13 Listyle

Feeding Gears

World renowned brands, such as Heinz and Cow & Gate, offer several types of packaged food, including porridge, custard, and cereal, for babies over one or two years of age. For a baby's immediate needs, consider purchasing quite a few feeding bottles and nipples as well as sipping-cups for consuming water. You may also purchase breast pumps to store the extra milk in bottles for later consumption by the baby. Bibs and burp cloths keep your baby clean throughout the nursing process, and appear to be helpful for much longer than a year.

The wide array of feeding gears available in the market might appear to be mind-boggling for you, but with a little research and prior consultation with experts, you should be able to choose the right one for your child. There are plastic, glass, and disposable feeding bottles available, each with its own pros and cons.

Given the lack of regulation in our country, it is best to steer clear of anything plastic for feeding purposes. Feeding bottles with bisphenol A (BPA), a chemical used to make hardened plastic, have been banned by the Food and Drug

than a year and is ready to receive potty-training. Towels—one for wrapping the body immediately and another for wiping the baby dry; mild bath formulas (which can be simply added to the water); and gentle babyshampoos are other essentials.

Diapers and wipes

These are indispensable to keep the baby protected and clean every time it answers the nature's call. Pampers is the popular choice of diaper brand in this country. When it comes to wipes, Johnson's is the most trusted.

Manicure set

The nails of a baby are sharp and if left unattended, they will not only collect dirt, but will also be the source of unintentional scratches on the baby itself and anyone who goes close to it. There are special small-sized nail-cutters, which are appropriate for the delicate fingers and toes of a baby. Pick up a manicure set to be on the safe side.

RECREATION

Stroller

Light-weight strollers for simply carrying around a new-

be used for three different stages in a baby's lifetime, starting right from birth. Other fluffy toys have flooded the market. Many Play Gyms will cost you anywhere within Tk7000.

Other needs

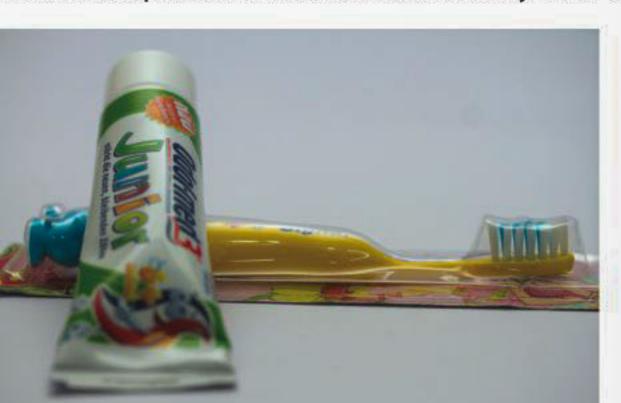
Even before your precious child arrives, you can make several purchases, such as maternity belts and maternity wear (including lingerie), to make your expecting-days comfortable, and their prices begin from Tk750. Once you settle down with this cherished new addition to your family, you can also pick

up a cute cloth storage basket to keep all the toys and other items organised.

Local entrepreneurs have









Administration in USA since 2012. Fortunately, there are

BPA-free feeding bottles manufactured by the trusted brand

The same company also offers electric sterilisers which

before the first use and before every use if the water supply

Feeding nipples often crack with use, so buy at least a

materials, such as bottle/nipple brushes, which are special-

ised tools to keep all the feeding gears immaculately clean.

Although not absolutely necessary, do indulge yourself—if

pillows that are available today. To complete your baby's

you feel like it—with the special maternity and breastfeeding

feeding experience, you can purchase a feeding set consist-

dozen of them in advance. Remember to purchase additional

Philips Avent, which can be purchased for a price of Tk 760.

are capable of sterilising six bottles in eight minutes. It is

advised by experts to sterilise the bottles and nipples

system in your country is not reliable.



born are widely available. Larger ones for moving about a baby, for instance during a walk in the park or in a shopping aisle, will be needed over time as your own mobility needs increase.

Baby carrier

To reduce the chances of a shoulder/back sprain; to multitask; or to add convenience to their travels, many women purchase baby-carriers. Some of these allow carrying the baby in four different positions. These are available for approximately Tk 3000.

Study and play goodies

There are Disney-storybooks specially created for babies. As the baby grows up, you can gift cartoon-themed study tables for Junior You. Fisher Price offers a Play Gym that can

sensed the need for a one-stop store catering solutions to all maternity needs. As a result, you will easily find what you need from the many shops that have emerged in the country.

The Babyshop is located at Road #113, House #6/A, Gulshan #1. Kids & Moms is located at House #46, Road #11, Banani. Me & Mom is located near Shooting Complex in Gulshan-1 (Contact: 01755585642). AnGel Touch - BD Online Baby and Toddler Shop operates via Facebook. Aarong has recently launched a line of maternity wear, mostly cotton and linen, within a price range of Tk 550-2000.

By Monica Islam **Model: Tavishee Tarannum Photo: Sazzad Ibne Sayed**

PERSONAL CARE **Clothing and Accessories**

These hardly slip the minds of an expecting couple, but we nevertheless mention them. There are clothing lines and accessories matching the season, occasion, age, etc. Capes, socks, drapes, and cozy footwear are must-haves for chilly days and following a bath. Fuzzy hand-gloves are particularly useful to prevent the baby from scratching itself accidentally or from putting its fingers in the mouth. Fancy goggles, hair-bands, shoes, and dresses are great additions to the baby's wardrobe for memorable events, and will cost you Tk850-3,000.

Bath-tubs, bath accessories, and potties

Bath for a baby needs to be swift in order to prevent it from catching a cold. Usually available in plastic, bath-tubs facilitate a hassle-free bath-time for your child. Potties, on the other hand, are usually beneficial when the baby is older

