



**ARIES**  
(MAR. 21- APRIL 20)

Listen to those who are older. You could have trouble persuading others to accept your ideas. Your lucky day this week will be Friday.



**TAURUS**  
(APR. 21- MAY 21)

Do not get upset over trivial matters. Your personal life may suffer from a lack of spare time. Your lucky day this week will be Sunday.



**GEMINI**  
(MAY 22-JUNE 21)

You can make some favourable changes to your looks. Be careful of disclosing personal information. Your lucky day this week will be Wednesday.



**CANCER**  
(JUNE 22-JULY 22)

You won't get the reaction you want from your spouse. Discuss your objectives with partners or peers. Your lucky day this week will be Monday.



**LEO**  
(JULY 23-AUG 22)

You might find that delays will cause setbacks. Don't make any drastic changes or begin new projects today. Your lucky day this week will be Saturday.



**VIRGO**  
(AUG. 23 -SEPT. 23)

Accept the inevitable this week. You can make financial deals that will bring you extra cash. Your lucky day this week will be Friday.



**LIBRA**  
(SEPT. 24-OCT. 23)

Jealousy may get in the way of a good relationship. You have the determination to succeed. Your lucky day this week will be Tuesday.



**SCORPIO**  
(OCT. 24-NOV. 21)

Travel will be favourable. If you restrict your spouse's freedom you may be left out in the cold. Your lucky day this week will be Wednesday.



**SAGITTARIUS**  
(NOV. 22 -DEC. 21)

Communication must be open, precise, and honest. It's time to reevaluate your motives. Your lucky day this week will be Friday.



**CAPRICORN**  
(DEC. 22 -JAN. 20)

People will try to make you join in on their crusade. You must consider yourself for a change. Your lucky day this week will be Sunday.



**AQUARIUS**  
(JAN. 21 -FEB. 19)

Family members may want you at home. Nothing can be resolved if you don't want to talk about it. Your lucky day this week will be Monday.



**PISCES**  
(FEB. 20 -MARCH. 20)

Don't make those you live with feel unworthy. Sort situations out as best as you can. Your lucky day this week will be Thursday.

## SPOTLIGHT

# Friday morning unplugged

"Oh, today I don't feel like doing anything  
I just wanna lay in my bed  
Don't feel like picking up my phone,  
So leave a message at the tone  
'Cause today I swear  
I'm not doing anything"  
- Bruno Mars



**D**HAKAIITES no longer wake up to the call of the rooster. We have parted with our rustic ways long ago. But you just might know the close second.

There is a quote I picked up from Facebook the other day, 'Every cat should have a house; And every house should have a cat.' If you are already blessed with a feline companion, you will know that cats, not unlike some human beings, have their unique ways. They throw tantrums, give ultimatums and want things then and there, all done in a subtle, suave tone.

So instead of scratching your face with their claws, a cat might brush her whiskers against your cheeks. If that doesn't work – maybe a kiss. The seasoned cat lover, unlike the laymen, will also know it is not a code 143, but more like a 'Feed me, Servant' moment.

Now you are wide awake, irritable and left with two options - either to respond to her request or to respond to her request - because otherwise she just might show you her claws!

So there you go, dragging yourself from beneath the comforter, to the other room across the hallway, and pour some SmartHeart on her bowl. While heading back to your room, you take a peek at the neon clock in the study. 6:30 AM!

Before you go back to the inviting comfort of the bed, knowing fully well that you can easily sleep three more hours - Guilt Free - you decide to take a detour, and pay a visit to the refrigerator. You check shelves for sandwiches, or left over pizzas but probably will have to settle for a fruit cake. You take a slice, cherish every bite of the juicy fruit pieces mosaicked into the cake catering to your appetite for sugar.

This is how a Friday should, and more often than not, start. It is the very feeling, knowing fully well that you have absolutely NOTHING to do for the rest of the day that sparks the charm of a Friday morning unplugged session.

So if on any given Friday, your boyfriend refuses to take you out



on a date, don't be alarmed. It's a Friday after all. He does not have another girl in his mind; it's just that he prioritises his own freedom to 'sleep' or 'do nothing' over your selection of dining options.

And that is the whole point. It's the start of a very short weekend and we men take a sabbatical leave from everything that goes around us.

The preparation starts from Thursday nights. We spend some quality time with ourselves in anticipation of the fact that the day marks the end of the working week. We find Zen! We try to catch up on our reading, going through the same 13 pages we had read last week but having to repeat as we have forgotten the plot in the last seven days. Another breed of male humans goes on movie rampage from early Thursday evening, late into the morning hours of Friday.

Coming back to the wee hours. So the cat is fed, the mother busy with her morning prayers and we find ourselves immersed in the dream world. Have you ever wondered why these sleep sessions are