

STOP!
What are you eating?
Do you know what
chemicals are added
to your food?
Do not panic, but work
together to change.

The Daily Star

SECOND EDITION

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Your Right to Know

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WITH TODAY'S ISSUE

LIFE
style

IT BELONGS TO BANGLADESH

Dancer-choreographer Akram Khan tells about his famous production "DESH"

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'SUICIDE FLIGHT' MH370

New theory suggests the pilot switched off the oxygen supply

PAGE 8

WHAT HAPPENS IF WE LEAVE THESE FOODS OUT OF OUR DIET?



FRUITS

- Vitamin deficiency causing low immunity
- Weakness
- Brain damage
- Low IQ and stunted growth in children



MILK, EGG, CHICKEN AND FISH

- Protein deficiency can lead to fatigue
- Muscle loss
- Weak immune system
- Harmful during pregnancy and can hamper physical and mental growth of the baby



VEGETABLES

- Vitamin A and potassium deficiency can make body prone to infections
- Cause irregular heartbeat
- Dehydration
- Numbness



BREAD AND RICE

- Carbohydrate deficiency can lead to fatigue
- Low immunity
- Weakness
- Loss of muscle

Credits: Shamsunaher Nahid, Senior Nutritionist, BIRDEM General Hospital

PART-8
WHY WE COULDN'T
BUT OTHERS COULD?

COLD CHAIN

can save **FOOD SUPPLY CHAIN**

SAJJADUR RAHMAN with MARTIN SWAPAN PANDEY

When Brazil, the Philippines and the Caribbean countries have been supplying banana, a highly perishable fruit, to the other corners of the world, Bangladesh cannot do so even within its small boundaries without using toxic preservatives.

Also, countries like the US, Canada, Brazil, China and Australia, which are much bigger than Bangladesh, ensure safe food for their people.

These countries transport fruits, vegetables, fish, meat and other perishable foods from one part of the country to another -- sometimes the distance being thousands of miles -- without using any toxic additives, according to food experts.

So why cannot Bangladesh do the same despite being a very small country where

the distance between its northernmost and southernmost tips is a mere 600km?

The issue came to the fore in recent years after food adulteration reached alarming proportions.

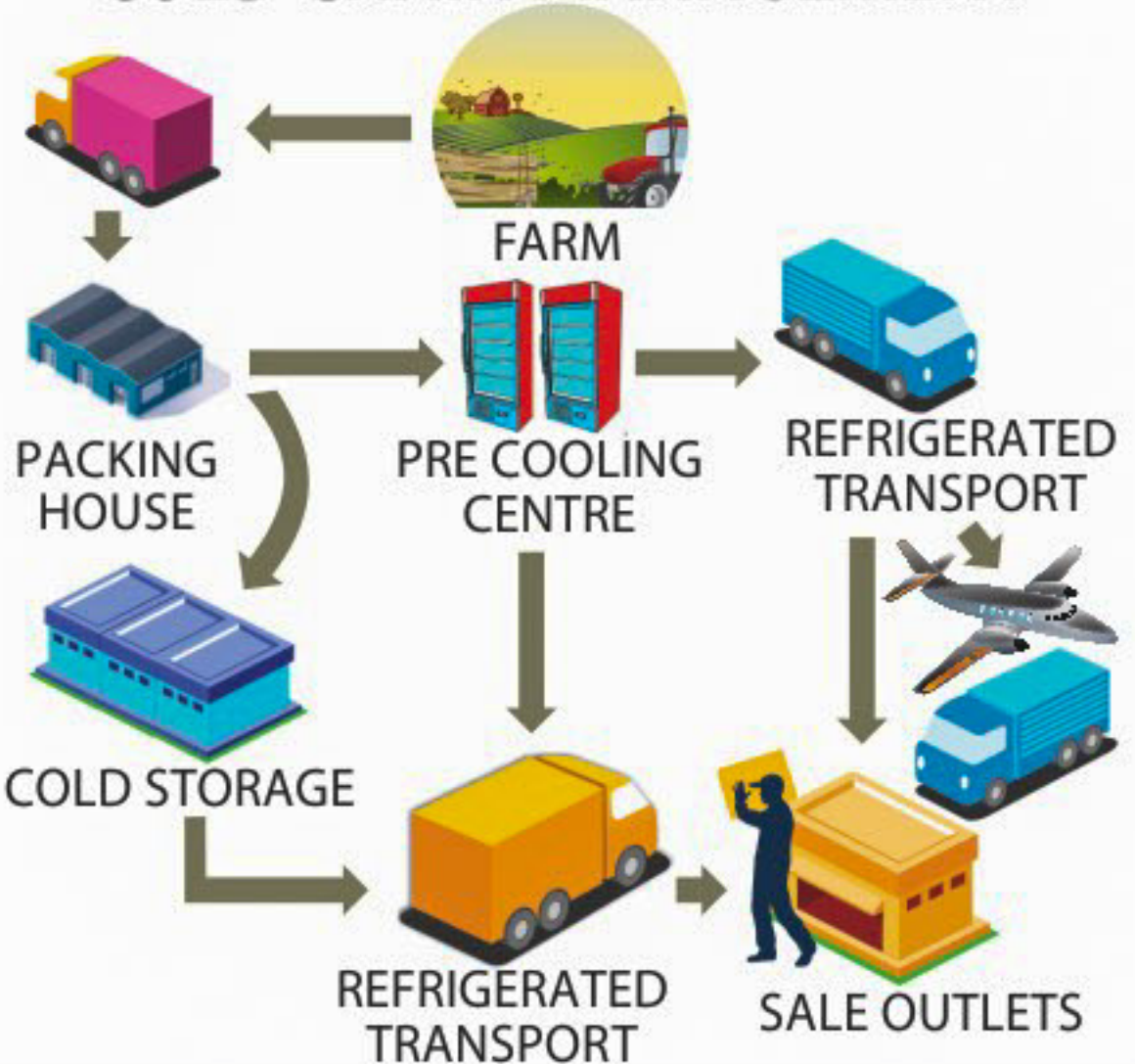
Multiple independent studies show serious infrastructure and logistic problems, lack of cold storage and transport facilities, premature harvest, profit mongering of businesses, and the absence of a licensing and monitoring authority for commercial farming are behind unbridled food contamination in Bangladesh.

