MAILBOX

Leaving on a Jet Plane!

As I am planning on going on a vacation a few days before Eid I found this feature very helpful in preparation for my travel. My friends and I were pleasantly surprised to see the long list of countries that offer visa on arrival to Bangladeshi nationals. I 'm sure a lot of hard working people who want to get out of he country for a change will find this article very useful. Thanks to *the Star* and the writers for a well-thought and informative feature.

Amina Khatun
Fakirapul, Dhaka

★★★

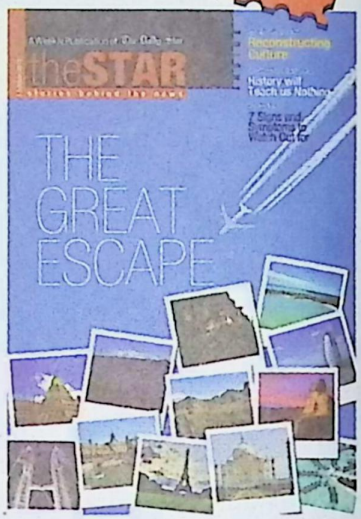
Gone are the days when Bangladeshis hardly travelled outside the country for vacation. With globalisation on the rise and standards of living reaching higher, a lot of Bangladeshis go abroad to get a much deserved break. People working in our civil aviation industry should be more cooperative and kind to these people. They should take care to try to make travel easier for these people, not harder.

Plaban Rahman
Zigatola, Dhaka

7 Warning Signs

When we are healthy, we think we are invincible and nothing can touch us. We ignore a lot of warning signs that later lead to fatal health conditions. By paying attention to warning signs such as these, we can take precaution beforehand and avoid tragic consequences. Prevention is better than cure.

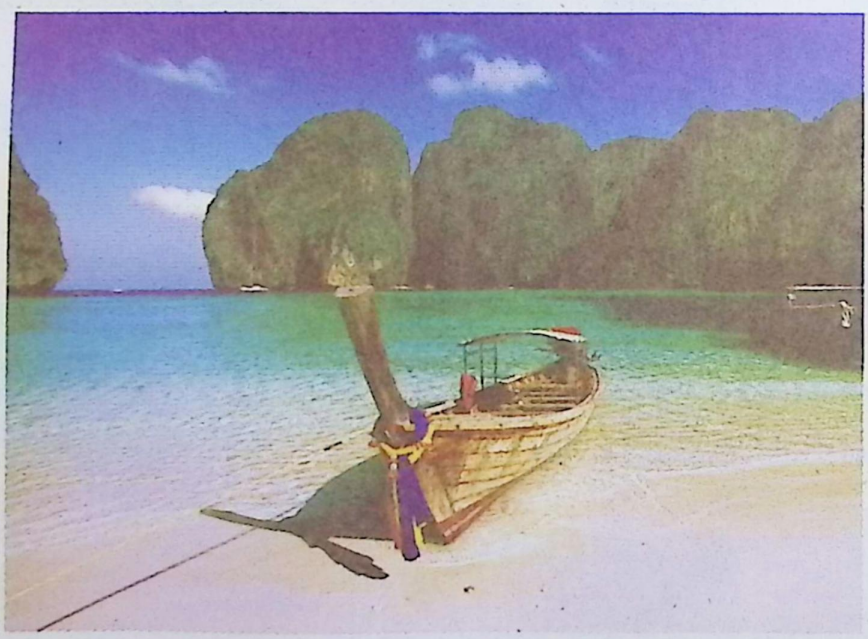
Sumon Raihan
Barisal Medical College, Barisal



Music Sans Frontiers

I went to see Brazilian classical guitarist Arnaldo Friere perform at the Alliance Francaise de Dhaka and was mesmerized by his solo performance. But in my eyes he looked a little sad. After reading Upashana Salam's article, I understood where that sadness came from. He lost his wife in 2004 and child last year. Since then he has found peace in music. Music has an incredible mood altering power. It has a notable ability to give us a metaphorical hug on a crummy day. Friere proves that listening to a beautiful composition uplifts our soul and helps us deal with stress.

Eva Haq
Baridhara, Dhaka



The opinions expressed in these letters do not necessarily represent the views held by *the Star*.

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