



PHOTO: INTERNET

CANDY CRUSH CHRONICLES

I am a Candy Crush freak! That is, I fight to get to the next level right after I wake up in the morning, on my way to work, during lunch breaks and also right before bed. I work at an office in Badda, which deals with online digital content. My colleagues and I usually walk to a nearby restaurant to have lunch every day. Last week, while walking to lunch, I was playing Candy Crush on my mobile phone. I have used the same route to lunch so many times, that I could now play, walk and dodge rickshaws at the same time. But suddenly, a bike came from nowhere, snatched my mobile phone and fled the scene! I was shocked for a second or two, and then ran in front to maybe catch a glimpse of the biker. But alas! I was heartbroken, especially because I was about to complete level 201! I have learnt my lesson however. I will never play Candy Crush and walk to lunch, ever again. Better still, I think I will bring packed lunch from home!

Arif Rahman
North Badda, Dhaka

THERE IS HOPE FOR US YET

Yesterday as I was passing through Farmgate, I noticed, in an adjacent alley, a young man carrying an injured puppy and about four or five people following him. There was freshly spilt blood on the entrance of the alleyway. I gathered that the poor puppy had been run over by a car. The young man was trying to save the puppy by pouring water on its head and anyone could see he was trying desperately to save



PHOTO: ANURUP KANTI DAS

the puppy. The mother of the injured puppy sat still at distance, probably sensing these human beings were not like the cruel car owner. After a while, the injured puppy managed to stand up and take one or two feeble steps. The young man's eyes lit up with hope. The sympathy and affection of the people gathered there, was heart warming. It is true that our society is full of people like the car owner who will run over anyone, human or animal, and drive away without any remorse, but it is good to know there will always be people who will come forward to help even a stray dog.

Saif
Dhaka

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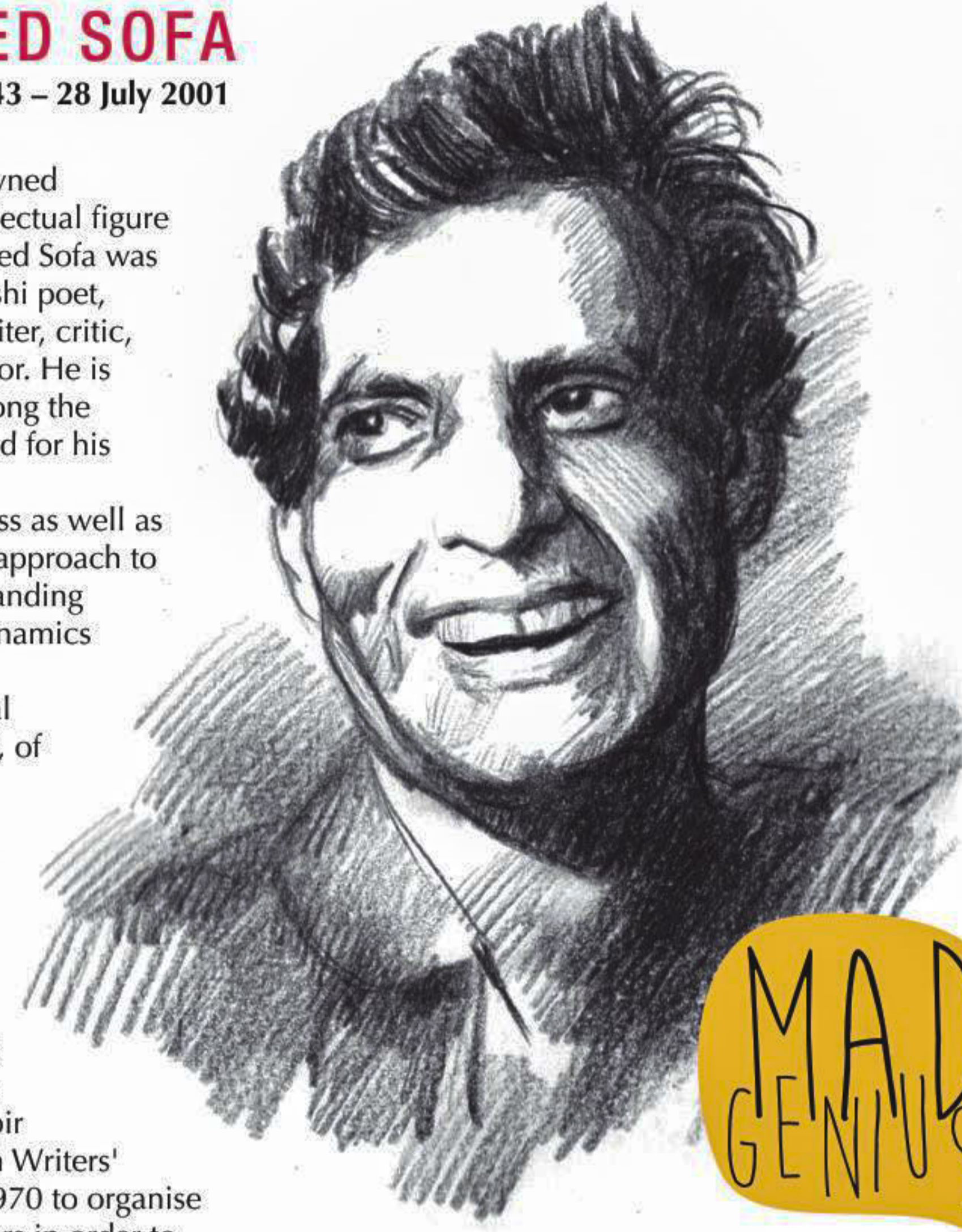
go beyond

