letters

The Original Healer

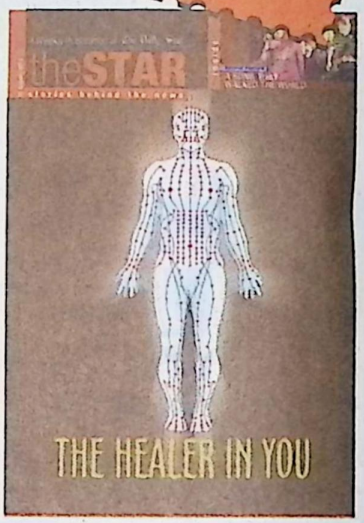
I want to thank the Star and the writer for this informative essay on an alternative method of treatment that is both effective and inexpensive. My aunt is 75 years old and had a chronic back pain which she had lived with for most of her adult life. She tried almost every kind of treatment to get rid of the pain. Nothing worked. Last year on a visit to Kolkata, she heard about acupressure and decided to go for it. To her surprise, she felt better just after the first day of applying acupressure to her body. I hope many patients in Bangladesh suffering from various diseases will benefit from this ancient but scientific method of healing.

Humaira Hafiz
Dhanmondi, Dhaka.

★★★

I was glad to read about Sagar Sagir, a practitioner of acupressure and his easy-to-follow instructions to keep our bodies healthy. Most of us do not take care of our bodies. We do not exercise. We eat unhealthy food. And we act shocked when we become ill. A human body is like a machine. It has to be taken care of in order for it to function properly. Reading this article, a lot of readers will realise that it is easy and inexpensive to maintain a healthy lifestyle. I hope that people will appreciate the ancient art of acupressure and it will gain popularity in Bangladesh.

Rahamatullah Khan
Badda, Dhaka.



PM in Disguise

I loved the piece. It brings back memory of Mr. Babar, the home minister of the last BNP government. Once Mr. Babar reportedly wrapped himself in bandages and went to a local police station to file a General Diary. The OC failed to recognize the minister and started foot dragging. The minister then revealed his true identity and took action against him. We were delighted by the minister's grace. Later on alleged abetment and association of Mr. Babar with the ten truck arms smuggle and other incidents landed him in jail.

In the present government, we have a minister who regularly makes surprise visits to places and sometimes scolds officials for not doing their jobs. He has even slapped a few of them on several occasions. He has gained some popularity for his actions although the way business is done in his ministry has gotten worse with time.

What we need is not political stunts but real actions to change things around.

Saif
Via email

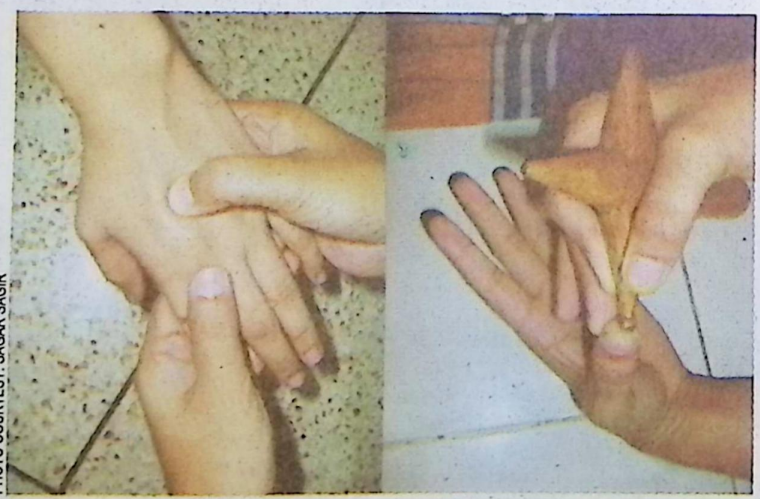


PHOTO COURTESY: SAGAR SAGIR

Moon Drops on My Mother's Rooftop

I want to thank the writer for her poetic and lyrical essay. She took something very personal and made it universal with her skills in writing. I would love to read more articles by her.

Urmi Raihan
Azimpur, Dhaka

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