# 5 Listyle



Christmas is just around the corner, and most of us have already completed the major shopping for all our loved ones. However, there are always a few items on the last minute shopping list, and this year will be no different. After all, what's Christmas without a few stockings full of knick-







#### CREATIVE TOYS

If you're tired of watching children obsess over iPads throughout the day, and are looking for some interesting toys for them without breaking the

bank, go back to basics. The best toys for children are the ones which encourage their imagination. Surjomukhi Handicrafts sells colourful stuffed animals, finger puppets, masks, costumes and other quirky toys perfect for creative play. With prices starting at only Tk. 200, you can't go wrong. Address: House 19, Road 13 Block G, Niketan.

Candles are one of our favourite knick-knacks for Christmas, but not just any candle will do. With such a wide array of candles available in the market, it's a shame to settle for mediocre. For candles in all shapes and sizes, visit Aarong. If you like to celebrate the spirit of Christmas by giving back, buy a candle set from Apon; products are made by underprivileged recovering substance abusers, both male and female and adults and children. Keep an eye out for this stall in various craft fairs.

UNDER THE RUG

Our tiled floors that keep us cool all year are quite the nuisance during the winter months. Rugs are the perfect solution to this problem, and quite an attractive one at that. Rugs come in all shapes and forms these days, with a prominent use of Ikat prints, Aztec prints, stripes and embossed designs, all in bright, fun colours. Place a

colouful rug under your Christmas tree and pile up the presents. You can get beautiful, unique rugs at Ethnica, Aarong and Jatra.

#### A LITTLE BIT OF GREEN

A Christmas tree may last a few days, but a potted plant will only grow and flourish with time. Plants are ideal gifts for colleagues, acquaintances, family members and other people you interact with on a daily basis but don't know well enough to give more elaborate gifts. That is to say, if you're planning to buy your mother a plant, don't be discouraged!

Plants can also be more personal if you pay attention to detail; if your close friend has an outdoor garden, gift her a plant that will grow into a shrub. If your cousin has a lot of free time, gift him with

has a lot of free time, gift him with a bonsai to inspire a new hobby.

Larger plants are best found in the informal plant shops found near the main intersections of the city. For small sized plants in decorative pots, visit Brac Kanon.

For bonsai, try Ikebana at Unimart.

#### PLENTIFUL TRINKETS

You can never go wrong by gifting someone with jewellery. This Christmas, forget about the typical costume jewellery and opt for something funkier. Aarong has colourful fabric jewellery adorned with beads and shells. Jatra has necklaces with large, square lockets with photos of rare local birds. Various bright beaded necklaces are sold by the dozen in front of Charukola. After all, what's the point of

By Mehereen Aziz
Photo: LS Archive/Sazzad

dressing up if you don't make a statement?



## GETTING READY FOR FESTIVAL WITH A GLOWING & HEALTHY LOOK

### All ready for festival?

The festival season is upon us, and during this time we need to pay extra attention to how we look.

However, spending a lot of time out of doors in parties, picnics and other social gatherings means that your skin will dry out in the colder weather in the winter season. Here are a few tips to brave the cold and maintain a glowing and healthy look during festive occasions.

**Bundle up:** If you are planning an outdoor gathering but the weather looks like it will be warmer than usual, don't be fooled. Temperatures during winter can fluctuate depending on the amount of sunshine and wind. So always carry an extra sweater or shawl.

Hot drinks: Avoid cold drinks during this season and try to stick to hot drinks. Hot beverages will help you avoid unpleasant bouts of coughs and colds. Hot drinks during winter are also invigorating, and will help you not only feel refreshed, but look fresh too.

**Stay active:** During winter, moving your body might seem like a chore. But for a healthy glow during the winter season, it is important to stay as active as possible, otherwise you will adopt a pale and tired look. If you are out on a picnic, take a stroll or if at a dinner party, play a game of badminton as you wait for the food to be served.

Protect your skin: Your skin is your best barrier, but also the first to falter in the face of a change in weather conditions. Protect your skin by keeping it constantly moisturised. Use Vaseline Total Moisture regularly as protection for your skin against the cold weather. Use Vaseline petroleum jelly on your lips too for extra protection.

Follow these tips when you're out in the cold, and enjoy these pleasant winter nights to the fullest.

For any feedback or query about skin care: www.vaselineskincenter.com



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