

PHOTO COURTESY: SCIENCE DAILY

A wife's happiness is more crucial than her husband's in keeping marriage on track

When it comes to a happy marriage, a new Rutgers study finds that the more content the wife is with the long-term union, the happier the husband is with his life no matter how he feels about their nuptials.

"I think it comes down to the fact that when a wife is satisfied with the marriage she tends to do a lot more for her husband, which has a positive effect on his life," said Deborah Carr, a professor in the Department of Sociology, School of Arts and Science. "Men tend to be less vocal about their relationships and their level of marital unhappiness might not be translated to their wives."

Carr and Vicki Freedman, a research professor at the University of Michigan, co-authored the study published in the *Journal of Marriage and Family.*

Can your blood type affect your memory in later years?

People with blood type AB may be more likely to develop memory loss in later years than people with other blood types, according to a study published in the journal *Neurology.*

The study found that people with AB blood were 82 percent more likely to develop the thinking and memory problems that can lead to dementia than people with other blood types. Previous studies have shown that people with type O blood have a lower risk of heart disease and stroke, factors that can increase the risk of memory loss and dementia.

The study was authored by Mary Cushman, MD, of the University Of Vermont College Of Medicine in Burlington.

