

**CITY CORPORATION ELECTIONS 2015**



Dhaka city voters write down their expectations of and good wishes for Awami League-backed mayoral candidate Annisul Huq on a kilometre-long canvas at Manik Mia Avenue yesterday. Titled "Kemon Dhaka Chai", the programme was organised by Dhaka Nagorik Samaj, a platform of civil society members supporting the ruling party affiliated contenders.

PHOTO: PALASH KHAN

# Rizvi denied bail again

COURT CORRESPONDENT

A Dhaka court yesterday again rejected the bail petition of BNP Joint Secretary General Ruhul Kabir Rizvi Ahmed in three more arson cases.

The three cases were filed on January 13, 15 and 24 this year with Mohammadpur and Mirpur police stations in connection with arson attacks on buses.

The court passed the order after Rizvi's lawyer submitted three appeals against the lower court's rejection order on different dates. Earlier on April 5, the same court rejected

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## CANDIDATURE REJECTION HC summons Dhaka divisional commissioner for explanation

STAFF CORRESPONDENT

The High Court yesterday asked Dhaka divisional commissioner Zillar Rahman to appear before it on Sunday to explain cancellation of a ward

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# Dhaka buzzing with campaigns

STAFF CORRESPONDENT

Amid relaxation of a long-running crippling blockade, Dhaka has started bristling with activities, as the campaigns of mayor candidates for the April 28 city corporation election pick up.

The official campaign entered its third day yesterday, when contenders backed by both Awami League and BNP were seen talking to people, distributing leaflets, and holding street rallies.

Mostly they listened to the problems of the city dwellers and shared their future plans.

Anisul Huq, AL-blessed mayoral hopeful for Dhaka North City Corporation, yesterday started his campaign from Mirpur Sangbadik Colony.

He held a views exchange meeting there with an organisation working for development of slum dwellers, and vowed to work for their betterment.

Anisul also shared opinions with garment workers there before joining a programme of Dhaka Nagorik Samaj, a platform of civil society members that support the pro-AL

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## Guard poll centres till declaration of official results

Manjur urges people of Ctg

PRANABESH CHAKRABORTY, Ctg

Accusing pro-Awami League men of intimidating BNP adherents, Chittagong city mayor candidate M Manjur Alam yesterday urged the people to keep guarding the polling stations on election day until the results are declared.



He did not specify any threat but said, "It is not sufficient to only vote for me."

The BNP-backed contender made the call at separate meetings with salt and construction workers at his Kattali residence, where Laban Sramik Dal Convener Md Shah Alam and Nirman Sramik Union Organising Secretary Md Hanif were present among

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## Development of wards will be based on priorities

Says Nasir

ARUN BIKASH DEY, Ctg

Chittagong city's Awami League-backed mayor candidate AZM Nasir Uddin yesterday pledged that he would give priority to the development of disadvantaged wards.



Campaigning in Ward 1 (South Pahartali) and Ward 2 (Jalalabad), he said the last mayor, M Manjur Alam, allocated money equally to each of the 41 wards, and so these two wards "could not be developed" at the desired pace. "But I will give allocation on a priority basis."

He added, "I am assuring you of performing my duty with 100 percent transparency and accountability."

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## Faculty Search

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- **Faculty of Business Administration:** (MIS and Operations Management)
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**Professor**  
PhD/DBA or an equivalent degree in relevant discipline from reputed foreign university with a minimum 12 years of professional/corporate experience of which at least 7 years must be in active teaching in the post of an Assistant Professor and or above (of which at least 2 years must be in the post of Associate Professor) and minimum 15 publications in standard and reputed academic journals. Applicants must have first classes/divisions in all examinations.

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PhD/ DBA/ MBA/ Masters in relevant discipline from reputed foreign university with a minimum 3 years of professional/corporate experience and minimum 3 publications in standard academic journals. Applicants must have first classes/divisions in all examinations.

**Lecturer**  
MBA/ Masters with Bachelor/ Honors in relevant discipline with strong academic background having a minimum CGPA of 3.80 in a scale of 4.00. Applicants must have first classes/divisions in all examinations.

\* Some of the requirements may be relaxed for candidates with greater experience. Attractive salary package with fringe benefits including house rent, medical allowance, provident fund, group insurance, gratuity and yearly two festival bonuses as per University policy. Salary negotiable in case of deserving candidates. Applicants are requested to apply with full CV, a signed application letter, attested photocopies of all academic records and 2 (two) copies of recent passport size photographs within **28th April, 2015**; to **The Vice President, Human Resources**. Please write the name of the position applied for on top of the envelope. Applicants residing abroad may send their detailed CV and application to [hr@aiub.edu](mailto:hr@aiub.edu) and rest of their documents by post. Only Short listed applicants will be contacted for interview. Confidentiality of the applicants shall strictly be maintained.

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## PRODUCING LESS BUT THE BEST

**- Abdul Gofur, a fish farmer**

Bangladesh has over forty types of fresh water fish including Rui (Rohu) and Katal (Katla). This source of protein is pre-dominant in the Bangladeshi food culture and is versatile in its preparation. Simply just fried, cooked in a conventional spicy tomato or mustard based curry or even yoghurt based one; even the most finicky eater will love these fishes prepared in a certain way. Rui and Katal are healthier alternatives to its other protein counterparts as it not only contains high levels of it but are very low in saturated fats. These fishes also supply essentials such as amino acid, minerals and Vitamin A and D, the combination of which benefits with weight loss, enhancing the immunity system, cell growth, muscle development and vision. Daily intake of fish elevates human absorption rates up to 96% and regulates the sugar in our blood. Fresh water fish also contains sulfur that is helpful for cartilage, skin, hair, nails and provides a further combination of nutrients.

If you notice most patients hospitalized are served Rui and Katal for their lunch or dinner meals. This is because it is a clean source of protein and fat. To be more precise, Katal is a fish with more fat content but with the good kind, (Omega 3 fatty acids). Patients suffering from Hypo-Proteinemia (protein deficiency) are prescribed high protein diets which usually include eating a lot of fish instead of red meat or eggs because of its high protein content and low cholesterol count. There are still many out there who do not know that the best way to get your daily dose of Omega 3 fatty acids is through fish. Omega 3 fatty acids are believed to fight against heart diseases and the aging process. It aids with lowering blood pressure, reduces arthritic pain and proves circulation as well as brain function. Thus, it is important to always buy fish that is of the freshest kind and not tainted with formalin or other preservatives.

All the Rui and Katal fish that Shwapno provides to its customers are brought in from Rajshahi and Natore. Abdul Gofur is one of the many fish farmers that supply Rui and Katal. He farms these fishes in ponds that are about one to six acres. The fish are fed, khoil, chhata chaal and regular fish feed. Every batch of fish that is farmed is checked on a monthly basis by dragging the nets out from the water. Fishes that are bigger in size are separated from the smaller ones and returned back to the ponds to be farmed further. According to Abdul Gofur, it can take from three months to two years before a fish is ready to be sent to the store. When the fish is ready to be sold, they are transported via trucks that have three feet make shift pools built in. It is important that the fishes are alive when they reach Dhaka as Shwapno only accepts live fish. They believe in delivering the freshest of fish to their customers.

People who eat these fishes on a regular basis are also consuming a combination of vitamins and minerals such as B1, B2, B3, B5, B6, B12, iron, magnesium, phosphorus, zinc and selenium. They decrease the rates of many mental and physical diseases such as Beriberi, Dermatitis, Dementia, Diarrhoea, Stomatitis, Glossitis, Pellagra, Neuritis and Anemia and also prevent infertility.







Photo: Milton Talukder

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