"Background research is an integral part of my trip. I'm very detail oriented and I always research a place before going there. I get most of my information from sites like Tripadvisor and LonelyPlanet. I also visit several travel blogs for more detailed information," says Monzur Morshed, Business Development Manager of Noman Group who has bagged a lot of experiences as a solo traveler.

"love to travel alone most of the time. It's not like I don't like hanging out with friends. But travelling alone means I get to meet new people and can acquaint myself with different cultures," says Zia Islam, a young photographer. "I travel to photograph, when I am alone, and I can plan my tour the way I want. When I roam around I can look at things with more time and attention. When I am not photographing, I find myself sitting with a chatty gang and exchanging information about our respective cultures," he adds.



Turkey has become a recent favourite among Bangladeshis for its rich historical monuments.

So, where can we travel if we are all on our own? "For lone travellers, who are on a tight budget and travelling for the first time, you can always choose more familiar locales like India, Nepal, Bhutan or Thailand. You can find fellow expatriates and travellers who speak your native tongue or find other tourist groups to tag along," Zia opines.

"Traveling solo in countries like Nepal or India is very common. However, at the end of the day no one is left alone, and in a couple days our solo travellers find themselves touring in a big group of people coming from diverse cultures who have similar interests," says tour manager Jahangir Alam.

Europe also offers a lot to explore. "If you can spend a bit more, solo travellers could tour Europe, which is very accessible for them. It'll be very easy to meet people in the lounges from different countries in affordable hostels, and so you'll never feel alone", says Monzur.

If you want to give adventurous trips a shot you can always find like-minded company by joining



Before the Trip

If you don't have any prior idea about the place that you want to visit, you might end up having a terrible time. A well-detailed itinerary listing the places you want to visit will help you be better prepared and more in charge of your vacation. Here's some other tips that you need to consider before planning a trip abroad.

1. Get to know of your visa details well in advance of your trip. You don't want to book the hotel rooms and tickets before you find out that your visa has not even been processed.
2. Do a web research on your destination to find out places of interest and warnings about localities that should be given a miss. Travel blogs and sites like TripAdvisor, Agoda and Make My Trip are ideal to gather information about the country you wish to visit.
3. Get a guidebook, as guidebooks usually include maps, key phrases ad words and will give you enough information about landmarks and popular sites.
4. Take a charger adapter. Different countries use different size plugs and voltage. If you wish to use your electronics, make sure that you can take a adapter with you so you can charge them.
5. Pack an extra set of clothes in your carry-on bag. In case, you lose your luggage on the way, at least you won't be stranded in one pair of clothes for the first few days of your vacation.
6. If you are travelling by air, find out how many bags you are allowed to check-in before you travel. You don't want to end up in the airport with a number of bags only to find out that you can take only two of them.
7. Look up the monetary conversion before you go. You can't go expecting a certain value and find out that in reality you end with something much less insignificant on landing.
8. Inform your bank or credit card provider if you wish to use your card in a foreign land. Your bank might think that there is some fraud going on if transactions are suddenly happening in Thailand when you are from Dhaka.