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The Science of Life

Ayurveda or Unani – call it what you will – both the practices use nature as the centre of their healing process. The two medical practices rely on a holistic understanding of the human life and try to connect the body's constitution and life forces with nature. *The Star* Magazine looks at how Sadhana Aushadhalaya and Hamdard Laboratories Bangladesh, two of the biggest herbal medicine producers in the country, aim to keep the practice of natural medicine alive in today's world of quick cures and instant gratification.



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One-Sided and Abnormal



After the January 5 election, Bangladesh stands at an extraordinary crossroads. It has never witnessed such a situation. In view of many foreign newspapers, the feuding politics can lead Bangladesh to the brink.

20-22 International

A Pearl in the Indian Ocean



Mauritius is more than an exotic tourist destination. When it comes to economic success stories, you can hardly do better than Mauritius.

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