DHAKA WEDNESDAY DECEMBER 1, 2010

Mr. Saleh Ahmed, Executive Director, Bandhu Dr. Nazneen Akhter, Executive Director, HASAB Social Welfare Society



Addressing the social issues, we know the young people are still at the center of the global HIV epidemic in terms of rate of infections, vulnerability impact and potential for changes. I would like to share our experience. There are num-

ber of studies. I am sharing program based experiences. The program we run in the country, you know we have unique setup in every field offices. We found large number of young people coming to our physicians. Our counselor, through the tance. counseling process, identified that they are having male to male sexual practice. But for us the main concern is the age concept. Because you know in accordance to the UN definition and of the government of Bangladesh, we cannot denote the sex issues when the boys or girls are below 18. It is also important to talk about the policy issues. Due to our policy bindings we cannot move far. So we have to think about the Policy formulation as

## Dr. Samir Kumar Hawlader, HIV Focal Person, IOM, Dhaka

As many of us have mentioned the adolescents' behavior, practice and lack of knowledge are the vulnerability factors for HIV infection, I would like to add that these are not the only factors, rather the situation and environment they



live in also make them vulnerable to HIV infection since they are often abused and exploited both physically, sexually and mentally. Especially, I would like to focus on the street children and internally displaced adolescents in this regard. I think empowerment and ensuring human rights of the adolescents, along with appropriate education, is crucial. Again as we are saying that the teachers and parents may play an important role in educating the adolescents on these issues we need to consider whether they know what to say and how to convey these sensitive messages to the adolescents in a given cultural and social environment of Bangladesh. Therefore, to reduce the vulnerability of HIV infection among the adolescents it needs comprehensive interventions that involve multiple sectors and both adults and adolescents, tailored to address the specific needs of the specific target population

## Dr Md. Mozammel Hoque, HIV / AIDS Advisor,



I must congratulate can tell us about youth UNFPA and The Daily Star for organing this timely discussion. In the present world young people are at the centre of the HIV epidemic. Youths and adolescents, in this special part of their lives, have to face

and violence etc. which may ultimately expose them to HIV infection. Currently, throughout the world about half of all new HIV infections are among young people who are 15 to 24 years old. More than five young people are being infected with HIV every minute. However, unfortunately very few of them know about their HIV status. HIV among the Injecting drug users has been identified as a frightening driver of HIV transmission, especially in Eastern Europe, Central Asia and South and Southeast Asian region. Around ten percent of all new HIV infections worldwide are due to injecting drug use. In Bangladesh HIV is also alarmingly increasing among the injecting drug users, which has already increased to 11% in

many risks including drug abuse, sexual abuse

a neighborhood in Dhaka city. Evidences throughout the world suggest that HIV education for the young people and development of their life skills, greatly improve their ability to make the right choices, for example, delay to start the sexual debut until they are matured enough. In this part of their life, support and guidance from elders in the family, teachers and peers, are very critical for them to make safe Ms. Mohuya Leya Falia, Program Managerchoices. In addition, youth-friendly health services could create congenial atmosphere for them to get proper counseling and treatment for sexually transmitted infections. It also can help them to become cognizant about responsible choices for sexual and reproductive health.

However, no strategy can be effective unless the rights of young people are strongly defended. In this regard, strong advocacy and social mobilization can play critical roles. Finally, it is very essential to empower the young people for their effective participation in all planning and implementing process in the HIV prevention programs addressing the young people.



I just really want to communicate someperspective to think in a bigger box. In terms of demography, we are passing through a transitional stage where a large number of young people are passing into the at risk stage. So, if we do not

fatal impact at a later stage. Nutrition is also an important issue to be considered with due impor-

## Kazi Ali Reza, Officer-in-Charge, UNIC



While discussing about the city and the vil- life of the youths. lages, students who

mation and student who don't have access, and whose guardians are quite educated and they know how to plan a society, and students whose parents are not so educated. These social conditions have their impact on HIV. Let me share with you a recent experience. I went for a two-day workshop in a satellite town in Brahmanbaria. The program was about literacy and MDGs. There were 75 participants, 40 of them were girls, 35 of them were boys and all of them were of class 9. In the MDG session, when I spoke about HIV and AIDS I saw there were a lot of curiosity among them. Some of them were laughing, some of them me when I spoke about sex and other related things, but after the end of the session, almost all the participants, specially the girls, came to me and they wanted to know more about HIV and AIDS. Because I gave references to my daughter who is also a student of Intermediate, and told them I have a daughter like you and I speak to them about HIV and AIDS. They said that they had heard about HIV but did not know about its impact. So, as we speak about strategic information, how strategic could we be in sending out our information to the young people and students of the villages. When we adopt strategy to disseminate our information and our policy we should look at these variations of the society.

