

CHECK IT OUT

Lovas offers discounts for International Women's Day

LOVAS Spa and Beauty Parlour is offering 30% to 50% discount on the occasion of International Women's Day. Lovas is also offering new hair, make-up and beauty packages. With every complete package, hair colour and haircut by Lakme professional hair dresser and a foot massage are complementary. Fruit facial, manicure, pedicure and threading will cost just Tk.1499 and skin lightening facial, face and neck fairness polish come with a price tag of Tk.1399. The offer will be valid throughout the whole of March.

Location: Block E, House # 22, Road # 19, Banani; 6/D DIT Road, Rampura. Contact number: 01787199871.

Akangkha's offering discount

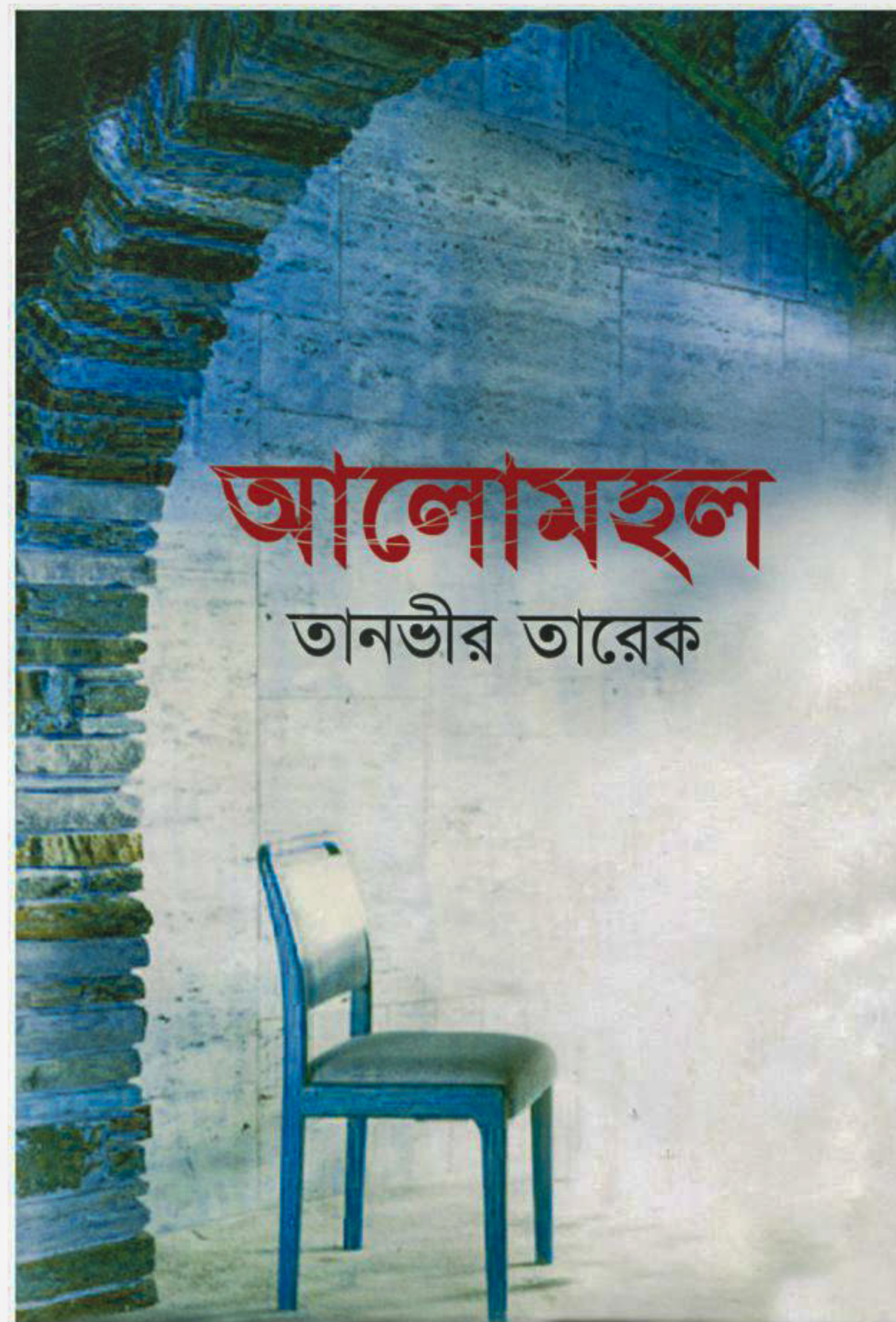
AKANGKHA'S Glamour's World is offering a 12% discount on its beauty services on the occasion of International Women's Day. It is also offering a discount on milk rebounding, which you can now avail at a price of Tk.4000, until 26 March.

Locations: 375 DIT Road, East Rampura (opposite to TV gate); 255 DIT Road, West Rampura (near Rampura Bazaar); Block- D, Road -9, House-8, Banashree, Rampura, Dhaka. For inquiries call 01937513006.

Get your cartoon T-shirts at Pigeon

FASHION house Pigeon is popular for its cartoon based tee shirts. Cartoons such as Tintin, Angry Birds, Mickey Mouse, and Tom and Jerry frequent the T-shirt designs. There are superhero T-shirts as well. Pigeon also designs polo shirts that come in stripes and solid colours.

There are dealers of Pigeon at different districts of the country, as well as in large shopping malls and areas in Dhaka city, such as Dhaka New Market, Dhanmondi, Bashundhara City, Uttara, Banani and Mirpur. Visit the only showroom at House # 2, Road # 3, Mirpur Original 10 (main road). For inquiries, call 0185 898 9631.



Inside Alomahal

TANVIR Tareq's book, named Alomahal, has been released at Amar Ekushey Grantha Mela 2015. The 80-page story, published by Jagriti Prokashony, is a book filled with excitement and enthrallment. From love to politics to the grips of Mafia, Tanvir ties them all in one knot, the result being a thrilling read.

The author is also a singer, composer and journalist. To buy this book online, visit www.rokomari.com/jagritiprokashony.



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Male 'MAN'opause Andropause Are you at risk?

To many of you, Andropause or "male menopause" could be a new term, many may know and many may experience it already as it is creeping up on you gradually. As men approach middle age and beyond 40 and older they may experience a phenomenon similar to female menopause, called Andropause. Andropause, also known as the male menopause or MANopause, is the result of a gradual drop in testosterone which is an androgen, giving the condition its name. In many cases, Bioidentical hormone Replacement Therapy (BIHRT) can be part of the solution. A recent World Health Organization (WHO) report analyzed male hormones and found that the testosterone levels in most 70 year old men were 10 percent of the level in males that are 25 years old. By the time men are between the ages of 40 and 55 they can begin experiencing symptoms of Andropause. Even they can experience it early if they are too stressed, depressed or have less physical & mental fitness.

What are the symptoms of Andropause:

- Low sex drive
- Low energy level
- Mood changes
- Fatigue
- Depression
- Poor spatial orientation
- Anger
- Muscle loss
- A loss of scalp & body hair

GOOD HEALTH ADDS LIFE TO YEARS

Andropause is different from the menopause women experience. In menopause, the production of female hormone drops suddenly. In men, there's a gradual decline in hormone levels. Some men maintain normal testosterone levels into old age. And there are men with low testosterone levels who have no symptoms. The only sure way to learn if you are low on testosterone is by taking a blood test. Testosterone replacement therapy (TRT) with Life style modification is the primary treatment for declining levels of testosterone which is beneficial for healthy living and better conjugal life. Many scientific evidences also proved its safety for protection of the prostate and early detection of Prostate Cancer.



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