

Headaches during sex no laughing matter

About 1 percent of adults report they have experienced headaches associated with sexual activity, and that such headaches can be severe.

But the actual incidence is almost certainly higher, according to Dr. Jose Biller, a Loyola University Medical Center neurologist.

"Many people who experience headaches during sexual activity are too embarrassed to tell their physicians, and doctors often don't ask," writes Dr Jose Biller, who has treated dozens of patients for headaches associated with sexual activity (HAS).

The vast majority of headaches associated with sexual activity are benign. But in a small percentage of cases, these headaches can be due to a serious underlying condition, such as a hemorrhage, brain aneurysm, stroke, cervical artery dissection or subdural hematoma. "So we recommend that patients undergo a thorough neurological evaluation to rule out secondary causes, which can be life-threatening."

Biller said men are three to four times more likely to get HSAs than women.

Passwords of the future

As more people use smart phones or tablets to pay bills, make purchases, store personal information and even control access to their houses, the need for robust password security has become more critical than ever.

A new Rutgers University study shows that free-form gestures – sweeping fingers in shapes across the screen of a smart phone or tablet – can be used to unlock phones and grant access to apps.

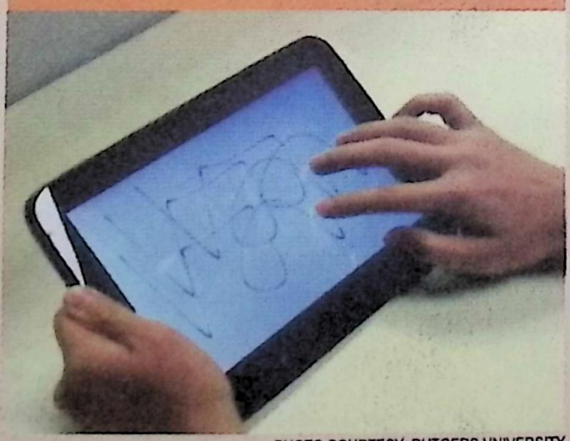


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These gestures are less likely than traditional typed passwords or newer "connect-the-dots" grid exercises to be observed and reproduced by "shoulder surfers" who spy on users to gain unauthorized access.

While widespread adaptation of this technology is not yet clear, the research team plans to continue to analyze the security and management of free-form passwords in the future.