## Dr. Tasnim Azim, Head of Scientists, HIV Program and Virology Laboratory, ICDDRB

I think, we have a lot of different sources of information which and adolescent. But, they are not addressing children. Especially those are on the street.

To familiarize the HIV issue we can integrate other pro-

grams with that like reproductive health, eve teasing, pregnancy, and so on. We need to identify more and more issues where HIV can be linked up.

## Mr. Shuvhashish Roy, Member, UNFPA Supported National Youth Forum



I think that only, "say no to HIV or drugs," will not really work. So, 15 and 24 or 10 and 24 we have to go differ- and if we go back to ently to the point and the education, 50%

many youth groups. They can spread the message. We can make games on HIV awareness; we can bring young celebrities because youths really follow celebrities.

## Rights of the Marginalized, Manusher Jonno Foundation

At the age of puberty, youth goes through physical and psychological progression and they do not have any scope to know on how to cope with all these. Today's needs, therefore, of youths are information about healthy sexuality,



positive relationship, violent behavior specially sexual abuse, responsibility in sexual relation and

finally, self esteem.

promoting life skill education beyond the existing of importance. thing from different setting, it should relate to sexual health as well as other factors in a young person's life other than Dr. Hasan Mahmud, Deputy Program Manager, only reproductive health issues that might be called life planning education and can be merged We need to address the with public health frame work.

This is the time now for right based HIV pro- As a father, I feel congramming, not in compartmental basis but inte-strained to talk about grated. For example, access to information about AIDS with my son. In reproductive and sexual health is our right. Rights our society people fear based programming will have a vision of a society to talk about the probconsider the age cohort group and if we do not put where adolescent and youth are valued and sexu-lems of sexuality which important inputs at the right time, in the right ality is viewed as a normal and healthy part of becomes a stigma. We way, in the right manner, then it will be really a being human, of being a teen, of being alive. In should interrupt the such a society parents will play an essential role in culture of secrecy and helping the young make healthy responsible think of it as a disease, not as a stigma. choices. Communication within the family will be a norm, providing information to protect their M.S. Mukti, Executive Director, Mukto Akash, health.

Considering all these, I want to propose a the adolescent we campaign for 3Rs-rights, respect and responsibilmean that includes the ity campaign for the youth. Where adults will students and youths of respect young people, understand their need and the society. And when involve them in development activities, support we speak about them I youth's right to act responsibly. And as parents, as think we should distin- students, as organizations, health care providers guish between the or members of the society we can all start to pracstudents and youths of tice that 3 Rs for a better future and to secure the

## have access to infor- Ms. Misti McDowell, Country Director, FHI, Bangladesh



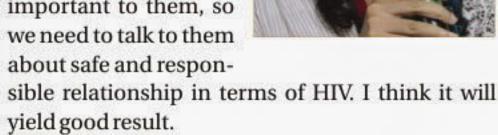
most people in willfail. Bangladesh, including the young generation, cannot even access

the public sector. Most HIV services are only at drop-in centers for most-at-risk-population (MARPs) and these MARPS cannot access general health services because the drop-in centers only receive money for HIV services. There needs to be comprehensive approach to

both situations, public sector should incorporate more HIV services and drop-in centers should incorporate general health and reproductive health services including family planning.

