



# SIJUK - 2

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For adventurers, there are quite a few destinations in our country that can be explored during vacations. The good news is that some of these places still don't get a lot of tourists. For all the adventure enthusiasts out

## HOW TO GO:

It's easier to go there from Khagrachhari. After reaching Khagrachhari by bus, go to the 'Chander Gari' stand, not far from the main bus stand. From there, multiple 'Chander Gari' leave for Dighinala upazila. Board one and enjoy a great ride on pretty decent roads curved out of the hills. The surroundings are sure to delight you – valleys adorned with every possible shade of green. The ride to Dighinala shouldn't take more than 45 minutes.

After reaching Dighinala, it's imperative that you take a guide along with you on your adventure to Sijuk. You can negotiate the costs. Your guide will hire a 'Chander Gari' to take you to Nondoram village – the last stop before trekking starts. It takes roughly an hour or so to reach Nondoram.

Have some snacks at the Nondoram bazaar and put your trekking boots on; get ready for one of the most memorable trekking experiences of your life.

The trail goes through a ridgeline with steep valleys

## TRAVEL EXPENSES:

Dhaka – Khagrachhari bus fare: 650-700 Taka

Khagrachhari – Dighinala Chander Gari fare: 40 Taka

Dighinala – Nondoram – Dighinala: 2500 Taka (Negotiable; enough for a team of 9-10 people or less.)

Cost of hiring a guide: Negotiable

## PROBABLE ITINERARY:

Day 1 (night): Dhaka – Khagrachhari (night-coach)

Day 2: Khagrachhari – Dighinala – Nondoram – Sijuk 2 – Nondoram – Dighinala – Khagrachhari

Day 2 (night): Khagrachhari – Dhaka (night-coach)

there, the scope of exploration and backpacking is ever increasing.

Deep inside Rangamati district, lies a magnificent waterfall called Sijuk-2. With an approximate water-drop level of 65-70 feet, this mighty waterfall is located right next to Sijuk canal.

on both sides. You can actually see clouds floating around you. The trail goes up and down gently like a giant snake advancing. An unobstructed view of hundreds of kilometres of fascinating scenic beauty on both sides of the trail is sure to overwhelm anyone.

After trekking for nearly an hour, you will descend on the narrow Sijuk canal. It's a Y-shaped canal and Sijuk-2 is located on the upper left end of that. There's another beautiful waterfall, Sijuk-1, at the far right end of the canal. The separate streams coming from the waterfalls converged and produced the canal.

After getting to Sijuk canal, you have to trudge along the stream in waist-high water for 40 minutes or so. The vegetation above gets thicker and the trail through the stream gets narrower until all of a sudden you hear the loud sound of water falling from a great height. You turn round the corner to discover one of the most beautiful waterfalls you've seen. You look up and see water gushing down and crashing 70 feet below. The feeling is surreal.



# PRE-RELATIONSHIP CHECKLIST

NOOHA SABANTA MAULA

Relationships are tricky business. Starting from the courting days to making it last forever, it takes as much brainwork as landing a multi-billion-dollar contract. How do you avoid putting in all this investment behind the wrong person?

Well, here are some points I've picked up from relationship veterans to help you, to avoid picking your Nth psychotic significant other.

## Take your time

It's hard to not get swept away by all the things your *heart* makes you feel when you've finally connected with someone. While overthinking isn't encouraged, it's still a good idea to take

some time to reflect on whether this person is THE ONE for you or if you're making decisions based on other factors (like loneliness). This gives you a clearer idea of how much of yourself you should be investing into this venture.

## Test the waters

There are people we can work with and then there are those we feel like beheading with our bare hands. The key to knowing whether the person's personality suits you is in knowing yourself really well. Borrowing the idea from the previous point, take the connection you've felt to several dates and observe. Can you handle this person's quirks or is the incessant chatting getting on your nerves already? If problems are starting to pop up, you know what to do.

## Spot the red flags

This is another field in which observation pays off. Do the stories seem exaggerated? Something seems off? Is something about their behaviour bothering

you at the back of your head? A thousand alarms going off inside your head? Don't ignore these. Either figure out whether it's something from the past triggering you or if it's this person. The best way to avoid any mishap is by paying attention to this bit the most. If you can't sort it out in the early stages, you're most likely to be in trouble.

## Listen to your friends and family

These are the people who have your best interest at heart. Consult them – regardless of how silly or fickle your problems might look like. If they give the green signal, you'll feel safer jumping into this new relationship. If they veto the idea of this person in your life, then you'll be assured you're not missing anything. These people will teach you to value and respect yourself, which is probably the most important lesson when it comes to relationships.

Got these covered? Then go on and happily immerse yourself in the world of romance!