GREY/GP/2015

AHMED SOFA

30 June 1943 – 28 July 2001

Renowned intellectual figure Ahmed Sofa was a Bangladeshi poet, novelist, writer, critic, and translator. He is famous among the young crowd for his intellectual righteousness as well as his holistic approach to the understanding of social dynamics and international politics and, of course, novels, poetry, and non-fiction essays. Sofa helped establishing Bangladesh Lekhak Shibir (Bangladesh Writers' Camp) in 1970 to organise liberal writers in order to further the cause of the progressive movement.



SKETCH: YAFIZ SIDDIQUI

MAD GENIUS

“I come from a family of farmers. It is very hard to overlook this fact. My forefathers had been directly involved with agriculture. I feel proud to be a part of my family. I want poor farmers and labourers to eat rice and sing in a jovial mood.”

In search of art and literature, some seek to step beyond the home, and some seek to return; success depends on the extent of each man's journey.

SOURCE: WIKIPEDIA AND BRAINY QUOTES

AN APPLE A DAY



PHOTOS: KAZI TAHISIN AGAZ APURBO

FOR A HAPPY AND HEALTHY YOU

NAZIBA BASHER

Every time summer is around the corner, some complications everyone seems to face during this abominable change in the weather is skin and hair related. During hot days, the pores in our skins are most likely to trap moisture and along with that, the dirt in the atmosphere-add to that the oil released from your pores and voila! You end up with the worst acne breakout of the year. The best way to keep this from happening is by washing your face, as many times a day as possible. Constantly cleaning and hydrating your



PHOTOS: MD ATA ISLAM KHAN MOJIBUL

pores will keep the dirt from collecting. One tip that can really pull you through this weather is first washing your face with warm water or use steam- both of which open up your pores- and then using your desired face wash, and finishing up by washing your face with cold water- which closes up your pores. It's best to use a benzoyl-peroxide cleanser. It is also advisable to use sunscreen lotion and creams, to avoid uneven skin tones.

You can beautify your skin from the inside too, with lots of fresh fruits and vegetables and less intake of fried food and aerated drinks. Besides glow-getting ingredients like vitamin C or A, leafy greens are a great source of oestrogen, and also keep your digestion in check, which can help with keeping your skin fresh. A really good facemask one can use to remove oiliness is a carrot face mask. For it, you'll need 1 or 2 fresh carrots (grinded) mixed with a tablespoon of

honey. Keep the pack on your face for 15 minutes, wash with cold water and you'll be left with fresh, healthy and soft skin.

Heat from the sun degrades the protective protein in your hair, which oxidizes the colour to a brassy hue, wipes out shine, and leaves locks brittle. The best way to protect your hair, believe it or not, is by keeping it covered. Not only does it keep the sunlight away, it will also trap the moisture on your scalp and keep it hydrated. It is also most necessary to keep your scalp clean, which means more showers. And to beat the frizz, make a concoction of water, aloe-vera juice, and avocado oil. Keep it on hand to spritz whenever a bit of moisture or control is needed.

So there you have it- some tips and suggestions to make this climate change slightly more bearable for you. With happy and healthy skin and hair, you can be sure to find a happy and healthy you.