## Ms. Azmarina Tanzir, Program Officer (CSE), Family Planning Association of Bangladesh

We need a comprehensive program. As a young person I do not feel interested in the ongoing HIV campaign. We have to work out different strategy to approach the youths. Relationship is important to them, so we need to talk to them



### Dr. Nizam Uddin Ahmed, Director HIV Sector and Advisor, SCF USA, BFO



use the slogan defi- students never come to school and the other should work together, nitely like 'use con- 50% come to school at some level. Within that that is one togetherdom' and there will be context we talk about young and adolescent in ness. Another togetherness is between formal and a tag line that you rely terms of safety as well as preventing HIV. Ms. informal sectors; between national and the local on or you die. It is also Tasneem mentioned some good points about level. That is very important. The other togetherimportant to spread the nation's first ever national survey. The ness can be between the personal approach and this message to young- sample was 12 thousand; three questions were the social approach. If the society is sensitized the sters. Now how to disseminate the message? As a asked to each of the individuals whose age was person will awake. representative of youth groups of cities, I can tell between 15 and 24. First, have you heard about about the city people. We really hang on face book HIV? 90% said yes. Then the next question was, Ms. Farzana Binte Hassan, Moderator, UNFPA and we have to think out how we can use face do you know how it transmits? Only 25% gave supported National Youth Forum book. We can first use opinion leaders like united correct answer. The third question was, do you nation youth and student association and so think that it can happen to you? Only 1.2% said yes. It tells us very clearly that there is some

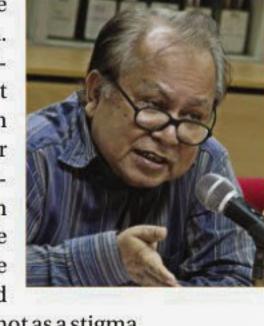
> HIV programs are expanded to the global fund including maternal child health with HIV. It is an important entry point. Because, for girls how to handle adolescent pregnancy, how to handle adult care and post- adult care is very crucial learning. 50% of Bangladeshi sex workers are under the age of 24 years. The sex worker needs help on the first pregnancy, Dr. Hashina Begum, Assistant Representative, delivery as well as caring of the baby. That is why, I think integration approach is essential. I don't know how and why we still have less than 1% infected population. We need to explore further what magic plays in Bangladesh. We know that Intervention programs are here. Policy and government support are also being given. But there are many things we do not know yet. We need to explore more than what we know. The largest coverage to reach the young and adolescent people can be possible

level of knowledge gap.

through not only HIV but also through educa-Thus, the HIV program design should consider tion, reproductive health and all other issues

# NASP,DGHS

facts of fear and stigma.



# Bangladesh



we are informed that vention of HIV/AIDS. young and adolescent HIV/AIDS through and SBTP DGHS newspapers, posters, Many things have been leaflets, internet, face discussed and raised in book etc. This opportu- this roundtable. One of nity is only for the these things is the lack literate youth and of correct information adolescent. But from among the population. my own experience, I If we look at the root of

would like to inform that most of the HIV positive transmission, unsafe We need to have com- persons in Bangladesh are very poor, illiterate and sex is responsible for prehensive programs come from very remote areas. Their age limit is 80% to 90% of transthat include HIV. In between 18-24 years. They cannot read newspa- mission. They are not Bangladesh donors pers, posters or leaflets, much less, able to browse aware of HIV. Media can play a very important tend to fund vertical internet. So, how they will be informed about role. Rightly mentioned here, HIV is very much programs; the HIV HIV/AIDS? We have to find an easier way for them related with behavior and the youth are the most program is the perfect to access information. Otherwise, they will be in vulnerable. Our policy should be to educate them, example. Currently the dark and all our works to prevent HIV/AIDS

porting People living with HIV(PLHIV). That support is only for (Anti-retroviral) ART supply, were not so easy and some of them did not look at HIV services because they are not integrated in but we also know that PLHIV need more support like nutrition, psycho-social and education support for children etc. It is true that very few are thinking of them, and we need to put emphasis on their betterment, besides ART. To prolong the life of PLHIV, nutrition is very much essential like ART. But most of the PLHIV are not economically sound so that they could not manage their daily requirement of food. Sometimes they are taking ART without food. Another thing we know, in can share with others very easily about cholera, Bangladesh there is lack of child formula of ART and 2nd line ART. When we will make the future plan, we have to think for those supports for PLHIV.

## Mr. Sanaur Rahman, Project Executive Officer, Life Skills Eduction Program, DSHE

Education is the most important tool in fighting HIV. Bangladesh government has included reading materials on HIV which is a very practical step. Now, we should drive out illiteracy which is one of the main factors in transmission of HIV.



