

A Bengali household finds great joy in preparing and eating food and most of our festivals revolve around traditions that showcase our rich food heritage. The Bengali New Year is no different.

you can order and customise the flowers into any design you want. Add a pop of colour with rose buds for earrings, white jasmines to adorn your hands and a halo of flowers over your head.

HANDMADE CRAFTS

Boishakh is just not complete without a hand woven fan or "taal pakha" fanning away the lone tendril that promises to come loose. The summer heat cranked up on high, a "taal pakha" is a must have on Pohela Boishakh. Along with this, Bangladesh has a wide array of handmade crafts that can be used to decorate the house. Mats, bronze candle stands and ornaments are all available in stores like Jatra, Aranya and Aarong. One can also opt to buy clay dinnerware adding a traditional touch to Boishakh meals. Most clay items are available near Shahbagh, Dhaka University and Shishu Academy in Dhaka for bargain prices. With this come our local toys – the tepa putul, dolls made from old rags, wooden swords and lots more. Look around a bit on the roads, and you might just find the toys your mother speaks of from her childhood.

FROM PAGE 19

Some things are just part and parcel of who we are – so here are a few items that you might want to keep a look out for this boishakh.

THE EDIBLES

This Boishakh, go all out on a shopping spree sourcing the freshest and most local produce. A drive away from the city will land you in one of the countless local bazaars—a common scene in rural Bangladesh. Fill your bags with seasonal red tomatoes bursting in flavour, a heavenly mix of sweet and sour, add some green chillies to that, fiery and fragrant they promise to elevate every dish you cook. Or maybe buy some eggplants; grilled over a fire till they are nice and soft and eaten with piping hot rice. A Bengali household finds great joy in preparing and eating food and most of our festivals revolve around traditions that showcase our rich food heritage. The Bengali New Year is no different. The must-haves on your list are "shutki" (dried fish) and various kinds of "bhorta" all mixed with a good dash of mustard oil. The highlight of the new year, however is the king of all fish—hilsha. A quick drive to Mawa Ghat will answer your woes. Here you will find not only a selection of the freshest and oiliest hilsha on offer, you will also find a wide variety of other fish fresh off the boat. A little bit of haggling and bargaining will result in one of the fishiest Boishakhs you have celebrated. Apart from these, Pohela Boishakh brings the first of the raw mangoes to the local bazaars, a bag full of these and you are all set for a Boishakh fiesta.

For a quick bite, stop for some sugary delights. Grab our local malai ice-creams served on banana leaves or grab a quick whey (mattha) to whet your appetite.

FLOWERS

Nothing accentuates the beauty of a Bengali woman more than flowers. Floral ornaments are a must-have for most Bengali women, be it to deck themselves up, or to decorate the house. The streets of Farmgate are transformed in the early mornings as shipments of flowers in every size and colour imaginable arrive from all over the country. From here they go to all places in Dhaka, among them one of the most popular destinations—Shahbagh. Here





