

Materials Designed by
**BRAC
Institute
of Languages (BIL)**

Study Skills

Class: IX-X



Dear learners, today we are going to learn about study skills. These are skills that you need to improve to perform better in your academic activities like reading and writing.

A. Finding key words

Read the passage "Time Management." The encircled ones are the key words conveying the main ideas of the text. Then the main ideas are listed.

Time Management

In order to complete the syllabus on time and perform better in the examination, you need to use your time effectively. At first, prepare a study routine and follow it regularly. When you get the syllabus and the examination date, decide the time required to complete the syllabus and also keep some time for revisions. While doing so, you can divide the whole syllabus according to subjects and chapters and set small weekly targets to complete them. Also remember, you have to study everyday, not just before the examinations.

Time Management List

1. Effective use of time
2. Prepare a study routine
3. Complete the syllabus and revise
4. Divide the whole syllabus into chapters
5. Have small weekly targets
6. Study everyday

Now read the passage "Prioritising" and do the same.

Prioritising

Some students learn best in the early morning, whereas, some cannot concentrate until it is evening. It is better to focus on the difficult subjects when you can concentrate more. Always give priority to important subjects. Thereafter, when you set the weekly targets, do not decide to study everything at a time.

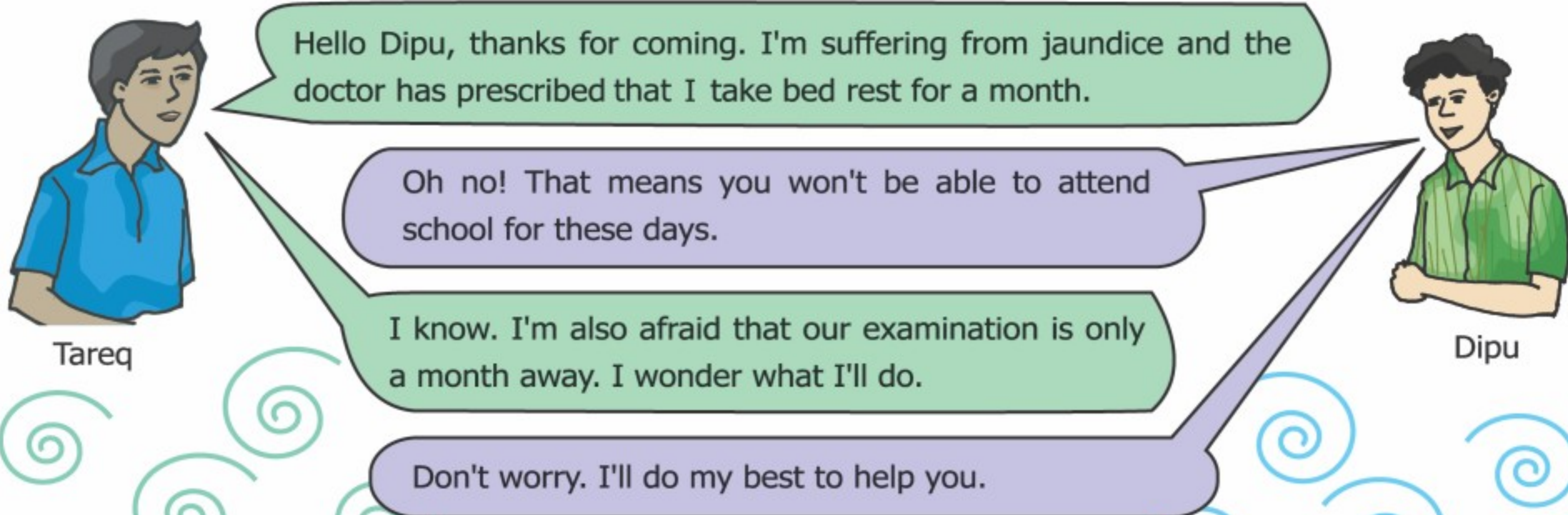
Prioritising List

- 1.
- 2.
- 3.
- 4.

How to do: Work in pairs.

B. Taking notes

Tareq and Dipu are two friends. One day, Tareq became very ill. So, Dipu came to see him.