## Dr. Dipak Kumar Biswas, Director Program, HASAB

I would like to mention some strategic information regarding the programmatic point of view. I would like to mention two separate "togetherness". For implementation of the program the government and the NGOs





As an adolescent I face the problem of generashould be developed to reduce this gap.

UNFPA, Bangladesh I just want to highlight that this disease is very much linked to different risk behavior. Evidence from 52 countries reported by WHO revealed, there are some risk (e. g friends who are nega-

tive role model) and



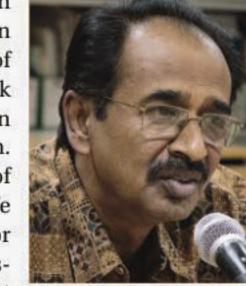
protective factors (e.g positive relationship with parents) for adolescents that could influence their behavior. Program should also give emphasis on those underlying factors.

For effective communication of HIV information, we can also think about partnership with private sector. Most of the subscribers of mobile phone are the young people. So we should think how we can utilize that communication channel like using a toll free number for telephone counseling. As adolescent feel shy to ask for the sensitive information, evidence shows that they feel comfortable to talk about their reproductive health if privacy is ensured.

We have to continue promoting A-B-C strategy for prevention. We can learn from the evidence of the African countries that they reduce the HIV incidence significantly among young population just by delaying the first sexual exposure.

Finally, I would like to emphasize on the continuity of the program to ensure uninterrupted flow From the discussion of communication and logistical supply for pre-

## people are aware about Dr. Md. Abdur Rahman, Line Director, NASP



to disseminate the information that we have. Government has 224 youth friendly service edu-In Bangladesh, many organizations are sup- cation centers across the country.

There is a difference between urban and rural population. Majority of our population live in the rural areas. They have limited access to information. Information transmission from different sources should be increased. Education is an important issue. Access to education will generate access to information. Government is designing a program to cover all adolescents, to give them the right information about HIV. But we have to consider our social context. In a dining table where mother, father, sister and brother sit together, one malaria like diseases, but definitely it is impossible to talk about AIDS.

Low prevalence of HIV is our important achievement. Government is working hard to disseminate information to make primary prevention.

## Brig Gen Shahedul Anam Khan (Retd) Editor, Defense & Strategic Affairs, The Daily Star.

In our discussion on strategic information, no one raised the issue of media's specific role. I think media can play important role in disseminating strategic information on HIV and implementing prevention programs. Society's intervention and government intervention should be effectively coordinated.

### Mr. Arthur Erken, UNFPA Representative, Bangladesh

Even after the inclusion of HIV/AIDS issue in textbooks, the teachers and parents often feel embarrassed to discuss it with adolescents. Bangladesh is not an exception in that regard. I am from a rather liberal country, the Netherlands. Teachers in the Netherlands often face the same difficulty. I am a parent as well. I am working in this field for twenty years, but that doesn't make it easier for me to talk about these issues with my two daughters. This is a tough issue. Let us focus on teacher's training to develop their capacity and skills to address these

sensitive issues in classrooms. And, we talk about the young people, their teachers, but we do not talk about the skills of parents. Parents will always be in a difficult position to talk openly about HIV. If they can do it, it would be very good, but if they cannot do it well, it will create an information gap. The role of the media is also very important. The media is a broad source of information. The media could help parents deal with the difficulty of communicating with their children about HIV and AIDS by publishing articles explaining the correct ways of preventing HIV infection like how this disease is transmitted, what is the picture of Bangladesh on HIV AIDS, where is it located? Who are affected, who are addressed? That is the first and foremost role of the media. Then there is the enormous power of the tion gap between my social media, such as Facebook, Twitter and many parents, teachers and others. This is because young people hook on to myself. I want to know these things. Young people having a discussion on about HIV but they feel the social media would be a very good idea to constrained. So, com- mobilize them. Yes, they are vulnerable but they are munication channels at the best potential of change.

Young people should be engaged in programme design as well. We should consult with them. Actually young people should be given the chance to run their own programmes.

My last point is the issue of the promotion of condom use. This has a lot to do with our life style. If you respect your partner, you will have to behave with responsibility. If we promote the use of condom as part of our lifestyle, we would be more effective. Only information on the negative consequences of HIV will not work, we need to create a positive image around the use of condoms as a way to protect one-self and one's partner from contracting HIV.

Thank you all for coming and contributing.

Hope we can move forward.