

**BEAUTY DISSECTED**

BY DR FIRDOUS QUADER MINU



MBBS, DLO ENT, Head – Neck and Cosmetic Surgeon &amp; Hair transplant Surgeon

# Hair transplant the procedure

**B**ALDNESS' or reduced density of hair, be it in a man or woman, causes a lot of psychological suffering for the patient. For a long time scientists have been trying to invent ways to treat this condition, and even longer than that people have been trying to find ways to cover up these bald areas.

So, the idea of wigs, hair weaving, hair bonding, and transplanting of artificial hair has come about, but none of these procedures were free from side effects. Wigs don't look natural, hair weaving or bonding causes more hair loss at the site of weaving or gluing. Artificial hair causes infection at the site of implant.

It has been the greatest challenge for doctors to invent procedures which do not cause any side effects. The latest technique in the treatment of baldness is hair transplant. Here hair is taken from the patient's own scalp and transplanted into the bald areas. So far this is seen to be the best procedure for baldness.

The scalp is divided into two areas. Hair on the frontal and crown area is considered to be temporary as they contain androgenetic receptors. The area on the back is the permanent zone as it contains hair, which is permanent. Because of the androgenetic receptors many young adults lose hair with androgen surge and it also causes hair loss in premenopausal women. We rarely see baldness on the back of the head.

The causes of baldness are many and vary from patient to patient. Whatever the cause, the treatment for baldness will be the same. As the hair follicles in the bald areas are absent there is not going to be any growth of hair in these areas unless the follicles are replaced. So, hair transplant is the treatment that will help the patient to cover the bald areas.

There are two recognised procedures to do hair transplants. The FUT and the FUE methods.

FUT method is where a strip of hair is taken from the back of the head and cut into follicular units and then transplanted into the bald areas. In FUE the

follicles are extracted one by one, using a special machine. This takes a long time as follicles are extracted one by one and is best done for small areas of baldness.

Hair transplant is a very delicate and time consuming procedure requiring great skill and patience. To ensure a good result, the follicles have to be cut to precision and implanting done at the proper angle and direction. The donor area is prepared and holes are made by special instruments to implant the follicles. The whole procedure is done under magnification. The procedure is done under local anesthesia and is a day surgery.

Plastic and cosmetic surgeons all over the world have been trying to perfect

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the technique so that the patient gets 100 percent hair growth. Some medications are also prescribed to ensure good hair growth.

The hair that starts growing after an implant will normally not fall off. It will grow like normal hair. The growth goes through a normal hair cycle and needs to be cut and groomed just like the hair on the rest of the head.

Hair transplants can be done to increase the density of hair on the scalp and on other parts of the body like eye brows and moustache etc. If done with a trained surgeon with trained team it can be an excellent procedure, with great results.

For consultation, please call:  
01199845531

**CHECK IT OUT**

## Hair Restoration Clinic

**H**AIR Restoration Clinic in Dhanmondi is offering all kinds of treatments for hair related problems. A varied range of services are available, including medical treatment, laser therapy and surgical procedures like hair transplant to increase

the density and treatment of bald areas. Transplant for eyebrows, moustache and other areas are also conducted. For appointments, please contact at 029140404 or 01199845531.