Are you curious about how Dipu helped Tareq? Use the words from the box to fill in the gaps, and find out what Dipu did.

class teacher previous understand notebooks revised

At first, he bought separate _____ for each subject. Then, he listened to the _____ carefully and took notes. At the end of the classes, he asked questions to the class teacher if he did not _____ anything. Moreover, at home, he _____ the class notes everyday. Nonetheless, before each class, he reviewed the _____ notes and prepared himself for the next lessons.

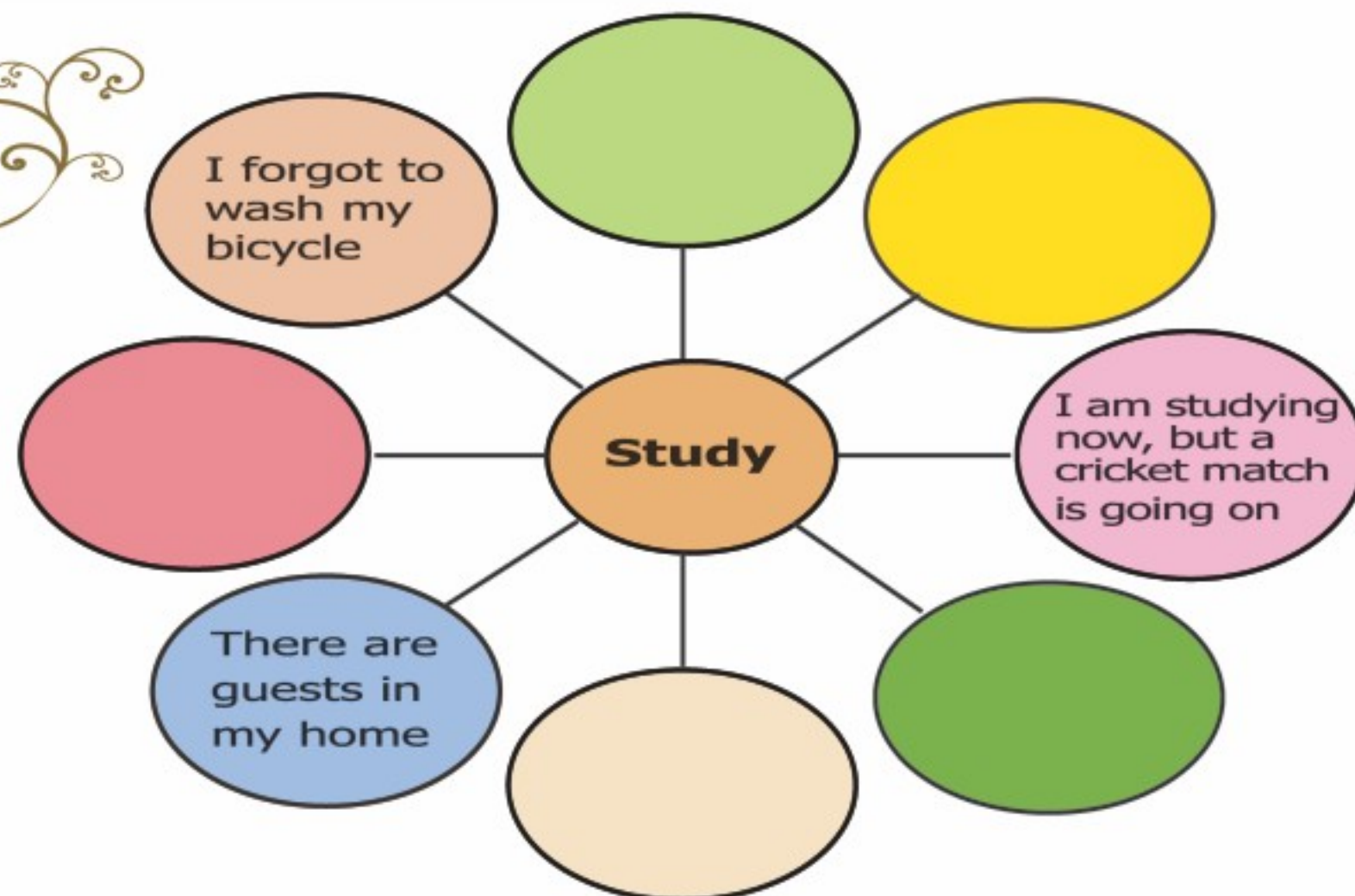
Success story:

At the end of every week Dipu visited Tareq's house, and shared his class notes. Tareq listened to him carefully and asked questions. After a month, they both did well in the examination and decided to continue learning using this method.

