshan to Kawran Bazaar. Usually it takes me about an hour to get to work but today I was stuck in front of the PM's office for over an hour because she had decided she was going somewhere and the roads needed to be cleared for her. Needless to say, I missed my important meeting and my boss almost fired me. This, of course, happens quite a lot in our city and every time, it gets me thinking what if there is an emergency and someone who needs to get to a hospital or the airport etc get stuck because our Prime Minister thinks she can't rub shoulders with us commoners by sharing the road with us. She is quite fine with subjecting us to ridiculous traffic but God forbid she has to experience the same thing herself!



EXTREME CRUELTY

was driving past the pet shops in Kataban when I noticed a tiny puppy locked in a small cage, barely big enough for him to stand, placed on the divider across one of the pet shops. The puppy was scared and crying everytime a big car passed by. The day was hot and the sun was glaring directly on the poor thing. On top of that, there was no



PHOTO: STAR FILE

food or water in the cage. I know these pet shops are the worst but I never thought things were this bad. This is extreme animal cruelty and I think these places should be shut down immediately. I am truly disgusted by what I saw. *Shobhon Ahsan*

Dhanmondi, Dhaka