PHOTO: IQBAL SIDDIQUEE

s no limit when it comes to exercising your
Miah, 116 years old, and Moyna Miah,
to cast their votes for the Upazila election in Sylhet.

THE BARE MINIMUM

Most accidents take place at home. And if you have kids, your house suddenly transforms into a minefield. These 5 tips will help you keep a safer home.



1. Make your home a no-slip zone

Don't leave clutter lying around your house. Use non-slip mats for your washroom and install grab bars in the shower. Also, leave at least a light on before you call it a night.



2. Prevent Poisoning

This is particularly important if you have kids. Install cabinet guards on every cabinet where cleaning products are stored. Store all your meds in a locked cabinet.



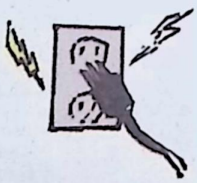
3. Be Careful with Sharp Objects

If you see a knife falling, don't try to catch it. Don't rush around when cutting food. Dedicate a drawer to knives and other sharp kitchen objects to ensure that your kids don't get too near them.



4. Take Fire Seriously

If you are not cooking, turn off your stove. Keep the oven mitts nearby, and use them whenever you have to take off a pan off the stove. Do not wear flammable clothing while cooking.



5. Cover Electrical Outlets

Again, this is a must if you have children. Cover unused electrical sockets with plastic covers. Have an electrician inspect your house if you notice unusual odours or power surges from your electronics.