How to do: Do role play and match the answers with your partner.

C. Using spider diagram

Interestingly, it is only when you are at your study table that a lot of things come to your mind. There is a spider diagram where some circles are blank. Fill in the blank circles with the distracting thoughts that always come to your mind.



How to do: Keep the spider diagram in front of you and try to avoid these distracting thoughts the next time you sit down to study.

D. Studying together

The half yearly examination will be held after the summer vacation. So, Akhi, Rumi, Toma, Firoza, and Sabiha have decided to make the best use of the time. They want to have fun during the vacation, but they also want to study together to do well in the upcoming examination.

Group Study (Plan for a week)

Chapter division:

- Everyone reads one chapter that they understand better
- Then one explains it to the others



Possible challenges:

- Starting on time may not be possible
- Having arguments

Expected benefits:

- Ask questions to friends
- Review class notes together
- Study becomes enjoyable
- Learn new study techniques from each other

Decide what you need to do to study in a group with your friends. Read the first two steps and complete the rest.

- Step 1: Select the group members
Step 2: Fix a time
Step 3: _____
Step 4: _____
Step 5: _____

How to do: Have a group study session.

Now, fill in the chart below.

Benefits of group study	Challenges in group study
•	•
•	•
•	•

E. Managing stress

See how Mita keeps some free hours in her study routine, and makes it useful to manage her stress.

D/T	6.00 am - 7.30 am	8.00 am - 1.00 pm	2.00 pm - 3.00 pm	3.00 pm - 5.30 pm	5.30 pm - 7.00 pm	7.00 pm - 11.00 pm
Sun - Thu	Exercise for 15 minutes, clean my room, have breakfast and go to school	School		Revise class notes and complete home work		
Fri	Exercise, clean my room, have breakfast	Study	Take shower, lunch and rest	Free hours (read story books)	Free hours (spend time with family / go to neighbour's house / visit friends / play games / paint / listen to radio etc.)	Study and have dinner
Sat		Free hours (watch TV, read newspaper)				

How to do: Make your routine keeping some free hours like Mita.

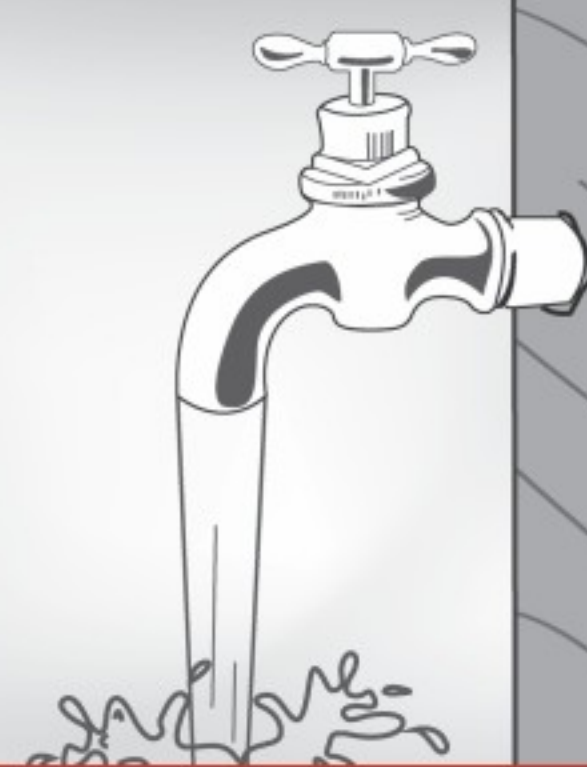
Learning Objectives:

Main ideas, critical thinking, and study skills.

All the instructions given here are for students to use materials as self-access. Teachers can use them as a guide.

DON'T WASTE WATER

Water is very precious to us. It is used for many reasons - from drinking to irrigating crops. This is all for our survival. **We should not waste water.**



আপনার সচেতনতাই আপনার শক্তি, জ্বলে উঠুন আপন শক্তিতে