John Ryder, chief technical adviser of the Food and Agriculture Organisation (FAO) in Dhaka, said Bangladesh was not unique in food adulteration, though it was much less common in developed nations.

"Developed countries have much improved infrastructure in the supply

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COLD CHAIN MANAGEMENT



WHAT THE WORLD DOES FOR SAFETY?

- ➔ Mandatory licence for commercial production and sale
- ➔ Adequate cold chains from storage-level to transport
- ➔ Strict monitoring, enforcement of law
- ➔ Harmful preservatives, additives, colours and flavours are banned
- ➔ Local government bodies are empowered to monitor food adulteration
- ➔ Chinese model deemed best

A READER'S LETTER

Solution simple

MD EMDADUL HOQ, from Japan



Thoughts about and reactions to the danger posed by the use of formalin show why Bangladeshis, as a nation, are on a nosedive. Formalin is a harmful chemical. But the main problem does not lie with formalin; rather it is related to food preservation technology.

And Bangladesh does not follow the globally acceptable standard system for fresh food preservation.

The system is known as Cool Chain.

The food preservation technology is very easy. Any fresh food goes

SEE PAGE 2 COL 1

VEOLIA WATER **Grameen Veolia Water Ltd.**
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Mobile talk gets costlier

Cabinet okays 1pc surcharge; 2-yr jail for child marriage

STAFF CORRESPONDENT

Using mobile phones is going to be costlier as the government yesterday decided to introduce one percent surcharge on calls and other uses of the device.

The amount raised will be spent on education and healthcare. The decision came at the weekly cabinet meeting at the secretariat, with Prime Minister Sheikh Hasina in the chair.

The decision will come into force upon publication of a gazette in this regard.

The cabinet also approved in principle the Child Marriage Prevention Act, 2014 with a provision

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No queries from Dhaka on Saradha fund issue

Says India's official spokesperson

STAR REPORT

India has not received any report from its mission in Bangladesh on a Trinamool Congress lawmaker's alleged involvement in funneling the Saradha chit fund money to Jamaat-e-Islami, said Syed Akbaruddin, India's official spokesperson, in a press briefing yesterday.

Replying to a query about any official communiqué or engagement from Bangladesh about this, Akbaruddin categorically said: "We have not received any report on this matter from our mission in Bangladesh."

Following an Indian Bangla daily's claim that Dhaka communicated with New Delhi over funneling

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Syndicated Term Loan
BDT 1004.00 Million & USD 6.35 Million

for

Fiber@Home

Arrangers

AB Bank **UCB** **IIDFC**

Implemented by **BANGLADESH BANK** Central Bank of Bangladesh

Funded by **THE WORLD BANK**

Participating Banks & NBFIs

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Trust Bank **GSP FINANCE** **LankaBangla FINANCE**

September 16, 2014

This announcement appears as a matter of record only