

WILL YOU RE-THINK THAT BREAKUP?



I'M JUST SAYING

While some relationships end with you thinking "never again!" there are some breakups that leave you wondering if the relationship deserves a second try.

Your ex may be begging for another chance or that voice inside your head may be certain that it will work out if you just try again. If you are thinking about getting back with your ex, there are a good number of things to consider.

Many of us tend to be in a vulnerable state post breakup. Soon after a breakup is not the right time to make this decision as there's a high chance you won't be thinking rationally. It's wise to wait a few weeks and clear your head before you come to a definitive yes or no. Hence the

common line "maybe we should take a break for a while."

If you're asking yourself how worthy the relationship is of a second chance, ask yourself why exactly you broke up in the first place. What were the recurring problems in your relationship? Are these problems impossible to solve? If not, it's time you guys consider working on them. Ask your ex where he/she thinks things fell short. Before you two decide to commit for a second time, you need to discuss these issues. Communicate and see if it seems like your ex is willing to work on the issues as you definitely don't want the same problems to be repeated. At this stage lies and promises that are bound to be broken will prove you're wasting your time re-thinking the break-up. Alternatively ask yourself if

you'll truly try to improve, otherwise you will just end up back at square one – broken up, miserable and wondering what went wrong. If the breakup was due to something your ex did and you can't seem to forgive him/her for it, there's no point in dating this person again.

Sometimes people may be thinking about patching up after some time. Running into your ex after years and instantly remembering the good old times doesn't only happen in movies. Perhaps you had broken up for petty reasons and here you are now, more mature and willing to give it another shot. This could be a no-good idea if your ex changed a lot and there's little or no compatibility between you anymore. If you don't feel like they are the same person now, it's a good idea to

spend some time as friends and get to know each other again to see if you want to be a couple.

Taking a second opinion may help if you find yourself sitting on the fence. A part of you may want to walk away while the other wants get back in the relationship. Talk to a friend, preferably someone you've spoken to about this relationship before. Hopefully this friend will be able to predict the pros and cons of dating your ex again, provided they know a bit about previous problems you had faced. But in the end it's your decision to make so think about it and trust your intuition.

It's true that no relationship is perfect initially, so it's okay to want a second try. However don't neglect the importance of communication and remember — it's better to take it slow.

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