

Materials Designed by  
**BRAC**  
Institute  
of Languages (BIL)

## Beauty Vs Quality

Class: IX-X



Dear learners, today we are going to learn about external beauty and inner beauty.

### A. External and inner beauty

Play the Snakes and Ladders game. Pick up a word from the board and find its synonym from the box below.

26 	27	Patience	29	Truthfulness
21	22 	UV- Protection	24	Anti-marks
16 Generosity	17	18	19	20
11	12	Radiant	14	15 
6	7	Modesty	9	10
1 Brightness	2	3 	4	5

### Synonym Box

1 Fair complexion	2 Honesty	3 Sunscreen	4 Kindness
5 Self control	6 Spotless skin	7 Humbleness	8 Glow

How to do: Draw the Snakes and Ladders game on a poster paper and play with your friends.

### B. Hidden truths

Look at the advertisement and answer the following questions.

### Rupkumari

Will Change Your World

- Are you depressed with your complexion?
- Are you not accepted by society?
- Are you having difficulties in getting married?
- Are you having trouble getting a good job?

The new Rupkumari Multipurpose Cream makes you confident and solves all your problems at once.

1. Pinkish-white radiant skin
2. Spot-breaking technology
3. Ultimate sun protection
4. Oil-free

Discover your true complexion in just 24 hours.

Works for both face & body

1. Is becoming fair the only way to get married and get a good job? Give two reasons for your answer.

Reason i : .....  
Reason ii: .....

2. Do you think that a cream like Rupkumari will harm your skin? Give two reasons for your answer.

Reason i : .....  
Reason ii: .....

How to do: List down all similar advertisements that you see on TV, in newspapers and magazines.

#### Learning Objectives:

Vocabulary, critical thinking, problem solution and reasoning.

#### Answer Key:

1+1, 8+7, 13+8, 16+4, 22+3, 25+6, 28+5, 30+2.

All the instructions given here are for students to use materials as self-access. Teachers can use them as a guide.

### C. Successful personalities

First, identify the qualities that made these two celebrities successful in life. Then, find a successful person from your surrounding and write a few sentences about him/her.



**Sachin Tendulkar:** He is a world famous batsman and the highest run-getter and centurion in tests and ODIs. He also has the highest number of Man of the Match and Man of the Series awards in ODIs. In spite of being only 5'5", he still has a lot of success achieved through hard work, dedication and honesty.



**Oprah Winfrey:** She is ranked as "the world's most powerful woman" by CNN and TIME.com. She has been the host of the highest-rated talk show in American television history, "The Oprah Winfrey Show", named after her. Despite her complexion, she too has a lot of success because of her confidence and determination.

[Source: <http://www.forumpakistan.com>]

[Source: [http://en.wikipedia.org/wiki/Oprah\\_Winfrey](http://en.wikipedia.org/wiki/Oprah_Winfrey)]

#### A successful person around you:

Name: ..... Age : .....

Why do you think that s/he is successful? .....

His/her challenges: .....

How to do: Do the task and share it with your classmates.

### D. Rita's advice

Nazia and Sohail have some personal problems, so they wrote to Rita. See how Rita helped Nazia. Then help Sohail in the same way.



Dear Rita,

I feel bad because I am not fair. I also have some dark spots and pimples on my face. My mother also does not let me play outside because it will make me darker. She says, I must become fair or else they will have difficulties in finding a good husband for me. Can you tell me what I can do in this situation?

Nazia



Dear Rita,

I am really sad because I am not tall like my friends. They always make fun of me. They call me by different names. They also do not let me participate in sports. Moreover, I feel afraid of speaking in front of the class when everyone is looking at me. Can you tell me what to do in this situation?

Sohail

Dear Nazia,

It is sad to hear that your mother worries about your complexion. I think you should talk to her and explain that skin colour is not a problem at all. Also, having a "good husband" must not be a girl's ultimate goal. Moreover, you have to believe in yourself and move forward to be successful. You will see, one day your mother will be proud of you.

Rita

Dear Sohail,

.....  
.....  
.....  
.....  
.....

How to do: Discuss with your classmates and find out if anyone around you has similar problems. Then, give some advice.

### E. Debate and dialogue

Misty and Shibli are having a debate on "Is external beauty more important than inner beauty?" Complete the dialogue.

**Misty:** I think people don't need to be beautiful on the out side in order to be a good human being.

**Shibli:** But, can we really ignore it?

**Misty:** Of course. People are recognized for their qualities, not for their appearance.

**Shibli:** Hmm, but society values external beauty because .....

**Misty:** .....

**Shibli:** .....

**Misty:** .....

**Shibli:** .....

How to do: Form groups and have a debate.

## UNAUTHORIZED PARKING CAUSES TRAFFIC JAM

Make life easier for yourself as well as others by parking your car at the authorized parking zone. Haphazard parking causes unnecessary traffic jam & accidents.

Follow traffic rules - make life easier.

